

## Meet our Bus HOWIE!

HOWIE stands for Happyness On Wheels Inspiring Exploration. Let's explore the city together on one of our fun outings. If you have suggestions for future outings please let Cheri know.

Howie is also available for doctor appointments, drop off and pick up, every other Wednesday by appointment only. Must be scheduled at least one week in advance. If you have any questions please talk to Cheri the Life Enrichment Coordinator.



Aurora

# HAPPYNNINGS

JUNE

## Bickford News

As our family grows here at Bickford, I may change activities according to our residents likes and dislikes. Weekend activities may change due to our volunteer availability. I will continue to place an updated copy of daily activities on the bread basket board for you to see if anything is new or has changed. If you are interested in attending shopping or lunch trip scheduled, please sign your name on the Activity board outside the Activity room.

Happy Father's Day to all the fathers and come enjoy donuts with dad. We have lots going on in June and more to come! The flowers are starting to bloom and the weather is just what we need to enjoy some time in our beautiful garden outside. If you have any ideas of activities or trips please feel free to see Cheri Papa our Life Enrichment Coordinator.

  
**Bickford**  
assisted living  
& memory care

Meet Chelsea our pet therapy dog

Happy Birthday to you

### Buzz Cuts and Beehives

Want to make an appointment to get your hair done?

Stop by the front desk.

Salon will be open on Wednesdays 9am-2pm

### June Birthdays:

Irma Benson  
6/30

Congratulations to Pat Roberts (President) Of our Resident Council. We are still in need of a secretary if you are interested please see Cheri Papa.

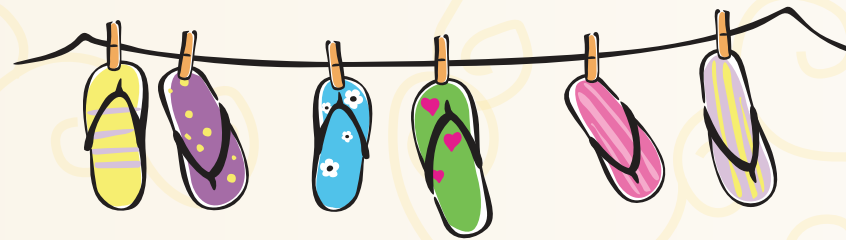
Are you a dog person? Do you like pets? If so come out and meet Chelsea she is here every Tuesday @2:00 pm. Make sure you come out and play with her.





Activities are subject to change, please see our daily calendar on the Bread Basket board.

**\*\*Weather permitting\*\***



# June

10:15am Daily Chronicle's  
11:00am Relaxing in the garden  
11:30am Communion with Deacon Tim  
4

10:15am Daily Chronicle's  
10:30am Sit & be fit  
11:30am Relax in the garden  
1:30pm Trip to Kohls\*\*  
5

10:15am Daily Chronicle's  
10:30am Stretch exercise  
11:00am Hymm singing with Tia  
2:00pm Pet visit Chelsea  
6

10:15am Daily Chronicle's  
10:00am Catholic Mass  
10:30 Chair Yoga  
11-2 Shuttle Bus  
3:00pm Pretty Nails  
4:00pm Book Club  
7

10:15am Daily Chronicle's  
10:30am Beach ball volleyball  
11:00am Bible study with Chaplin Ken  
2:00pm Bingo  
3:00pm Crafty corner with Cheri  
8

10:15am Daily Chronicle's  
10:30am Sit & be fit  
2:00pm Flip flop stain glass craft  
4:00pm Ice Cream Social  
9

10:15am Daily Chronicle's  
10:30am Brain Teaser  
1:00pm Book Mobile with Aurora Library  
6:15pm White Sox Game  
10

10:15am Daily Chronicle's  
11:30am Communion with Deacon Tim  
2:00pm Relaxing in the Garden  
11

10:15am Daily Chronicle's  
11:30am Tai-Chi with Peter  
2:00pm Country Drive  
3:00pm Welcome Tea & crumpets  
6:00pm Cover All  
12

10:15am Daily Chronicle's  
10:30am Stretch exercise  
11:00am Hymm singing with Tia  
2:00pm Pet visit Chelsea  
13

Flag Day  
10:15am Daily Chronicle's  
10:30 Chair Yoga  
2:00pm Flag Day Trivia  
3:00pm Pretty Nails  
14

10:15am Daily Chronicle's  
10:30am Beach ball volleyball  
11:00am Bible study & Communion with Chaplin Ken  
2:00pm Bingo  
15

10:15am Daily Chronicle's  
10:30am Sit & be fit  
11:30am Lunch @ Olive Garden  
2:00pm Yahtzee  
16

10:15am Daily Chronicle's  
10:30am Relaxing in the Garden  
1:00pm Book Mobile with Aurora Library  
12:07pm White Sox Game  
17

10:15am Daily Chronicle's  
10:30am Donuts with Dad  
11:30am Communion with Deacon Tim  
12:35pm Cubs Game  
2:00pm Relaxing in the garden  
18

10:15am Daily Chronicle's  
10:30am Sit & be fit  
11:30am Relax in the garden  
1:30pm Trip to Hobby Lobby\*\*\*  
19

10:15am Daily Chronicle's  
10:30am Stretch exercise  
11:00am Hymm singing with Tia  
2:00pm Pet visit Chelsea  
20

10:15am Daily Chronicle's  
10:00am Catholic Mass  
10:30 Chair Yoga  
11:00 Shuttle Bus  
3:00pm Pretty Nails  
4:00pm Mens Club  
21

10:15am Daily Chronicle's  
10:30am Beach ball volleyball  
11:00am Bible study with Chaplin Ken  
2:00pm Bingo  
3:00pm Resident Council  
22

10:15am Daily Chronicle's  
10:30am Sit & be fit  
11:00am Baking with Cheri  
2:00pm Ice Cream Social  
23

10:15am Daily Chronicle's  
10:30am Brain Teaser  
1:00pm Book Mobile with Aurora Library  
24

10:15am Daily Chronicle's  
11:00am Cards  
11:30am Communion with Deacon Tim  
12:10pm Cubs Game  
25

10:15am Daily Chronicle's  
11:30am Tai-Chi with Peter  
2:00pm Cover All  
3:00pm Welcome Tea & Crumpets  
6:05pm Cubs Game  
26

10:15am Daily Chronicle's  
10:30am Stretch exercise  
11:00am Hymm singing with Tia  
2:00pm Pet visit Chelsea  
27

10:15am Daily Chronicle's  
10:30 Chair Yoga  
11:00 Shuttle Bus  
3:00pm Pretty Nails  
4:00pm Group Crosswords  
28

10:15am Daily Chronicle's  
10:30am Beach ball volleyball  
11:00am Bible study with Chaplin Ken  
2:00pm Bingo  
29

10:15am Daily Chronicle's  
10:30am Sit & be fit  
2:00pm Monthly Birthday Party  
30