

## RECIPE OF THE MONTH "ICE CREAM IN A BAG"

Ice Cubes, 1 cup half and half, 1/2 cup Kosher salt, 2 tablespoons sugar, 1/2 teaspoon vanilla extract, 1 pint-size ziplock bag, 1 gallonsize ziplock bag, Any of your favorite ice cream mixins

1. Combine the half and half, sugar and vanilla extract in the pintsize bag. Seal the bag. 2. Fill the gallon-size bag halfway with ice cubes. Sprinkle Kosher salt over the ice cubes. 3. Insert the pint-size bag into the bag of ice and salt. Seal the gallon bag. If the bag begins to leak, double bag it. 4. Shake the bag for 5-10 minutes until the ice cream mixture begins to harden. Once satisfied with the consistency, remove the small bag from the bag of ice. 5. Open the small ziplock bag and add any desired mixins that you want. I added raspberries to mine.



## INFORMATION FOR YOU!

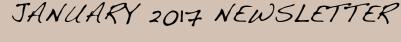
In the month of January we will be making Blessing Bears to take to Blessing hospital to give to the sick children. If vou would like to donate hand towels or come in and help with the activity, please let Jena know.

## **CHOCOLATE CAKE DAY!!**

We will celebrate Chocolate Cake Day on January 27th. We will do some cake trivia and then in the afternoon we will have a mini cake walk.

The mini cake walk will start at 1:30 pm. Family and friends are all encouraged and welcomed to come and participate in the cake walk. We will have lots of different chocolate cakes to win!!





Our spotlight is on Amy LeMaire our new Assistant Director here has been with her at Bickford. Amy comes to us from Blessing hospital where she served as a CT technologist for over 13 years.

Amy is originally from Basco, IL. She graduated from Ottawa University with a Health Care Mangement major. She moved to Quincy in 2004. Amy's parent's names are louis and Diane, she is Amy here at Bickford one of 4 children with and look forward to a brother Chris and two sisters Darcy and Julie. Her youngest sister Julie and her share the

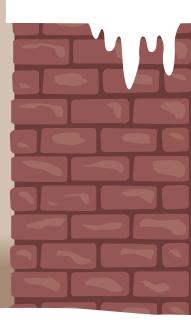
**EXACT** same birthday four years apart. She boyfriend Adam for 8 years and they have an adorable little Maltipoo named Dexter whom is 5 years old.

Amy loves to read and relax with Dexter her little 8 pound lap dog. She enjoys playing volleyball and being surrounded with friends and family.

We are happy to have getting to know her!







10:00 am - Exercise 10:00 am - Exercise 9:30 am - Exercise 10:00 am - Exercise New Year's Day 10:00 am - Exercise 2:00 pm - Jewel 10:30 am - Rosarv 10:30 am - Mind 10:30 am - Hang Man 10:00 am - Happynings 10:30 am - Catholic 10:30 am -Tea Party **Rinne Performs** 11:00 am - Uno 10:30 am - Devotions Stretching 1:30 pm - Hat TV Mass 11:00 am - Creative 1:30 pm - Resident 1:30 pm - Undecorating 11:00 am - Bunco **Crafting Hats** 7:00 pm - Lawrence Crafting Council 1:30 pm - Bingo 2:00 pm - Worship 1:30 pm - Bingo Party Welk in the Living 2:30 pm - Movie & 2:30 pm - Games with 3:00 pm - Our Daily 3:00 pm - Our Daily Service Popcorn Room Bread Devotional **Bread Devotional** Gary 3 10:00 am - Exercise 10:00 am - Exercise 10:30 am - Catholic 9:30 am - Exercise Hat Day 9:30 am - Exercise 10:30 am - Hang Man 10:30 am -Elvis Day 10:00 am - Happynings 10:00 am - Trivia TV Mass 9:30 am - Exercise 10.00 am - Hat Trivia Trivia and Craft 11:00 am - Hat 10:30 am - Joyful Crafting 1:30 pm - Blessing 1:30 pm - Mary Lou 2:00 pm - Worship **Sounds Perform** 10-30 am - Edible Hat 7:00 pm - Lawrence Bears 1:30 pm - Bingo Performs 1:30 pm - Bingo Welk in the Living Service 11:00 am - Hat Pass 3:15 pm - Catholic 3:00 pm - Dedes 2:45 pm - Our Daily 2:45 pm - Our Daily Room 1:30 pm - Hat Contest Comm Service Bread Devotional 13 Perform **Bread Devotional** 2:00 pm - Games 12 14 8 10:00 am - Exercise 10:00 am - Exercise 10:30 am - Catholic 10:00 am - Exercise 10:00 am - Exercise 9:30 am - Exercise 10:30 am - Hang Man 10:30 am - Trivia 10:30 am - Coffee Club 10:30 am - Trivia TV Mass 10:00 am - Happynings 2:00 pm - George 11:00 am - Ice Cream 11:00 am - Sing-a-11:00 am - Talk & Trivia 11:00 am - Salt Art 10:30 am - Devotions **Knight performs** Long 2:00 pm - Worship Making 1:30 pm - Blessing 1:15 pm - Puppy Visit 1:30 pm - Poetry 1:30 pm - Bingo 1:30 pm - Bingo Reading Bears 2:00 pm - Games with Service 7:00 pm - Lawrence 2:30 pm - Movie & 3:00 pm - Our Daily 2:00 pm - Mass Gary Welk in the Living **Bread Devotional Popcorn** 6:15 pm - Youth Group Room 17 20 15 21 16 19 Fun & Games 8 10:30 am - Catholic 10:00 am - Exercise 10:00 am - Exercise 10:00 am - Exercise Chocolate Cake Day 9:30 am - Exercise TV Mass 10:30 am - Hang Man 10:30 am - Trivia 10:30 am - Trivia 9:30 am - Exercise 10:00 am - Happynings 11:00 am - Sing-a-Long 11:00 am - Melting 10:00 am - Cake Trivia 11:00 am - Blessing 10:30 am - Devotions 2:00 pm - Worship 1:30 pm - Blessing **Snowman Cookies** Bears 10:30 am - Robert 1:30 pm - Manicures Bears Service 1:30 pm - Bingo 1:30 pm - Poetry March Performs 7:00 pm - Lawrence 3:00 pm - Dedes Reading 1:30 pm - Mini Cake 3:00 pm - Our Daily Welk in the Living 2:00 pm - Games with Bread Devotional Walk Perform Room 22 27 28 25 Gary 26 24 10:00 am - Exercise 10:00 am - Exercise JANUARY BIRTHDAYS 10:30 am - Catholic January 1-23 Paul Kenning Cora Aman 10:30 am - January 10:30 am - Hang Man TV Mass Birthday Party 11:00 am - Our Daily 1:30 pm - Blessing **Bread Devotional** 2:00 pm - Worship Bears Service 2:30 pm - Movie & ■ 3:00 - Make Snow Popcorn Cones 30 31 29