

Happy Birthday to You!!

- Leilani White- Jan 1st
- Janice McDonnell - Jan 2nd
- Loretta Lehman - Jan 4th
- Evelyn McClure - Jan 4th
- Merlin Kleen - Jan 11th
- Elva Swallow - Jan 18th
- Ray Nash - Jan 23rd

Pictured left: Bill and Sally watching a Christmas performance



Urbandale HAPPENINGS

JANUARY

December Highlights

- Events and Outings:** Welcome 2017! Bring on the New Year! We have many new things planned in the upcoming year. In January we are opening a General Store. When resident's attend activities they will receive "Bickford Bucks" which they can use to purchase items from the store. Our store will be stocked with old fashioned sodas, candies, cards etc. We have been working on this for awhile now and looking forward to it! We will also be taking monthly shopping trips to places like Trader Joes, Walgreens, and Target.
- January 1st-** New Year's Day
 - January 5th-** Chaplain lunch outing to Jesse's Embers
 - January 8th-** Elvis's Birthday Celebration
 - January 12th-** Hat Day
 - Jan 26th-** Blank Park Zoo visits
 - Jan 27th-** National Chocolate Cake Day



Enriching Happiness

December Activities

Pictured left: Verda playing Bingo and petting our therapy cat "Draper"

Pictured below: The noted 4 Quartet performing their holiday show

Christmas Fun

Pictured below: The group watching The Hoover Middle School Orchestra perform

Pictured below: Glada, Kersti, Madeline and our high school volunteer's making one of our Random Acts of Christmas Kindness



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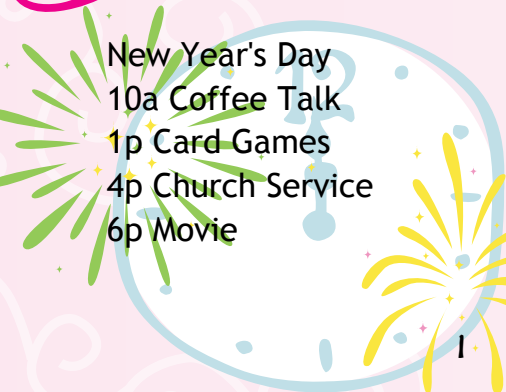
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New Year's Day
10a Coffee Talk
1p Card Games
4p Church Service
6p Movie

1

9a Current Events
9:30a Group Exercise
10a Catholic Mass
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6p Movie

2

9a Getting to Know You
9:30a Zumba Gold
10a Bible Study
10:30a Balloon and Noodle
1p Wii Bowling
2:15p Bickford Baker's
3p Kings Corner
6p Movie

3

9a Current Events
9:30a Group Exercise
10a Giant Crosswords
1:15p Rick Ludwig
2:15p Cookies/Coffee
3p Kings Corner
6p Movie

4

9a Getting to Know You
9:30a Chaplain Visit
9:30a Zumba Gold
10:30a Chaplain Lunch
Outing- Jesse's Embers
2p Pictionary
3p Kings Corner
6p Movie

5

9a Rosary
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6p Movie

6

9:30a Group Exercise
10a Coffee Talk
1p Movie Matinee
3p Cards
7p Lawrence Welk

7

9:30a Group Exercise
10a Elvis Trivia/Old Record Party
1p Birthday Cake for Elvis's Birthday
2p Elvis Performance
4p Church Service
6p Movie

8

9a Current Events
9:30a Group Exercise
10a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6p Movie

9

9a Getting to Know You
9:30a Zumba Gold
10a Bible Study
10:30a Name that Tune
1:30p Pat Lydon
2:30p Bickford Baker's
3:30p Kings Corner
6p Movie

10

9a Current Events
9:30a Group Exercise
10a Resident Council
1:15p John Schumacher
2:15p General Store Shopping
3:15p Giant Crosswords
6p Movie

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Hat Day
9a Getting to Know You
9:30a Chaplain Visit
9:30a Zumba Gold
10a Hat Trivia
1p Best Hat Contest
2p In the Kitchen
3p Manicures/Mens Club
6p Movie

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9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6p Movie

13

9:30a Group Exercise
10a Coffee Talk
1p Movie Matinee
3p Kings Corner
7p Lawrence Welk

14

10a Coffee Talk
1p Card Games
4p Church Service
6p Movie

15

9a Current Events
9:30a Group Exercise
10a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6p Movie

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9a Getting to Know You
9:30a Zumba Gold
10a Bible Study
10:30a Balloon and Noodle
1p Wii Bowling
2:15p Bickford Baker's
3p Kings Corner
6p Movie

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9a Current Events
9:30a Group Exercise
10a Giant Crosswords
1p Spa Treatments
2p Make Rosemary Stress Balls
3p Kings Corner
6p Movie

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9a Getting to Know You
9:30a Chaplain Visit
9:30a Zumba Gold
10a Record Party
1p General Store Shopping
2p Catholic Mass
3p Manicures
6p Movie

19

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6p Movie

20

9:30a Group Exercise
10a In the Kitchen
1:15p Wii Wheel of Fortune
2:15p Balloon & Noodle
3p Cookies/Coffee
7p Lawrence Welk

21

10a Coffee Talk
1p Card Games
4p Church Service
6p Movie

22

9a Current Events
9:30a Group Exercise
10a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6p Movie

23

9a Getting to Know You
9:30a Zumba Gold
10a Bible Study
10:30a Name that Tune
1p Wii Bowling
2:15p Bickford Baker's
3p Kings Corner
6p Movie

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9a Current Events
9:30a Group Exercise
10a Giant Crosswords
1p Birthday Cake/Games
2p Pictionary & Trivia
3p Kings Corner
6p Movie

25

9a Getting to Know You
9:30a Chaplain Visit
9:30a Zumba Gold
10a Blank Park Zoo
1p Creative Corner
2p Manicures/Mens Club
3p Spa Treatments w/Aromatherapy
6p Movie

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Chocolate Cake Day
9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
2:30p Chocolate Cake Tasting
3:15p Happy Hour
6p Movie

27

9:30a Group Exercise
10a Creative Corner
1p Spa Treatments W/Aromatherapy
2p Crosswords
3p Make Puppy Chow
7p Lawrence Welk

28

10a Coffee Talk
1p Card Games
4p Church Service
6p Movie

29

9a Current Events
9:30a Group Exercise
10a Wii Wheel of Fortune
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6p Movie

30

9a Getting to Know You
9:30a Zumba Gold
10a Bible Study
10:30a Balloon and Noodle
1p Wii Bowling
2:15p Bickford Baker's
3p Kings Corner
6p Movie

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January

