



Moments of Happiness was created to give residents individual one on one activities. Pictured is Candy who does painting with one of our residents "Perry". He can have that meaningful and engaging one on one activity, while doing what he enjoys. Residents that participate in an increased number of meaningful and purposeful activities throughout the day, will experience better sleep patterns and improved overall behaviors. Moments of Happiness can include baking, painting, sewing, cards, crafts, just visiting and walking. If you would be interested in your loved one participating in the Moments of Happiness please talk with Renee or Teresa for further information.



Happenings in Lincoln

Car Show, Mary B's & Valentines



Enjoying getting outside

During the Month of June we enjoyed the weather outside. Soaking up some sunshine and drinking some lemonade. We had an outing to Valentino's Buffett which everyone seemed to really enjoy. There was a Father's Day Social with Rebel's Auto Club here showing off some of their cars and along with that we had some good ole coca cola!! We had a wine and cheese party with music by Christine Coulson and cooled off with a few Ice Cream Socials.

Betty Deets is from Kearney NE and moved to Denver as a young woman to start her career. She worked at Lowrey Air Force Base for over 20 years and loved her job. Even though her life was in Colorado she remained a faithful Husker Football Fan. Ask her anything about the Huskers and she knows the answer about the players, past and present and our coaches!



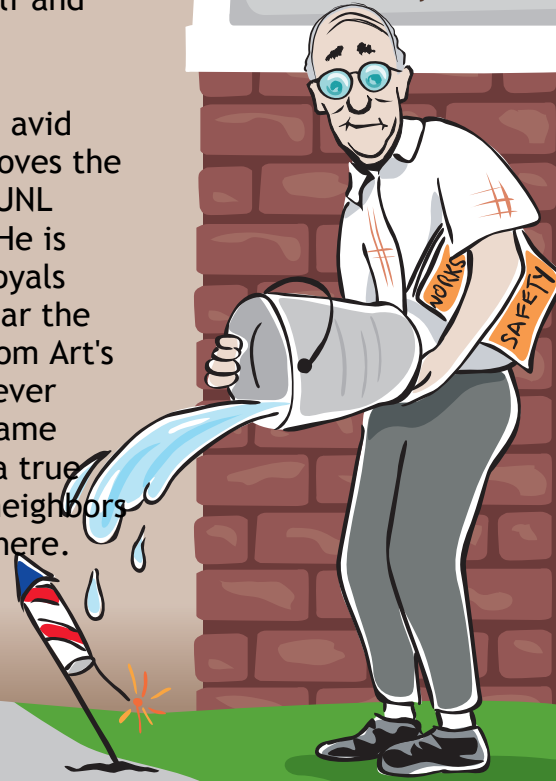
Betty McCreary lived in Nebraska City for many years with her husband and family. They owned and operated a Paint Store and Betty had an area where she taught crafts. She is very artistic and loves painting and making all kinds of crafts and jewelry. She is also an avid Bridge player and loves reading, golf and gardening.



Art Bossard is an avid sports fan!! He loves the Huskers and our UNL Baseball Team. He is also a huge KC Royals fan!! You can hear the cheers coming from Art's apartment whenever there is a good game going on. Art is a true friend to all his neighbors and all that live here.



Bickford
assisted living
& memory care



JULY BIRTHDAYS

RESIDENT BIRTHDAYS

NORMA STAGEMAN 7/5

BICKFORD FAMILY MEMBER BIRTHDAYS

KELLEY MAYSE 7/16

ALMA PEREZ 7/23

DON HILGENKAMP 7/24

REMINDERS

IF YOU ARE TAKING A LOVED ONE OUT, PLEASE INFORM A BICKFORD FAMILY MEMBER.

PLEASE DO NOT LET ANYONE OUT THE FRONT DOOR UNLESS FIRST CHECKING WITH A BICKFORD FAMILY MEMBER. IF YOU PLAN TO EAT A MEAL (24 HR NOTICE IF POSSIBLE) WITH A LOVED ONE OR WOULD LIKE TO RESERVE THE PRIVATE DINING ROOM, CHECK WITH A BICKFORD FAMILY MEMBER.



