

EXERCISE HAS BEEN MOVED TO 9:30 AM

Exercise is very important to our bodies. It helps to improve not only our strength and mobility, but also our moods. Exercise helps our bodies produce more endorphins which increase our feelings of happiness, reduces stress, lessen anxiety, and helps to alleviate depression. So, please, come help improve your happiness plus others. Join us for exercises and bring your neighbors. Start the day off improving happiness!





Day at the Lake April Out to Lunch April 11th at 11:00 AM

Come enjoy lunch while surrounded by the views of Longview Lake!!

25th 11:00 AM

We will be enjoying lunch at a 50's themed Gardens 1:30 PM diner right here in Raytown!



Tuesday Outings & **Shopping Trips**

April 2nd- Kauffman

April 9th- Dollar General 1:30 PM

April 16th- Oak Burr Nature Center 1:30 PM

April 23rd- Mid-**Continent Library** 1:30 PM

Tues. 4/30- Fountains Joyride



Thursday Outings & **Shopping Trips**

April 4th- Walmart 1:30 PM

April 11th- Day at the Lake 11:00 AM

April 18th- Walmart 1:30 PM

April 25th- Out to Lunch 11:00 AM

Musical Performances Saturdays at **2PM!**



Day

Come Out & enjoy the our Mother's Dav Event. Join us for Dinner & stay for the musical sounds of Gary Gardner Infullswing! Dinner is served at 5PM and after the performance begins at 6 PM.

Holiday Happynings Happy Mother's Memorial Day April 29th Memorial service will

- take place at 10:30 AM.
- Please come share your memories of those loved and losted.



assisted living

Happy Birthday Farrell!

Exercise time has been change to 9:30 AM Monday through Friday! Come out & Join us!

Bingo Monday 1:30 & Wednesday 10:30!

Live Music Saturdays at 2PM!

9:15 Chronicles 9:30 Morning Stroll 10:00 Televised **Church Services** 3:00 Afternoon Worship w/ Chaplain 6:30 Music & Moments 9:15 Chronicles 9:30 Morning Stroll 10:00 Televised Church Services 3:00 Afternoon Worship w/ Chaplain 6:00 Gary Gardner Mother's Day Event 9:15 Chronicles 9:30 Morning Stroll 10:00 Televised Church Services 3:00 Afternoon Worship w/ Chaplain 6:30 Music & 21 Moments 9:15 Chronicles 9:30 Morning Stroll

10:00 Televised Church Services 3:00 Afternoon Worship w/ Chaplain 6:30 Cookies & Cossa

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Funny Videos 1:30 Bingo 3:15 Mid-Continent Short Story Time 6:30 Bean Bag 9:15 Chronicles 9:30 Exercises 10:00 Morning Stroll 10:30 Pet Partners 1:30 Bingo 3:15 Small Group 6:30 Bean Bag 9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Funny Videos 1:30 Bingo 3:15 Small Group 6:30 Bean Bag 15 9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Jeopardy 1:30 Bingo 3:15 Small Group 6:30 Bean Bag 22

onicles Exercise 9. 10:00 Morning Stroll 10:30 Memorial Service 1:30 Bingo 3:15 Small Group 29 6:30 Bean Bag

:15 Chronicles
:30 Exercise
0:00 Morning Stroll
0:30 Bible Study
:30 Kauffman Garden
:15 Small Group
:30 Painting Nails 2

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bible Study 1:30 Dollar Tree 3:15 Small Group 6:30 Painting Nails q

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9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bible Study 1:30 Oak Burr Nature Center 3:15 Small Group 6:30 Painting Nails

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bible Study 1:30 Mid-Continent Library 3:15 Small Group 23 6:30 Painting Nails

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bible Study 1:30 Fountains Joyride 3:15 Small Group 6:30 Painting Nails 30

9:15 Chronicles 9:15 Chronicles 9:30 Exercise 9:30 Exercise 10:00 Morning Stroll 10:30 Devotions 10:30 Bingo 1:30 Walmart 1:30 Crafts 3:15 Small Group 3:15 Tennis w/ James 6:30 Community 3 Crossword 9:15 Chronicles

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bingo 1:30 Crafts 3:15 Small Group 6:30 Community 10 Crossword

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bingo 1:30 Crafts 3:15 Small Group 6:30 Community 17 Crossword

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bingo 1:30 Crafts 3:15 Small Group 6:30 Community 24 Crossword

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Bingo 1:30 Crafts 3:15 Small Group 6:30 Community 31 Crossword



10:00 Morning Stroll

6:30 Showing & Sharing

9:30 Exercise

9:30 Exercise

9:30 Exercise

10:00 Morning Stroll 10:30 Devotions 11:00 Day at the Lake 3:15 Men's Club w/ Dale 6:30 Showing & Sharing

9:15 Chronicles

10:00 Morning Stroll 10:30 Devotions 1:30 Walmart

3:15 Small Group 6:30 Showing & Sharieg

9:15 Chronicles

10:00 Morning Stroll 10:30 Devotions 11:00 Out to Lunch 3:15 Men's Club w/ Dale 6:30 Showing & Sharing

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Cinco De Mayo 1:30 Resident & **Activity Council** 3:15 Small Group 5 6:30 Chit Chat

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Wii Bowling 1:30 Cooking Club 3:15 Small Group 6:30 Chit Chat 12

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Wii Bowling 1:30 Fun w/ Curtis of Great Lakes Hospice 3:15 Small Group 19 6:30 Chit Chat

9:15 Chronicles 9:30 Exercise 10:00 Morning Stroll 10:30 Wii Bowling 1:30 Cooking 3:15 Monthly Birthday Party 26 6:30 Chit Chat

9:15 Chronicles 9:30 Morning Stroll 10:00 Balloon Fun 2:00 Sheffield Family Life Performs 6:30 Cards 6

9:15 Chronicles 9:30 Morning Stroll 10:00 Balloon Fun 2:00 Paul Raynes Performs 6:30 Pictionary

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9:15 Chronicles 9:30 Morning Stroll 10:00 Balloon Fun 2:00 Dennis Bowen Performs 6:30 Hangman

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9:15 Chronicles 9:30 Morning Stroll 10:00 Balloon Fun 2:00 Gino Bueno Performs 6:30 Board Games 27