



Happy Birthday!
 A wish for lots of birthday fun,
 to last until the day is done.
 Hoping that all your wishes come true,
 and your birthday cake
 is as sweet as you!
We will celebrate the birthday of:
Jim C. - April 1



*Life Enrichment Program
 Fun Times!*

Our Fundraising Continues!

**Our awards from
 the
 Bickford Pearl
 Ceremony!**



This month's fundraiser for our Walk to End Alzheimer's Team is through Mary Kay! A whopping 25% of sales throughout April will be donated to our Bickford Team! Monday, April 24 will be our "Mary Kay Day." In the morning residents will get to enjoy Mary Kay pampering!

We invite everyone to join us on 4/24 starting at 3 pm for our Mary Kay fundraising event! There will be a variety of products to sample, Mary Kay representatives will be available to answer questions and there will be PRIZES!

Products can also be viewed online at www.marykay.com. See Harmony if you have any questions or email her at iowacityl@enrichinghappiness.com. What a neat way to support a great cause!
Go Team Bickford!!

**Walk to End
 Alzheimer's
 April Fundraiser**



We Won Two Awards!

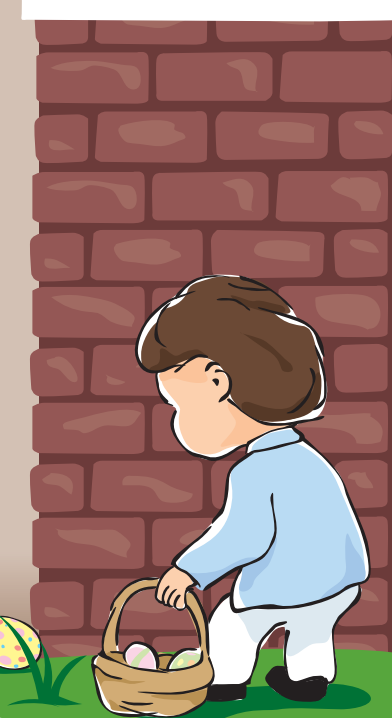
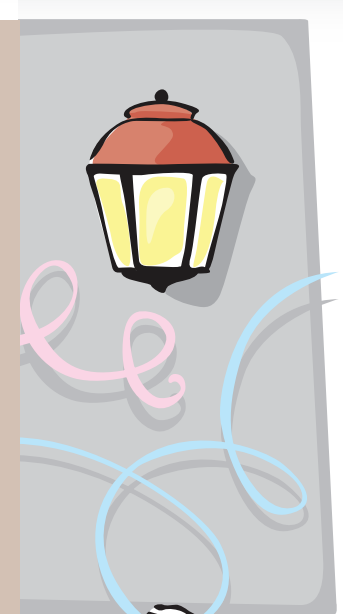
In July 2016 we transitioned to our new Director, RN Coordinator and Marketing Coordinator. At that time our Branch began working towards a goal of improving in Bickford's main focus of Enriching Happiness. We wanted to do everything possible to make sure we were Enriching the Happiness of our Residents, Resident Families and our Staff.

We were also recognized for earning the highest Resident and Resident Family Happiness scores in the entire company!!

A huge thank you is in order to our entire staff for making Bickford of Iowa City a wonderfully happy place for everyone! We would also like to thank our residents and their families. It is such an honor to work with all of you.

At the annual Bickford Pearl Ceremony our Branch was recognized for having a top ten Happiness Score for our staff!

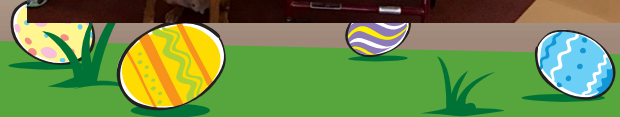
We will continue to strive for very high standards in all that we do here in Iowa City! Congrats to everyone and thank you!!!!



Casino Fun Day!



We love to walk!



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Nat'l Hairstylist Day!
 9a Coffee & Cards
 10a Sunday Stroll
 2p Church Service by
 Chaplains Les & Grace
 3p Manicures &
 Pedicures with Delta
 Gamma Girls! ³⁰

April

For frequent updates
 and lots of photos,
 check out our
 Facebook page by
 searching for Bickford
 of Iowa City.

****Please note as new
 opportunities arise,
 these scheduled times
 may change to allow
 for additional
 activities!**

Happy Bday Jim C!
 9a Stroll & Stretch
 10a Saturday Cinema
 & Salty Snacks
 2:30p surPRIZE BINGO
 4p Silly Speak Out!
 7p Welk Fan Club
 TBA NCAA Final Four!

**8:30a Meet Univ of IA
 Love Works Group!**
 9a Love Works Walk
 10a Let's Play Games!
 2p Church Service
 3p Manicures &
 Pedicures with Delta
 Gamma Girls! ²

9:45a Live 2B Healthy
 Exercise Class!
 11a Resident Food &
 Council Meeting
2p Live Piano Music!
 3p Monday Movie
**8p NCAA
 Championship!** ³

9:30a Stroll & Stretch
 10a Sweets & Stories
 with Sally
 11a Puzzles &
 Sing-Along Songs
 2p surPRIZE BINGO!
 3p Bible Stories
 4p Courtyard Club ⁴

Salon Day!
 9:30a Manicures &
 Hand Massages
 11a Mileage Club
 2p Church Service by
 Chaplains Les & Grace
 3p Pedicures &
 Foot Massages ⁵

