## BICKFORD SENIOR LIVING WILL BE HOSTING THE EASTSIDE WELLNESS CENTER, AS THEY PRESENT:

## "RELIEVING STRESS & ANXIETY FOR CAREGIVERS"

where: The Bickford House

1920 W. Willow Knolls Drive

Peoria, Il 61614

when: Monday, Jan 30th

6:00-8:00pm

Please RSVP to 689-5400 by Friday, January 27th



- \* Are you caring for a loved one at home?
- \* Is your job causing you stress?
- \* Are events in your life making you anxious?

\*Are your kids driving you crazy?

YES?? THIS SEMINAR IS FOR YOU!!

\*\*\*\*REFRESHMENTS WILL BE SERVED\*\*\*\*

BICKFORD OF PEORIA

1920 West Willow Knolls Dr, Peoria, IL 61614

www.enrichinghappiness.com/peoria

309-689-5400

