

Easter is the only time of the year when it is safe to put all your eggs in one basket



Saturday April 15th, Noon

Menu:
 Quiche
 Pancakes
 Bacon
 Sausage
 Fresh Fruit

Please bring a dish to pass and share



Staying Healthy

1. Wash your hands! This is the number one way to stay healthy. When in doubt, suds up!
2. Cough or sneeze into your elbow. Even tissues allow germs to come through. Studies have shown that sneezing into your elbow is the most effective way to stop the germs from becoming airborne.
3. Hydrate! Drink lots of clear fluids, especially water. Drinking at least 8, 8oz glasses a day is best. More should be added when sick.
3. Clean / change your items. Regularly wash your sheets, weekly is best. Also changing out your toothbrush monthly is suggested.
4. Take your Vitamins. Taking a daily vitamin can help you from getting sick.
5. Stay home! If you are sick, stay home. This helps prevent the spread of germs and keeps others feeling well.

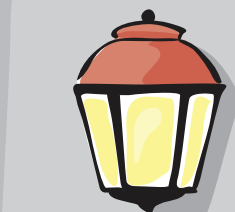
We hope you stay happy and healthy !

Spotlight On!



Al Swartzel was born in Laporte Indiana to Elsie and Allen Swartzel. He had two siblings, Lawrence and Viola. He attended Indiana University and later worked for a newspaper. He was in the Army as a Staff Sgt. and spent 2 years in the Pacific during WWII. He married Barbara Garlie, and they had three wonderful children,

Carrie of Lansing, Scott of Colorado and Ann of Massachusetts. Al and Barbara were married for 30 years. After being a widower, he met Elizabeth, and they have now been together for 15 years. Elizabeth loves to dance and she asked Al to take dance lessons. They love to go dancing and have danced at our Bickford dances! He loves to be outside, take walks and watch the news.



Resident Council

April Outings

April 6th- 10:45 AM
Special Music
 Guitar w/ jim- 4/11
 Accordion - 4/20
 Piano Wendy- 4/25
 Honey Badgers- 4/29

Lunch Bunch
 Olive Garden -4/3
 KFC- 4/17
Shopping
 Walmart- 4/13
Other
 Pottery Painting- 4/27



Peg Marquis- 4/4
 Jane Miles- 4/9
 Marcia Hanneman- 4/25
 Jackie Thurbee- 4/28



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10a Mass -TV
 11a Walking Friends
 2p Church Service
 3p Balloon Bop
 4p Jigsaw Puzzles
 6p News/ Views

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April

10a Mass -TV
 11a Walking Friends
 2p Church Service
 3p Balloon Bop
 4p Jigsaw Puzzles
 6p News/ Views

2

10a Mass -TV
 11a Walking Friends
 2p Church Service
 3p Balloon Bop
 4p Jigsaw Puzzles
 6p News/ Views

9

10a Mass -TV
 11a Walking Friends
 2p Church Service
 3p Balloon Bop
 4p Jigsaw Puzzles
 6p News/ Views

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10a Mass -TV
 11a Walking Friends
 2p Church Service
 3p Balloon Bop
 4p Jigsaw Puzzles
 6p News/ Views

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9:15 Walking Friends
 9:30 Exercise Class
 10:15 Wii Bowling
11:15 Lunch Bunch (Olive Garden)
 2p Painting Class
 2:30 Popcorn Party
 3:30p Farkle
 6p Snack Hour

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9:15 Walking Friends
 9:30 Exercise Class
 10:15 Wii Bowling
 11:15 Flower Arrange
 1:30 Make Lemonade
 2:30 Trivia Hour
 3:30p Dominoes
 6p Wine tasting

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9:15 Walking Friends
 9:30 Exercise Class
 10:15 Wii Bowling
11:15 Lunch Bunch (Kentucky Fried C)
 2p Art Class
 2:30 Popcorn Party
 3:30p Euchre
 6p Snack Hour

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9:15 Walking Friends
 9:30 Exercise Class
 10:15 Wii Bowling
 11:15 Flower Arrange
 1:30 Watermelon
 2:30 Trivia Hour
 3:30p Farkle
 6p Wine tasting

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9:30 Mens Club
 10:45 Bible Study
 11:30 Who Am I?
 1:30p Walking Friends
 1:45p Exercise Class
 2:30 Spring wreaths
 3:00 Balloon Bop
 6p Rummy

