

# Happy Birthday to You!!

Velma Schope- February 20th  
 Carole Taylor- February 21st  
 Cheryl Murguia- February 23rd  
 Louise Hannagan- February 27th



Pictured left: One of our favorites, Giant Crossword Puzzles

# Urbandale HAPPENINGS FEBRUARY

## February Happenings

**Events and Outings:** We are so excited to announce that we now have our own 14 passenger Bickford bus! Every month when we go on our outings to restaurants and places like the botanical gardens, we will be driving ourselves! We will also be taking small groups on shopping trips every other week. Von Maur, and Bauders pharmacy are on the schedule for February.

**February 2nd-** Chaplain lunch outing to The Machine Shed

**February 5th-** Super Bowl Party

**February 9th-** Sweetheart Dance

**February 14th-** Valentine's Day

**February 15th-** Outing to The Botanical Gardens



## Enriching Happiness

### Fun around Bickford

### Bickford of Urbandale's General Store

**Pictured left:** Getting ready for winter fun with our new snow globes



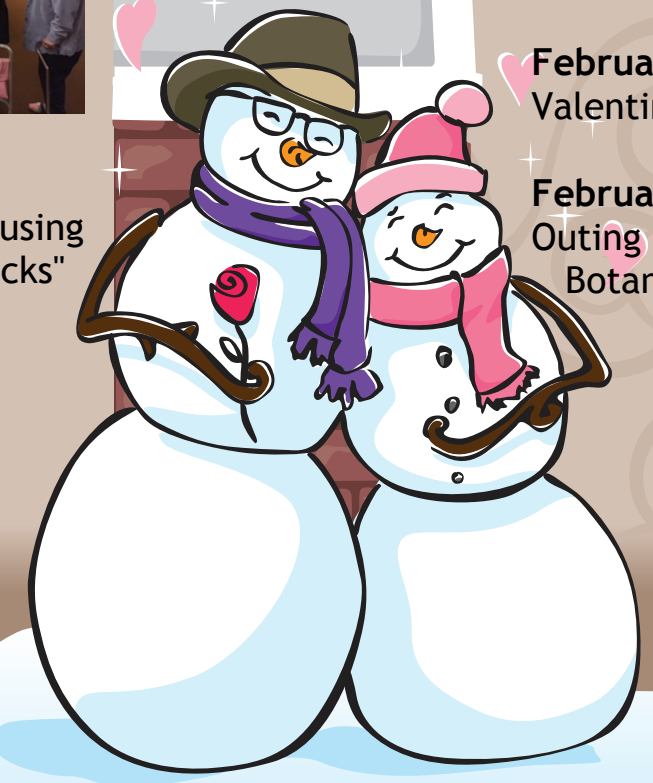
**Pictured below:** An intense game of USA Bingo



**Pictured below:** The grand opening of our General Store! Our first day was a great success!



**Pictured above:** Residents purchasing items using their "Bickford Bucks"







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Super Bowl Sunday  
9:30a Group Exercise  
10a Creative Corner  
1p Wii Wheel of Fortune  
2:15p Super Bowl Party  
4p Church Service  
6p Movie  
5

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie  
6

9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Valentine Art  
1p Wii Bowling  
2p Bickford Baker's  
3:15p Kings Corner  
6p Movie  
7

9a Current Events  
9:30a Group Exercise  
10a Giant Crosswords  
1:15p John Shumacher  
2:15 Cookies/Coffee  
3p Kings Corner  
6p Movie  
8

9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a General Store  
1p Manicures  
3p Creative Corner  
6:15p Sweetheart Dance  
9

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6p Movie  
10

9:30a Group Exercise  
10a Coffee Talk  
1p Card Games  
7p Lawrence Welk  
11

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie  
12

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie  
13

Valentine's Day  
9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Balloon&Noodle  
1:15p Pat Lydon  
2:15p Cookies/Coffee  
3:15p Kings Corner  
6p Movie  
14

9a Current Events  
9:30a Group Exercise  
10:30a Outing to Botanical Gardens  
2p Spa Treatments  
3p Kings Corner  
6p Movie  
15

9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a Resident Council  
1p Creative Corner  
2p Catholic Mass  
3p Manicures/Men's Club  
6p Movie  
16

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6p Movie  
17

9:30a Group Exercise  
10a Crosswords  
1p Art project  
2p Pictionary  
3p Board Games  
7p Lawrence Welk  
18

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie  
19

President's Day  
9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie  
20

9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Name that Tune  
1p Balls, Balls, Balls!  
2p Kings Corner  
3:15p George W Trivia  
6p Movie  
21

9a Current Events  
9:30a Group Exercise  
10a Giant Crosswords  
1p In the Kitchen  
2p Spa Treatments  
3p Creative Corner  
6p Movie  
22

9a Getting to Know You  
9:30a Chaplain Visit  
9:30a Zumba Gold  
10a Balloon & Noodle  
1p General Store  
2p Manicures  
3p Kings Corner  
6p Movie  
23

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6p Movie  
24

9:30a Group Exercise  
10a Walk N Roll  
10:30a Commercial Trivia  
1:15p Wii Wheel of Fortune  
2:15p Art Sculpture  
3:15p Spa Treatments  
7p Lawrence Welk  
25

10a Coffee Talk  
1p Card Games  
4p Church Service  
6p Movie  
26

9a Current Events  
9:30a Group Exercise  
10a Wii Wheel of Fortune  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Movie  
27

9a Getting to Know You  
9:30a Zumba Gold  
10a Bible Study  
10:30a Decorate Wheelchairs/walkers  
1p Wii Bowling  
2p Bickford Baker's  
3p Mardi Gras Craft  
6p Movie  
28

February