



As you walk around our branch, you will see several "lifesong stations" spread throughout in different locations. One of our "lifesong stations" is a baby station. There you will find our Bickford therapy baby "Bella" along with her small crib, diapers, bottles, and extra clothing for Bella. Babies, or dolls, are used for therapy in dementia residents and it has been proven that:

- A baby doll can calm someone who is upset.
- A baby doll can create a distraction from a dangerous, harmful, or upsetting event.
- A baby doll can provide a tool for social interaction.
- A baby doll can regenerate warm, nurturing feelings of once again caring for a young child.



*Bickford Happynings*

**Birthdays:**

**Residents:**

- 2/2--Zeta Gadbury
- 2/3--Darlene Brown
- 2/11~Ruth Monteith
- 2/28~Rollin Swanson

**BFM's:**

- 2/12~Elaine Dailey
- 2/27~Lori Platt



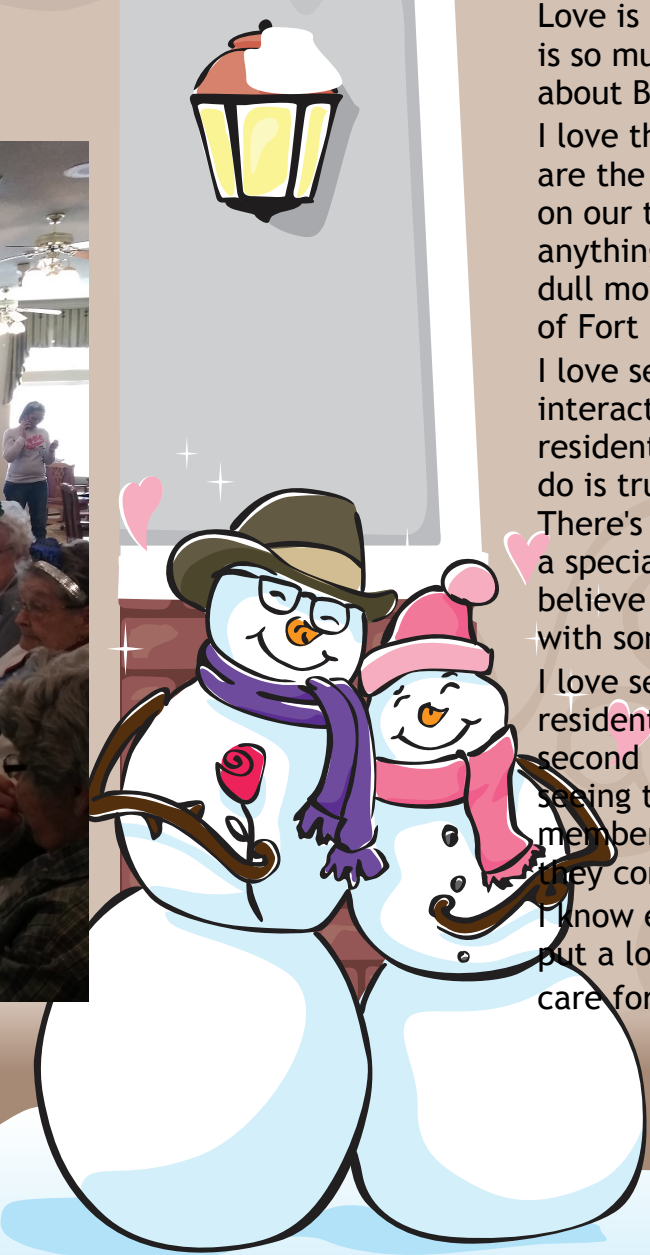
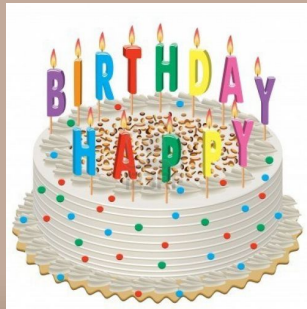
Congrats to BFM Cheryl and resident Theresa for being the most creative in our door decorating contest.



Congrats BFM Natalie and resident Don for being the most funniest.



Happy Birthday to all of you from your friends and family at Bickford.



