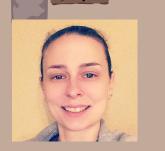


ROSEMARY RICHARDS - RESIDENT OF THE MONTH

Full of style and grace, Rosemary Richards fondly remembers her charmed life. Born in Newton, Iowa, an only child, Rosemary grew up baking with her mother, enjoying her father with his prized show horse and spending time with the neighborhood Maytag boys. Her mother, Velma, was a teacher and her father, Clarence, owned a coal company, restaurant, apartment buildings and most of the land in Newton. She met and married her husband, Roy, and lights up when talking about her beautiful trousseau and ruffled organdy wedding dress along with how she traveled to Chicago by train to find them. Roy was a Senior Vice President with Younkers and together with his job, they traveled the US and Europe, many times to Italy. She has three daughters, Renee, Rhonda, and Rosanne, five grandchildren, many great-grandchildren, including two sets of twins, and raised several Pekinese pups.





GET TO KNOW NIKI!

Niki Murphy is one of our fabulous CNA/CMAs. She has worked at Bickford for over 14 years. Currently, she tirelessly works the night shift. Niki was born and raised in Des Moines and graduated from Hoover High. She has been married to her high school sweetheart for 13 years and has two beautiful daughters, Grace (11) and Abigail (9). She keeps busy with the girls' competitive softball



Good Times, Great People teams, where she also

volunteers her time as first base coach.

WHAT'S BEEN HAPPENING?

Last month, we enjoyed the warm weather, spent time in the courtyard and got moving with our newly formed walking club along with a little bit of Wii Bowling. We made carrot door hangers, yarn bunnies and stained-glass crosses for Easter. We also made seed ornaments for birds and hung them thoughout the courtyard. And, Beanball Baseball season is back, too! We play every Wednesday. Come and cheer us on! A huge thank you goes out to our volunteers, too! Pictured with Donna C. above, from the left: Elie, Norah, Leslie RaeAnn and Iveth. We couldn't do the beautiful manicures without you!!







April showers, bring May flowers. Welcome back, Want to spend time with May!! We are so happy to family and help others at see the warm, sunny the same time? Consider weather!! We are looking volunteering with one forward to celebrating of our activities! Mother's Day with family, We'd love help with our Cinco Day Mayo and monthly celebrations, remembering loved ones weekend manicures, on Memorial Day. We'll music, or art, just to be busy making May Day name a few. Are you a baskets, planting spring passionate gardener? Pot flowers, and doing some flowers with us this more varn art. We also month! Call Jan, Becky, look forward to our or Jody with your Wednesday piano music availability! and several of our favorite entertainers throughout the month.

HAPPINESS SURVEYS

Please take a moment to respond to the monthly happiness text. This survey is not measuring your satifaction with Bickford, but how happy you are with us. Your feedback will help is tremendously!

May 2017

MAKE A DIFFERENCE!





& memory care



WELCOME! We're so happy to have two new residents, Bettina and Ron! Stop by their apartments and say hi!!



3	S				•	t	SG
6	9 May	Bridget's Birthday 9:30 Chair Yoga 10:00 News/Chat 10:30 Word Play 1:00 Iowa Tales 2:00 May Day Baskets 3:00 Courtyard Fun	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Remember When 1:00 Devotions 2:00 Communion 2:30 The Tellin' Man 6:00 Movie Night 2	9:30 Chair Yoga 10:00 News/Gus 10:30 Love of Music 11:45 Marcy/Piano 1:00 Zentangle 2:00 Beanbag Baseball (Bridges) 3	Nat'l Bird Day 10:00 News/Chat 10:30 Sit & Be Fit 11:00 Tickle the Brain 1:00 Bible Study 2:00 Bingo 4:00 Helene/Piano 4	Cinco de Mayo 9:30 Men's Coffee 10:00 News/Chat 11:00 Show It Off 1:00 Beanbag Practice 2:00 Cinco De Mayo Fun 3:00 Mark/Music 6:00 Friday Flicks	Nat'l Nurses Day 1:00 Kentucky Derby 7:00 Lawrence Welk
ිල	2:30 Church	9:30 Chair Yoga 10:00 News/Chat 10:30 Word Play 1:00 Iowa Tales 2:00 Creative Corner 3:00 Courtyard Fun	Nat'l Teachers Day 10:00 News/Chat/Fit 11:00 Remember When 1:00 Devotions 2:00 Communion 2:30 Book Lovers' Club 6:00 Movie Night <i>9</i>	9:30 Chair Yoga 10:00 News/Gus 10:30 Love of Music 11:45 Marcy/Piano 1:00 Zentangle 2:00 Beanbag Baseball (Home)	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Tickle the Brain 1:00 Bible Study 2:00 Bingo 3:00 Walking Club 3:30 Sit and Sip	9:30 Men's Coffee 10:00 News/Chat 11:00 Show It Off 1:00 Beanbag Practice 2:00 Choose Joy 3:00 Mike/Music 6:00 Friday Flicks	1:00 Mother's Day Tea 7:00 Lawrence Welk 13
	Mother's Day 2:30 Church	Chocolate Chip Day 9:30 Chair Yoga 10:00 News/Chat 10:30 Word Play 1:00 Iowa Tales 2:00 Creative Corner 3:00 Cookie Time	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Remember When 1:00 Devotions 2:00 Communion 3:30 Tom/Music 6:00 Movie Night	9:30 Chair Yoga 10:00 News/Gus 10:30 Love of Music 11:45 Marcy/Piano 1:00 Zentangle 2:00 Beanbag Baseball (Edencrest)	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Tickle the Brain 1:00 Bible Study 2:00 Bingo 3:00 Walking Club 4:00 Helene/Piano	9:30 Men's Coffee 10:00 News/Chat 11:00 Show It Off 1:00 Beanbag Practice 2:00 Choose Joy 3:00 Happy Hour 6:00 Friday Flicks 19	Armed Forces Day 2:30 Doug/Patriotic Music Program 7:00 Lawrence Welk 20
	2:30 Church 6:30 Cowboy Jim/Music 21	9:30 Chair Yoga 10:00 News/Chat 10:30 Word Play 1:00 Letter Writing 2:00 Creative Corner 3:00 Courtyard Fun	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Remember When 1:00 Devotions 2:00 Communion 3:00 Vickie/Music 6:00 Movie Night 23	9:30 Chair Yoga 10:00 News/Gus 10:30 Love of Music 11:45 Marcy/Piano 1:00 Zentangle 2:00 Beanbag Baseball (Home) 24	10:00 Resident Council 10:30 News/Chat 11:00 Sit & Be Fit 11:00 Mass 1:00 Bible Study 2:00 Bingo 3:30 Sit and Sip <i>25</i>	9:30 Men's Coffee 10:00 News/Chat 11:00 Show It Off 1:00 Beanbag Practice 2:00 Choose Joy 3:00 Happy Hour 6:00 Friday Flicks 26	1:00 Manicures 7:00 Lawrence Welk 27
	Mary's Birthday 2:30 Church 28	Memorial Day 29	10:00 News/Chat 10:30 Sit & Be Fit 11:00 Remember When 1:00 Devotions 2:00 Communion 2:30 Book Lovers' Club 6:00 Movie Night 30	9:30 Chair Yoga 10:00 News/Gus 10:30 Love of Music 11:45 Marcy/Piano 1:00 Zentangle 2:00 Beanbag Baseball (Luther Park) 31			