



Introducing....

Precious Cargo Support Group
March 8, 2017 at 6pm
at Bickford in the Activity Room

Refreshments Provided!

This is a meeting for anyone with a loved one in an assisted living or nursing home facility. I know usually support groups are targeted for dementia. I have decided our residents are each special in their own way. So are you, their family. We all have different needs and desires. This support group will focus on our entire community at Bickford. Because you and the residents are my "Precious Cargo." Heres a look at what we will be doing March 8.

1. Greetings
2. Introduction from Precious and Devon from Senior Helpers
3. We will get to know our attendees a little
4. Set goals for our loved one in a facility or a personal goal (youre important too!)
5. Set up a buddy system. (This is someone in our group you can reach out to in between meetings)
6. Closing remarks and things to look forward to in the future!

BICKFORD OF CARMEL
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Bickford
assisted living
& memory care