



DEMENTIA SUPPORT GROUPS

A valuable step toward handling the challenges of a loved one's dementia is connecting with others in similar situations. Our support groups give you the opportunity to learn from family members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.

Journey of the Heart

A 6 week caregiver support series

Are you traveling w/ your loved one along the often unpredictable road of dementia care?

Please join us for a 6 week support series. Together we will explore the disease of Alzheimer's/dementia and cover tips for navigating this process, how to manage stress, and ways to create meaningful moments w/ your loved one; making your journey a shared experience w/ others who are walking a similar path.
WED JANUARY 18th 1:00 Bickford Chapel



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Bickford
assisted living
& memory care