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9:45 Balloon Toss
10:30 Catholic Comm
10:30 Devotions
2:00 Ice Cream Social
6:30 Classic TV
30

9:45 Stretching Exercises
10:30 History of Lighthouses
1:30 Manicures
6:30 Cornflakes Day
31

9:45 Balloon Toss
10:30 Catholic Comm
10:30 Devotions
2:00 Larry & Shirley
6:30 Classic TV
2

9:45 Stretching Exercises
10:30 Freddy The Freeloader/July Trivia
1:30 Manicures
6:30 Peachy Keen Day
3



9:45 Coffee Club
Independence Day Trivia
2:00 Bomb Pops
6:30 Sparklers in the Courtyard
4

9:45 Walking
10:15 Womens Swimsuit History
10:30 Potato Peeling
2:00 Old Time Music by Dannel
6:00 Steven Fry in America
5

9:45 Malted Milk Day
10:15 Chapel Service
1:30 Resident Shopping
2:00 Movie & Popcorn "Sandlot"
6:30 Bingo w/Pam
6

9:45 Food Council Meeting
10:00 Catholic Comm
10:30 Yoga w/Anita
2:00 Wayne Miller
6:30 PJ Party w/ Drive Inn Movie "RV"
7

9:45 Weightlifting
10:30 Spelling Bee
2:00 Monthly Birthday Party w/Dick Patterson
6:30 Name 5
8

9:45 Balloon Toss
10:30 Catholic Comm
10:30 Devotions
2:00 Ice Cream Social
6:30 Classic TV
9

9:45 Stretching Exercises
10:30 Pet Therapy
1:00 Outing For Drive (TBA)
6:30 Orville Redenbacher Day
10

9:45 Coffee Club
10:30 Penny Ante
2:00 Bingo w/Pam
6:30 Crafts
11

9:45 Walking
10:15 Uncle Miltie Day
10:30 Potato Peeling
2:00 Bill Chrastil
6:00 Steven Fry in America
12

9:45 Reminiscing
10:15 Chapel Service
2:00 Fun w/Food (Blueberry Month)
6:30 Bingo w/Pam
13

9:45 History of Old Barns
10:30 Yoga w/Anita
2:00 Movie & Popcorn "The Money Pit" (N)
6:30 Bean Bag Toss
14

9:45 Weightlifting
10:30 Spelling Bee
2:00 Crafts (Sand Art)
6:30 Name 5
15

9:45 Balloon Toss
10:30 Catholic Comm
10:30 Devotions
2:00 Sundae Sunday
6:30 Classic TV
16

9:45 Stretching Exercises
10:30 Phyllis Diller Day
NOON Resident Choice Meal
1:30 Manicures
6:30 Crafts
17

9:45 Coffee Club
10:30 Penny Ante
2:00 Bingo w/Pam
6:30 Just Us
18

Italian Theme
9:45 Walking
10:15 Italy Trivia
10:30 Potato Peeling
2:00 Fun w/Food (Making Cannoli's)
6:30 Tom Roth
19

9:45 Biggest News Moments Of All Time
10:15 Chapel Service
1:30 Outing For Ice to Colby Ridge
6:30 Bingo w/Pam
20

9:45 Junk Food Facts
10:30 Yoga w/Anita
1:30 Resident Shopping
2:00 Movie & Popcorn "GREASE" (N)
6:30 Bean Bag Toss
21

9:45 Weightlifting
10:30 Spelling Bee
2:00 Crafts (Sand Art)
6:30 Name 5
22

9:45 Balloon Toss
10:30 Catholic Comm
10:30 Devotions
2:00 Hot Fudge Sundae
6:30 Classic TV
23

9:45 Stretching Exercises
10:30 Pet Therapy
1:30 Manicures
3:00 Resident Council Meeting
6:30 Card Making
24

9:45 Coffee Club
10:30 Penny Ante
2:00 Bingo w/Pam
6:30 Just Us
25

9:45 Walking
10:15 We had everything but money
10:30 Potato Peeling
2:00 The Clefs
6:00 Steven Fry in America
26

9:45 Reminiscing
10:15 Chapel Service
2:00 Fun w/Food (Horseradish Month)
6:30 Bingo w/Pam
27

9:45 Funnies Friday
10:30 Yoga w/Anita
2:00 Movie & Popcorn "GREASE 2" (N)
6:30 Bean Bag Toss
28

9:45 Weightlifting
10:30 Spelling Bee
2:00 Crafts
6:30 Name 5
29

July