Love is in the air! There is so much that I love about Bickford. I love that no two days are the same. It keeps us on our toes and ready for anything. There's never a dull moment at Bickford of Fort Dodge! I love seeing our BFM's interact with our residents. The work they do is truly amazing. There's no doubt it takes a special person and I believe we've be blessed with some of the best. I love seeing our resident's smile; and second to that, I love seeing their famiy members smile when they come in to visit. I know each of you have put a lot of trust in us to care for you or your

loved one. Nothing is more rewarding then acheiving your expectations and seeing your happiness as a result of that. Lastly, I love that our RNC, Brittney Rial, has been nominated for RNC of The Year for Bickford Senior Living. Out of 50 plus RNC's, Brittney is 1 of 4 nominies. The nomination istelf is a huge accomplishment & honor. WE LOVE YOU, Brittney. Thank you for all that you do for our residents! Happy Valentine's Day and thank you for giving us so much to love about Bickford. I appreciate each of you! Sarah Ratcliff Director







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# February

**Super Bowl Party**  
10:30a Cath. Comm.  
1p Church Service  
2p Superbowl Pregame Party  
6p Superbowl Gametime

5

10:30a Exercise with Wanda  
11a News & Views  
2p Monday Movie Matinee/Popcorn  
6p B-I-N-G-O

6

10:30a Busy Bees  
11a News & Views  
11:15a Bible Study w/ Bickford Chaplain  
2p Crafty Tuesday  
6p 500 Club

7

10:30a Workout Video  
11a News & Views  
2p B-I-N-G-O  
6p Book Club

1

**Happy B'day Zeta**  
10:30a Busy Bees  
11a News & Views  
2p Groundhog Crafts  
3:30p Luth. Comm.  
6:30p Wheel of Fort

2

**Happy B'day Darlene**  
10:30a Busy Bees  
11a News & Views  
2p Birdfeeders Crafts  
6p B-I-N-G-O

3

10:30a Busy Bees  
11a News & Views  
2p Cuticle Club  
7p Welk/Popcorn

4

**Happy B'day Elaine**  
10:30a Cath Comm  
1p Church Service w/ Bickford Chaplain  
2p Bean Bag Toss  
6p Hangman

12

10:30a Exercise with Wanda  
11a News & Views  
2p Just 4 Fun Band  
6:30p Valentine's Ball

13

**Valentine's Day**  
10:30a Busy Bees  
11a News & Views  
11:15a Bible Study  
12p Couples Dinner  
2p Valentine's Trivia  
6p 500 Club

14

10:30a Workout Video  
11a News & Views  
2p B-I-N-G-O  
6p Book Club

15

**5a Tornado Drill**  
10:30a Busy Bees  
11a News & Views  
2p Ceramics With Diane  
6:30p Wheel of Fortune

16

10:30a Busy Bees  
11a News & Views  
2p Memory Dice  
6p B-I-N-G-O

17

10:30a Busy Bees  
11a News & Views  
2p Gospel Music w/ Joel & Margaret  
7p Welk/Popcorn

18

10:30a Cath. Comm.  
1p Church Service w/ Bickford Chaplain  
2p Balloon Volleyball  
6p Bean Bag Toss

19

**President's Day**  
10:30a Exercise with Wanda  
11a News & Views  
2p Knowing Your Presidents  
6p B-I-N-G-O

20

10:30a Busy Bees  
11a News & Views  
11:15a Bible Study w/ Bickford Chap.  
2p Ace & Friends  
4p Tornado Drill  
6p 500 Club

21

10:30a Workout Video  
11a News & Views  
2p B-I-N-G-O  
6p Book Club

22

10:30a Busy Bees  
11a News & Views  
11:30a Rosary  
2p Food/Resident Council  
6:30p Wheel of Fortune

23

10:30a Busy Bees  
11a News & Views  
2p Monthly Birthday Party  
6p B-I-N-G-O

24

10:30a Busy Bees  
11a News & Views  
2p Cuticle Club  
7p Welk/Popcorn

25

10:30a Cath. Comm.  
1p Church Service w/ Bickford Chaplain  
2p Carnival Trivia/Cotton Candy  
6p Noodleball

26

**Happy B'day Lori**  
10:30a Chap. Lunch  
10:30a Exercise w/ Wanda  
11a News & Views  
2p Movie/Popcorn  
6p B-I-N-G-O

27

**Happy B'day Rollin**  
10:30a Busy Bees  
11a News & Views  
11:15a Bible Study  
2p Fat Tuesday Happy Hour  
6p 500 Club

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