



Happy Birthday!

A wish for lots of birthday fun,
to last until the day is done.
Hoping that all your wishes come true,
and your birthday cake is as sweet as you!

This month we will celebrate the birthday of:

Sandy S. - March 23

Iowa City

HAPPENINGS

MARCH 2017

Alzheimer's Walk March Fundraiser - Scentsy!

Fundraiser Info

From Our Scentsy Sponsor

Scentsy orders will be collected throughout March. Orders can be placed online or in person and must go through Bickford to be a part of the fundraiser. See Harmony for more details or email her at iowacity@enrichingharmony.com

SCENTSY FUNDRAISER EVENT!

Friday, March 24
3-7 PM
At Bickford

Please join us to meet Pam, explore the collection, and discover your favorite products!

By Pam Miller-Dekeyser

Bickford holds a special place in my heart as my grandmother, Doris Roush, was a resident there. As a family, we used to visit her there and my kids played Bingo and sang Christmas carols with the residents. I like the cozy, family-oriented atmosphere.

Great things are happening at Bickford! I would love to give back to the Bickford community by sharing my love for Scentsy and offering my first fundraiser ever for this wonderful cause!

Fifteen percent of my Scentsy sales in March will be donated to the Walk to End Alzheimer's Bickford Team!

I have gotten to know Harmony and some of the residents through our biannual "Smell & Discover Your Favorite Scentsy Scent" event. I would like to continue this relationship in the future.



Alzheimer's Walk Planning Begins!

Please mark your calendars to join us for the annual Walk to End Alzheimer's on Sunday, **September 17!** We have some big shoes to fill, as last year we had the largest team AND were the top fundraising team (after the actual walk). We would like to get recognized for our efforts at the walk this year, so let's keep growing our team and funds now!

We will be adding new fundraisers this year - yay! The plan is to have individual fundraising events like a pancake breakfast, and also month-long themed fundraisers.

Scentsy is March's month-long fundraiser and is sponsored by Pam Miller-Dekeyser. Turn to the next page to read what Pam has to say about this.

If you'd like to join the team, volunteer, donate, host a fundraiser or help in any way, please contact our Activity Director and team captain, Harmony Hauser, at iowacitylec@enrichinghappiness.com.

WALK TO END ALZHEIMER'S

at Alzheimer's Association

We have already raised Over \$1000 And have 17 team members!



What is Scentsy?

Scentsy offers a safer alternative to traditional candles. **NO flame, NO smoke, NO soot, NO lead.**

This concept uses decorative Scentsy warmers which use a specially formulated wax, making your home smell great without the risk of a fire or respiratory issues that candles may cause.

Our waxes are made from food grade paraffin wax & all products are gluten, latex & animal cruelty free.

We have a whole range of products to scent your entire life including: Skin, Kids, Pets, Clean, Laundry, Your Car, Your Home, Diffusers & Oil.

LIFETIME WARRANTY against manufacturer defects.

Scentsy FUNDRAISING

Discover all that Scentsy offers at pdekeyser.scentsy.us



March

Wear Black & Gold!
 9a Coffee & Cards
 10a Sunday Stroll
12p Men's Hawkeye Basketball Game
 2p Church Service
 3p PM Pampering with Delta Gamma Girls! ⁵

Nat'l Oreo Day!
 9:45a Live 2B Healthy Exercise Class
 11a Resident Food & Council Meeting
2p Live Piano Music!
 3p Monday Movie & Oreos! ⁶

Salon Day!
 9:30a Stroll & Stretch
 10a Sweets & Stories with Sally
11a Casino Day Decorating!
 2p surPRIZE BINGO!
 3p Bible Stories ⁷

Casino Fun Day!
10:30a Visit Riverside Casino & Resort to Shop, Enjoy the Buffet & Try Your Luck in the Casino! ⁸

Wear Purple Day!
 9:30a Walk & Talk
 10a Put Away Casino Day Decorations
 1p Church Service
2p surPRIZE BINGO!
 3p Patrick's Slides
 4p Puzzle Pals ⁹

9a Catholic Commun.
 9:45a Live 2B Healthy Exercise Class
 10:30a Create St. Patrick's Day Decor
2p TGIF BINGO!
 3p Decorating for St. Patrick's Day Begins ¹⁰

