

Happy Birthday!

A wish for lots of birthday fun,
To last until the day is done.
Hoping that all your wishes come true,
and your birthday cake is as sweet as you

This month we will celebrate the birthday of:

Mike L. - January 4

Dorothy F. - January 6

Bernice R. - January 14

Delbert R. & Jo W. - January 25

*From Your Life Enrichment Coordinator
Festive Fun!*

What a Fabulous 2016!

We have had some wonderful times throughout this year!

On the left you can see we painted angels during our winter festival and enjoyed a FABULOUS Christmas party with many of our beloved Bickford family. Many thanks to all those who celebrated with us.

A lot of action has happened in our branch in 2016! We have tried our luck at the casino, soaked up the sun watching the Cedar Rapids Kernels, harvested

LOTS of delicious fruits and vegetable in our courtyard garden and sampled many of the wines at Cedar Ridge Vineyard. Midtown Family Restaurant has become a favorite place for going out to dinner, we've traveled all over town to see the lights and decorations and so much more. The best part of all of these activities was getting to be with my wonderful Bickford family! Here's to another year filled with fun!

- Harmony

Iowa City

HAPPENINGS

JANUARY 2017

Happy New Year!

Bickford of Iowa City
Family & Friends-

Can you believe we have a new year upon us already?! The saying that time flies when you are having fun really does apply to our life at Bickford.

Before we know it there will be flowers blooming and enjoying a walk outside on a warm day. Until then let us warm up with some hot coffee and good company and whatever fun activities Harmony has in store for us.

The words of Vern McLellan speak to us at this time, "What the New Year brings to you will depend a great deal on what you bring to the New Year."

Let us all bring our best selves to this new year!

As always, our doors are open if there is anything we can do for you.

Here's to a fantastic 2017!

Cheers!
- Your Bickford Family



Bickford
assisted living





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Wear Black & Gold!
9a Coffee & Cards
10:30a High School Classical Music!
1p Men's Hawkeye Basketball
2p Chaplain Church Service 8

9a Coffee & Cards
10a Let's Get Creative & Crafty
2p Chaplain Church Service
3p Scrabble Time
4p Walk & Talk 15

9a Coffee & Cards
10a Let's Get Creative & Crafty
2p Chaplain Church Service
3p Sunday Sing-Alongs
4p Walk & Talk 22

Nat'l Puzzle Day!
Wear Black & Gold!
9a Coffee & Cards
10a Enjoy a Puzzle
1p Women's Hawkeye Basketball
2p Chaplain Church Service 29

Wear Black & Gold!
9:30a Stroll & Stretch
10a Hawkeye Tailgate
12p Watch the Hawkeyes in the Outback Bowl!
2p Live Piano Music!
5p Rosebowl Football 1

10a Live 2B Healthy Exercise Class!
11a First United Methodist Church
2p Live Piano Music!
3p Resident Council Meeting
4p Dominoes 9

M.L. King Jr. Day
10a Live 2B Healthy Exercise Class!
11a Dominoes
2p Live Piano Music!
3p Monday Movie & Popcorn!
6p Chat & Checkers 16

10a Live 2B Healthy Exercise Class!
11a Farkle
2p Live Piano Music!
2:45p Movie Voting
3p Monday Movie & Popcorn!
6p Chat & Checkers 23

10a Live 2B Healthy Exercise Class!
11a Dominoes
2p Live Piano Music!
2:45p Movie Voting
3p Monday Movie & Popcorn!
6p Chat & Checkers 30

10a Live 2B Healthy Exercise Class!
11a Sweets & Stories with Sally
2p surPRIZE BINGO!
3p Bible Stories
6p Women's Hawkeye Basketball 3

9:30a Stroll & Stretch
10a Sweets & Stories with Sally
11a Sing-Along Songs & Karaoke
2p surPRIZE BINGO!
3p Bible Stories
4p Puzzle Pals 10

