



Happy Birthday to you,
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Becky Soltanzadeh----July 4th
 Lois Lacy----July 19th



July Highlights

Holiday and Theme Days
 July 4th--Independence Day
 July 19th-- Italian Day

Live Music
 July 5th--John Schumacher
 July 6th--Phil Porter
 July 11th--Pat Lydon
 July 14th--Dave Gray
 July 19th--John Schumacher
 July 25th--Bill Connett
 July 27th--Phil Porter

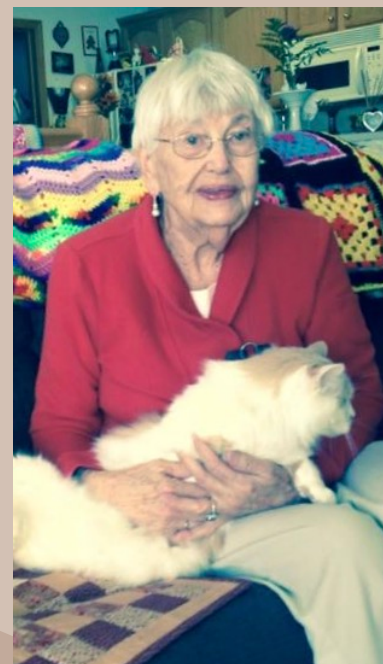
Special Events
 July 7th--Storyteller Jim Boardman
 July 13th--Certified Massage Therapist, Ashley Roen offers massages

July 15, 22, 29th--Urban Plunge
 Volunteers come in the morning

Outings
 July 20th-- Chaplain lunch with Marsha at Club Car
 July 27th--Together in Harmony--Community Chorus at Gloria Die Lutheran
 July 28th--Lunch and casino time at Prairie Meadows

Resident Spotlight Maurine Pullen

Maurine was born and grew up on a farm near Leon, Iowa. She married Ercell Pullen and they had 2 children, Carole, and Roger. They lived in Des Moines. For 20 years she was a cashier at SuperValu on SW 9th. After retiring, Maurine and Ercell lived in Florida for 18 years. They both loved the beach along with growing grapefruit in their backyard. Maurine was an excellent seamstress and made beautiful clothes, appliance covers, and placemats. She also crocheted many afghans, and did counted cross stitch pictures. Many of these cross stitch pictures adorn her walls at Bickford. Her cat, Morris, is her best buddy.



Photos from Luau Day



S

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

30

M

9:30a Group Exercise
10a Walk and Roll
10:15a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation Starters

31

T

Independence Day
9:30a Woga--chair Yoga
10a Coffee Talk
1p Movie
3p Kings Corner
6:15p Puzzle

4

W

9:30a Group Exercise
10a Walk and Roll
10:15a Giant Crossword
1p Musician John Schumacher
2:15p Cookies/Coffee
3p Gardening
6:15p Kings Corner

5

T

9:30a Zumba Gold
10a Chaplain Visit
10a Catholic Mass
10:30a General Store
1:15p Musician Phil Porter
2:15p Cookies/Coffee
3p Kings Corner
6:15p Uno

6

F

9a Catholic Chaplain Visit
9:30a Group Exercise
10:15a Bingo
1p Storyteller Jim Boardman
3p Happy Hour
6:15p Puzzles

7

S

9:30a Group Exercise
10a Coffee Talk
1p Movie Matinee
3p Card Games
6:15p Checkers
7p Lawrence Welk

1

July

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

2

9:30a Group Exercise
10a Walk and Roll
10:15a Art Class--Family Tree
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation Starters

3

9:30a Zumba Gold
10a Bible Study
10:30a Art- Paper Fruit
1:15p Pianist Pat Lydon
2:15p Cookies/Coffee
3p Kings Corner
6:15p Checkers

11

9:30a Group Exercise
10a Walk and Roll
10:15a Giant Crosswords
1p Fun w/children from Traditions Daycare
3p Gardening
6:15p Cards

12

9:30a Zumba Gold
10a Chaplain Visit
10a Massage Therapist
1p Manicures
2p Men's Club
3p Tenzi
6:15p Uno

13

9a Catholic Chaplain Visit
9:30a QiGong
10:15a Bingo
1p Musician Dave Gray

3p Happy Hour
6p Movie: Rogue One

14

9:30a Woga
10a Coffee Talk
1p Movie Matinee
3p Card Games
6:15p Checkers
7p Lawrence Welk

8

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

9

9:30a Group Exercise
10a Walk and Roll
10:15a Resident Council
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation Starters

10

9:30a Zumba Gold
10a Bible Study
10:30a Bickford Bakers
1p Wii Wheel of Fortune
2p Kings Corner
6:15p Bake Cookies

18

Italian Theme
9:30a Group Exercise
10a Giant Crosswords
1p Musician John Schumacher
2p Cookies/Coffee
2:30p Name that Italian
6:15p Kings Corner

19

9:30a Zumba Gold
10a Chaplain Visit
11a Chaplain Lunch outing to Club Car
2p Catholic Mass
2p Manicures
6:15p Uno

20

9a Catholic Chaplain Visit
9:30a QiGong
10:15a Bingo
1p General Store
3p Happy Hour
6:15p Puzzles

21

9:30a Group Exercise
10a Imagination Vacation
1p Wii Wheel of Fortune
2p Cards
3p Ice Cream Tasting
6:15p Checkers
7p Lawrence Welk

15

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

16

9:30a Group Exercise
10a Gardening
1p Art Project
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation Starters

17

9:30a Zumba Gold
10a Bible Study
10:30a Name that Tune
1p Musician Bill Connett/Birthday Party
2:30p Trivia
3p Gardening
6:15p Checkers

25

9:30a Group Exercise
10a Walk and Roll
10:15a Giant Crosswords
1p Make Cookie Dough
2:30p Tenzi
6:15p Bake Cookies

26

9:30a Zumba Gold
9:45a Outing-Together in Harmony
1:15p Musician Phil Porter
2:15p Cookies/Coffee
2:30p Manicures/Men's Club
6:15p Uno

27

9a Catholic Chaplain Visit
9:30a QiGong
10:15a Outing to Prairie Meadows
3p Kings Corner
6:15p Tenzi

28

9:30a Woga
10a Bingo

1p Movie Matinee
3p Card Games
6:15p Checkers
7p Lawrence Welk

22

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

23

9:30a Group Exercise
10a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation Starters

24

9:30a Group Exercise
10a Gardening/Bingo
1p Art Project
2p Walk and Roll
2:30p Rootbeer floats
6:15p Checkers
7p Lawrence Welk

29