9:30a Walk & Talk
 10a Saturday Cinema & Snacks
 2p Coloring Club
3p Live Piano Music by Andrea Mahoney!
 7p Welk Fan Club ¹¹

Daylight Savings Spring Forward!
 9a Coffee & Cards
 10a Sunday Stroll
10:30a Live Music!
 2p Church Service
March Madness Selection Sunday ¹²

9:45a Live 2B Healthy Exercise Class
 11a First United Methodist Church
2p Live Piano Music!
 3p surPRIZE BINGO!
 4p Make Your NCAA Bracket! ¹³

Potato Chip Day & March Madness First Four Rounds
 9:30a Stroll & Stretch
 10a Sweets & Stories
 11a Puzzle Pals
 2p Chips & BINGO!
 3p Bible Stories ¹⁴

Salon Day & March Madness First Four Rounds
 9:30a Manicures & Hand Massages
 11a Mileage Club
 2p Church Service
 3p PM Pampering ¹⁵

March Madness 1st & 2nd Rounds
 9:30a Walk & Talk
 10a Final Prep for St. Patrick's Day
2p surPRIZE BINGO!
 3p Patrick's Slides
 4p Puzzle Pals ¹⁶

St. Patrick's Day!
 9:30a Catholic Mass
 9:45a Live 2B Healthy
 12p Irish Feast
2p Live Irish Music by Bluestem Trio!
 3p Irish Happy Hour & Green BINGO! ¹⁷

March Madness 1st & 2nd Rounds
 9:30a Walk & Talk
 10a Craft Club
 2:30p surPRIZE BINGO & Root Beer!
 4p Let's Play Yahtzee!
 7p Welk Fan Club ¹⁸

March Madness 1st & 2nd Rounds
 9a Coffee & Cards
 10a Sunday Stroll
 2p Church Service
 3p PM Pampering Manicures & Hand Massages ¹⁹

9:45a Live 2B Healthy Exercise Class
 10:30a Put Away St. Patrick's Day Decor
2p Live Piano Music!
 3p Monday Movie
 4p Make Your NEW NCAA Bracket! ²⁰

9:30a Stroll & Stretch
10a Sweets & Stories with Sally
 11a Morning Music & Sing-Alongs
 2p surPRIZE BINGO!
 3p Bible Stories
 4p Puzzle Pals ²¹

Salon Day!
 9:30a Manicures & Hand Massages
 11a Mileage Club
 2p Church Service
3p PM Pampering Pedicures & Foot Massages ²²

Happy Bday Sandy!
 9a Catholic Commun.
 9:30a Walk & Talk
10a Create Beach Party Decorations!
 2p surPRIZE BINGO!
 3p Patrick's Slides
March Madness ²³

March Madness
 9:45a Live 2B Healthy
 11a Beach Day Decor
 2p TGIF BINGO!
3p Walk to End Alzheimer's Scentsy Fundraiser with Pam & Delta Gamma ²⁴

March Madness: West & Midwest Regionals
 9:30a Walk & Talk
 1pm Beach Party Door Decorating with DG's
 2p Balloon Ball
 7p Welk Fan Club ²⁵

March Madness: South & East Regionals
 9a Coffee & Cards
 10a Sunday Stroll
10:30a Live Piano Music by Andrea!
 2p Church Service ²⁶

9:45a Live 2B Healthy Exercise Class
10:30a Make Your NEW NCAA Bracket!
 2p Live Piano Music!
 3p Monday Movie & Snacks ²⁷

9a VNA Foot Clinic
 9:30a Stroll & Stretch
 10a Sweets & Stories
 11a Beach Party Decorating & Prep!
2p Monthly Birthday Party & BINGO!
 3p Bible Stories ²⁸

Beach Party & Salon Day!
 9:30a Make Flip Flop Cookies & Aloha Punch
 2p Church Service
3p Beach Party with Music, Games, Goodies & More! ²⁹

Nat'l Doctor Day!
 9a Catholic Commun.
 9:30a Walk & Talk
 10a Put Away Beach Party Decor
2p surPRIZE BINGO!
 3p Patrick's Slides
 4p Puzzle Pals ³⁰

9:45a Live 2B Healthy Exercise Class
 10:30a Let's Play a Game - Your Choice
2p TGIF BINGO & Happy Hour!
 3:30p Balloon Ball
 6p Friday Night Flick ³¹

