

MOMENTS OF happiness

Enhanced Programming for Residents with Dementia

*D*ementia is not a normal part of aging - it destroys the brain's ability to function properly. Life with dementia is lived moment by moment. Because of this, we have to engage people with dementia in this present moment and it must be meaningful for them. By knowing their Lifesong, we can cue them purposefully, uniquely, creating as many individual moments of happiness as possible, engaging with them in meaningful ways so they can find their place again. These very moments become the moments of clarity that break through the chaos that is dementia.

Cuetivities

Residents with dementia will seek to be busy in a variety of ways and most of their busyness we perceive negatively. Whether it is wandering, rummaging or exit-seeking, these are their efforts to be active. Through scheduled small group activities, we help your loved one with dementia experience more Moments of Happiness. We call these specialized activities that cue meaningful moments - Cuetivities. As your loved one participates in an increased number of meaningful and purposeful Cuetivities throughout the day, they will experience enhanced daytime engagement, better nighttime sleep patterns and improved overall behaviors.

Residents are organized into small groups and different types of activities are orchestrated each day. Each activity is classified as a specific type: creative, intellectual and spiritual, life skills, physical and social. Cuetivities are conducted during dedicated hours of the day, on specific days of the week all coordinated with a calendar.



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