

Happy Birthday to You!!

March 23rd- Ladonna Curtis  
March 31st- Maxine Bloodworth

Pictured left: Elva, Hope, Sue, and Doris getting manicures before the Sweetheart Dance



# Urbandale HAPPENINGS MARCH

## March Highlights

### Events and Outings:

March 2nd- Chaplain Lunch Outing to The Urban Grill

March 8th- Casino Day

March 17th- St. Patricks Day

March 22nd- Royce Johns performs

March 27th- Outing to Prairie Meadows

March 29th- Beach Party

March is going to be a busy month! We have two outings, three theme days and plenty of music and fun in the mix! We encourage family and friends to join any activites here or away.

Check out our blog: [enrichinghappiness.com/urbandale](http://enrichinghappiness.com/urbandale)

Like us on facebook: [www.facebook.com/bickfordseniorlivingurbandale](http://www.facebook.com/bickfordseniorlivingurbandale)



## Valentine's Fun

### Sweetheart Dance

Pictured left: Pat and family

Pictured below: Pat, Jackie, Velma and Russ



### Sweetheart Dance

Pictured below: Bernie and Richard dancing to Bill Connett



Pictured below: Mary and Kent dancing the night away







# March

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie

5

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie

6

9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Balloon & Noodle  
1p Wii Bowling  
2p Bickford Baker's  
3:15p Kings Corner  
6p Movie

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Casino Fun  
9a Current Events  
9:30a Group Exercise  
10a Casino Games  
10a Catholic Mass  
1p Casino Games  
2p General Store  
3p Card Games  
6p Movie

8

9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a Creative Corner  
1p Birthday Cake/Games  
2p Manicures  
3p Cards  
6p Movie

9

9a Catholic Chaplain Visit  
9a Current Events  
9:30a Group Exercise  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6p Movie

10

9:30a Group Exercise  
10a Coffee Talk/Trivia  
1p Spa Treatments  
2p St. Pats Crafts  
3p Card Games  
7p Lawrence Welk

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10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie

12

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie

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9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a St. Pats Art  
1:15p Pat lydon  
2:15p Cookies/Coffee  
3:15p Kings Corner  
6p Movie

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9a Current Events  
9:30a Group Exercise  
10a Spa Treatments  
1:15p John Schumacher  
2:15p Cookies/Coffee  
3:15p Cards  
6p Movie

15

9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a Resident Council  
1p General Store  
2p Catholic Mass  
3p Manicures/Men's Club  
6p Movie

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St. Patrick's Day  
9a Catholic Chaplain  
9:30a QiGong  
10:15a Bingo/Shamrock Shakes  
1p Bean Bag Baseball  
3:15p Bill Connett & Green Beer  
6p Movie

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9a Headlines  
9:30a Group Exercise  
10a Bingo  
1:15p Wheel of Fortune  
2:15p Spa Treatments  
3:15p Manicures  
7p Lawrence Welk

18

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie

19

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie

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9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Spring Art  
1p Wii Bowling  
2p Kings Corner  
3:15p Games  
6p Movie

21

9a Current Events  
9:30 Group Exercise  
10a Giant Crosswords  
1:15p Royce Johns  
2:15p General Store  
3:15 Kings Corner  
6p Movie

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9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a Massage  
Therapist/Spa Day  
1p Pictionary  
2p Walking  
2:30p Art Project  
6p Movie

23

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag baseball  
3p Happy Hour  
6p Movie

24

9:30a Group Exercise  
10a Coffee Talk  
1p Movie Matinee  
3p Kings Corner  
7p Lawrence Welk

25

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie

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9a Current Events  
9:30a Group Exercise  
10:30a Outing to Prairie Meadows  
2p Balloon & Noodle  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie

27

9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Balloon & Noodle  
1p Wii Bowling  
2p Bickford Baker's  
3:15p Kings Corner  
6p Movie

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Beach Party  
9a Current Events  
9:30a Group Exercise & Beach Vollyball  
10:30a Crosswords  
1p Creative Corner  
2p Make Tropical Drinks  
3p Beach Bingo  
6p Movie

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9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a General Store  
1p Spa Treatments  
2p Manicures/Men's Club  
6p Movie

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9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6p Movie

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