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9:30 Mens club
 10:45 Bible Study
 11:30 ETC Game
 1:30p Walking Friends
 1:45p Exercise Class
 2:30 Paper Quilts
3p Guitar
 3:30 Red Hat Tea
 6p Finish Lines

11

9:30 Mens Club
 10:45 Bible Study
 11:30 Youre the Judge
 1:30p Walking Friends
 1:45p Exercise Class
 2:30 Card Making
 3:30 Balloon Basket
 6p Rummy

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9:30 Mens Club
 10:45 Bible Study
 11:30 Trivial Pursuit
1:30 Piano w/ Wendy
 1:45p Exercise Class
 2:30 Keychain Craft
 3:30 Coffee Hour
 6p Finish Lines

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Basket Disp. by Ruby
 9:15 Walking Friends
 9:30 Exercise Class
 10:15 Cherades
 11a Top News Stories
 1:30 Bingo
 3:30 Rack-o
 6p Travel Reminisce

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9:15 Walking Friends
 9:30 Swim-er-cise
 10:15 Cruise Trivia
 11a Today in History
 1:30 Bingo
 3:30 BFM Hula Hoop Contest
 6p Luau Mocktails

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Quilt Display by Ruby
 9:15 Walking Friends
 9:30 Exercise Class
 10:15 Hangman
 11a Horoscopes
 1:30 Bingo
 3:30 Yahtzee
 6p Finish the Song

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Sketch Disp. by Betty
 9:15 Walking Friends
 9:30 Exercise Class
 10:15 Cherades
 11a Dear Abby
 1:30 Bingo
 3:30 Sorry!
 6p Reminscing - To

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10:30 Singing Parade
 11:00 Sing A Long
 10:45 Res. Council
 1:30p Walking Friends
 1:45p Exercise Class
 2:30 Make Cookies
 3:30 Spring Seeds!
 6p Popcorn / News

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10:00 Singing Parade
 11:00 Sing A Long
1:30p Walmart
 1:30 Movie/Popcorn
 3:30 Garden Planning
 6p Popcorn / News

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10:00 Singing Parade
 11:00 Sing A Long
 1:30p Walking Friends
 1:45p Exercise Class
 2:30 Make Mini Pizzas
3:00 Accordion
 6p Popcorn / News

20

10:00 Singing Parade
 11:00 Sing A Long
1:30p Pottery Class
Outing
 1:30 Cook W/ Rocco
 3:30 Gardening
 6p Popcorn / News

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9:15 Walking Friends
 9:30 Music / Balloon
 10:30 Inventions
 11a Getting 2 Know U
 1:30 Bingo
 3:15p Reading Group
 6p Pictionary

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9:15 Walking Friends
9:30 Dying Easter Eggs
 10:30 Today in History
 11a Fun with Jokes
 1:30 Bingo
 3:15p Reading Group
 6p Pictionary

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9:15 Walking Friends
 9:30 Music / Balloon
 10:30 Awards
 11a Fun with Poetry
 1:30 Bingo
 3:15p Reading Group
 6p Pictionary

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9:15 Walking Friends
 9:30 Music / Balloon
 10:30 Inventions
 11a Fun with Quotes
 1:30 Bingo
 3:15p Reading Group
 6p Pictionary

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10a Coffee w/ Friends
 11a Walking Friends
 LUNCH
 2p Coloring/Painting
 3p Word Search
 4p Famous Faces DVD
 6p Reminiscing

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10a Coffee w/ Friends
 11a Walking Friends
 LUNCH
 2p Coloring/Painting
 3p Word Search
 4p Famous Faces DVD
 6p Reminiscing

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10a Coffee w/ Friends
 11a Walking Friends
 Easter Brunch- Noon
 2p Coloring/Painting
 3p Word Search
 4p Famous Faces DVD
 6p Reminiscing

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10a Coffee w/ Friends
 11a Walking Friends
 LUNCH
 2p Coloring/Painting
 3p Word Search
 4p Famous Faces DVD
 6p Reminiscing

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10a Coffee w/ Friends
 11a Walking Friends
 LUNCH
2p Honey Badgers Special Music
 3p Word Search
 4p Famous Faces DVD
 6p Reminiscing

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