



## DEMENTIA SUPPORT GROUPS

A valuable step toward handling the challenges of a loved one's dementia is connecting with others in similar situations. Our support groups give you the opportunity to learn from family members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.

**COME JOIN US FOR OUR DEMENTIA  
SUPPORT GROUP**

**THURSDAY, MAY 25TH AT 6PM IN  
THE ACTIVITIES ROOM**

**PLEASE RSVP TO: KIMBERLY OR  
AMBER**



BICKFORD OF GREENWOOD  
3021 Stella Drive, Greenwood, IN 46143  
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317-807-3077

  
assisted living  
& memory care