## Please join Bickford Assisted Living

JourneyLife Programs

Presented by JourneyCare

June 6th- Tuesday @ 6pm: Music and the Brain - Using Music to Enhance One's Mind, Body and Spirit

August 1st- Tuesday @ 6pm: The Challenge of Change -How to Cope with Losses Throughout Life

October 3rd- Tuesday @ 6pm: Your Journey Through the Holiday Season & Special Occasions

Location:
Bickford Assisted Living & Memory Care
717 McHenry Avenue
Crystal Lake, Il. 60014

All programs are open to the public

Please R.S.V.P. to Rhonda @ 815/477-4200 Ext: 307 or Rhondajohnsonbickford@gmail.com

\*Refreshments will be served\*

BICKFORD OF CRYSTAL LAKE
717 McHenry Avenue, Crystal Lake, IL 60014
www.enrichinghappiness.com/crystallake
815-477-4200