9:30a Walk & Talk
 10a Catholic
 Communion
**10:30a Create Cruise
 Ship Door Decor**
 2p surPRIZE BINGO!
 3p Patrick's Slides ⁶
 4p Puzzle Pals ⁶

9:45a Live 2B Healthy
 Exercise Class!
**10:30a Cruise Ship
 Door Decorating**
 2p Activity Room
 Spring Cleaning!
 3p Delta Gamma Girls
 6p Friday Night Flick ⁷

9:30a Walk & Talk
**10:30a Live Music by
 Andrea Mahoney!**
 1p Craft Club with
 Delta Gamma Girls
 3p Saturday Cinema
 & Saly Snacks
 7p Welk Fan Club ⁸

9a Coffee & Cards
 10a Sunday Stroll
**10:30a Live Classical
 Music!**
 2p Church Service
 3p Manicures &
 Pedicures with Delta
 Gamma Girls! ⁹

9:45a Live 2B Healthy
 Exercise Class!
 11a Communion with
 First United Methodist
 Church
2p Live Piano Music!
**3p Let's Decorate Our
 Cruise Ship!** ¹⁰

9:30a Stroll & Stretch
 10a Sweets & Stories
 with Sally
 11a Puzzles & Music
 2p surPRIZE BINGO!
 3p Bible Stories
**4p Prepare to Cruise
 the Open Seas!** ¹¹

Cruise the Open Seas!
Salon Day!
**10:30a Live Ocean
 Music by Janet Lieb!**
 2p Church at Sea
**3p Under The Sea
 BINGO with Ocean
 Water & Shark Bait!** ¹²

**Happy Birthday
 Thomas Jefferson!**
 9:30a Walk & Talk
 10a Put Away Our
 Cruise Ship Decor
**2p Let's Decorate
 for Easter!**
 3p Patrick's Slides ¹³

9:30a Catholic Mass
 10:30a Activity Room
 Spring Cleaning!
 2p Live 2B Healthy
 Exercise Class!
**3p Create Easter
 Garland with Delta
 Gamma Girls!** ¹⁴

9:30a Walk & Talk
 10a Saturday Cinema
 & Salty Snacks
**1p Easter Door
 Decorating with Delta
 Gamma Girls!**
 3p surPRIZE BINGO!
 7p Welk Fan Club ¹⁵

**Easter! Wear Your
 Fav. Easter Colors!**
 9a Coffee & Cards
 10a Easter Stroll
 12p Easter Feast!
 2p Chaplain Service
**3p Resident & Family
 Easter Party!** ¹⁶

9:45a Live 2B Healthy
 Exercise Class!
**10:30a Put Away
 Easter Decorations**
2p Live Piano Music!
 3p Monday Movie
 & Popcorn!
 4p Bistro Buds ¹⁷

9:30a Stroll & Stretch
 10a Sweets & Stories
 with Sally
 11a Puzzles &
 Sing-Along Songs
 2p surPRIZE BINGO!
 3p Bible Stories
 4p Courtyard Club ¹⁸

Salon Day!
 9:30a Manicures &
 Hand Massages
 11a Mileage Club
 2p Church Service by
 Chaplains Les & Grace
 3p Pedicures &
 Foot Massages ¹⁹

9:30a Walk & Talk
 10a Enjoy the Silly
 "Speak Out" Game!
**1p Musical Comedy
 Troupe Performs!**
 3p Patrick's Slides
**6p Alzheimer's Assoc
 Team Captain Event!** ²⁰

9a Catholic
 Communion
 9:45a Live 2B Healthy
 Exercise Class!
 10:30a Activity Room
 Spring Cleaning!
2p TGIF BINGO!
 3p Delta Gamma Girls
 6p Friday Night Flick ²¹

Earth Day!
 9:30a Walk & Talk
**10:30a Live Music by
 Andrea Mahoney!**
 1p Earth Day Crafts
 with Delta Gamma
 3p Saturday Cinema
 7p Welk Fan Club ²²

9a Coffee & Cards
 10a Sunday Stroll
 10:30a Crafts &
 Coloring Club
 2p Church Service
 3p Manicures &
 Pedicures with Delta
 Gamma Girls! ²³

9:45a Live 2B Healthy
 Exercise Class!
 10:30a Morning
 Mary Kay Pampering!
2p Live Piano Music!
**3p Place Your Orders
 at our Mary Kay
 Fundraising Event!** ²⁴

9:30a Stroll & Stretch
 10a Sweets & Stories
 with Sally
**11a Special Bickford
 Celebration**
**2p Monthly Birthday
 Party & BINGO!**
 3p Bible Stories ²⁵

Salon Day!
 9:30a Manicures &
 Hand Massages
 11a Mileage Club
 2p Church Service by
 Chaplains Les & Grace
 3p Pedicures &
 Foot Massages ²⁶

9:15a Catholic
 Communion
 9:45a Walk & Talk
 10:30a Let's Go
 Bowling!
 2p surPRIZE BINGO!
 3p Patrick's Slides
 4p Puzzle Pals ²⁷

9:45a Live 2B Healthy
 Exercise Class!
 10:30a Let's Get
 Creative & Crafty!
 2p TGIF BINGO!
**3p Fun & Games with
 Delta Gamma Girls**
 6p Friday Night Flick ²⁸

9:30a Walk & Talk
 10a Saturday Cinema
 & Salty Snacks
**1p Craft Club with
 Delta Gamma Girls**
 3p Enjoy Some Sun &
 Fun in the Courtyard!
 7p Welk Fan Club ²⁹