Be Sparkly Day!
9:30a Stroll & Stretch
10a Sweets & Stories
11a Sing-Along Songs
2p surPRIZE BINGO!
2p Let's Go To The Movie Theater!
3p Bible Stories 17

Peanut Butter Day!
9:30a Stroll & Stretch
10a Sweets & Stories
11a Sing-Along Songs
2p surPRIZE BINGO & Peanut Butter Treats!
3p Bible Stories
4p Puzzle Pals 24

Wear Black & Gold!
9:30a Stroll & Stretch
10a Sweets & Stories
2p January Birthday Party & BINGO!
3p Bible Stories
6p Men's Hawkeye Basketball 31

Happy Bday Mike! Salon & Trivia Day!
9:30a Manicures & Hand Massages
11a Mileage Club
2p Chaplain Church Service
3p Craft Club 4

Salon Day!
9:30a Manicures & Hand Massages
11a Mileage Club
2p Chaplain Church Service
3p Let's Get Creative & Crafty 11

9:30a Manicures & Hand Massages
11a Mileage Club
2p Chaplain Church Service
3p Let's Get Creative & Crafty
**Salon is Closed* 18

Happy Bday Jo W. & Delbert! Salon Day!
9:30a Manicures & Hand Massages
11a Mileage Club
2p Church Service
3p Let's Get Creative & Crafty 25

Wear Purple Day!
10a Live 2B Healthy Exercise Class!
10a Catholic Communion
2p surPRIZE BINGO!
3p Patrick's Slides
8p Men's Hawk BB 5

Hat Day!
9:30a Hat Decorating
10:30a Make Your Own Paper Hat
2p Shop for Hats & More at Von Maur!
8p Men's Hawkeye Basketball 12

Wear Black & Gold! Nat'l Popcorn Day!
9:30a Stroll & Stretch
10a Popcorn Crafts
2p surPRIZE BINGO!
3p Patrick's Slides
6p Men's Hawkeye Basketball 19

9:15a Catholic Communion
10a Uno
11a Let's Go Bowling
2p surPRIZE BINGO & Rootbeer!
3p Patrick's Slides
4p Puzzle Pals 26

Happy Bday Dorothy!
9:30a Stroll & Stretch
10a Visit with Camp Courageous
11a Morning Music
2p PM Pampering & Facials!
6p Friday Night Flick 6

9:30a Catholic Mass
10a Live 2B Healthy Exercise Class!
11a Morning Music
2p Book Club Buddies
3p TGIF BINGO!
5:30p Furry Friend & Toddler Visit 13

Cheese Lover's Day!
9a Catholic Communion
10a Live 2B Healthy Exercise Class!
11a Morning Music
2p TGIF BINGO!
3p What's Your Fav Kind of Cheese?! 20

Chocolate Cake Day!
10a Live 2B Healthy Exercise Class!
11a Make Chocolate Balloon Bowls!
2p Book Club Buddies
3p Go Out For Chocolate Cake! 27

9:30a Walk & Talk
10:30a Live Music by Andrea Mahoney!
2:30p surPRIZE BINGO!
3:30p Let's Get Creative & Crafty
7p Welk Fan Club 7

Happy Bday Bernice! Wear Black & Gold!
9:30a Walk & Talk
10:30a Coloring Club
1p Saturday Cinema & Popcorn
3p Women's Hawkeye Basketball 14

Nat'l Hugging Day!
9:30a Walk & Talk
10:30a Live Music by Andrea Mahoney!
2:30p surPRIZE BINGO!
3:30p Craft Corner
7p Welk Fan Club 21

Wear Black & Gold!
9:30a Walk & Talk
10:30a Coloring Club
2p Saturday Cinema & Popcorn
7p Men's Hawkeye Basketball
7p Welk Fan Club 28

January

***Please note as new opportunities arise, these scheduled times may change to allow for additional activities!