

"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in January."

Nathaniel Hawthorne

January is named for the ancient Roman God, Janus, who is thought to have presided over the dawning of each new year. He was often referred to as the "god of beginnings". The image of Janus is often symbolized by a face that looks both backward and forward at the same time~ a reminder to reflect on the events of the previous year and to recognize the proverbial clean slate of opportunity that waits immediately ahead.

Carmel HAPPENINGS

JANUARY

January Newsletter

Flower of the Month Carnation

The carnation's history dates back to ancient Roman and Greek times, when it was used in art and decor. Christians believe that the first carnation bloomed on Earth when Mary wept for Jesus as he carried the cross. Carnations in these early times were found in shades of pale pink and peach, but the palette of available colors has grown to include red, yellow, white, purple and green. Like many other flowers different messages can be sent with the flowers color varieties.

Light red carnations often are used to express admiration, where as dark red expresses deeper sentiments. White carnations represent purity and luck and pink carnations are often signs of gratitude.

Special Days
New Year Day
Jan 1

Martin Luther King Day
Jan 16

Chinese New Year
Jan 28

Precious Public Announcements

Special Days and Events

New Year Day
Jan 1

Resident Council
Jan 3

Hat Day
Jan 12

Chocolate Cake Day
Jan 27

Family Council
Jan 28

Last year is behind us and 2017 has a lot to offer us! Horizon Christian School will be volunteering with us every second Friday of the month from pm to 2 pm. We will also be adding Kareoke and Travelogue to our activity program.


Bickford
assisted living
& memory care



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10:30 Amazing Discoveries 2016
 11:30 This Day in History
 1:30 New Years Social
 3:00 Sunday Devotion
 6:00 Fireside Chat

1

9:30 Tai Chi
 11:00 Trivia
 1:30 Travelogue: Italy
 3:30 Art with Nancy
 6:00 Fireside Chat

2

9:45 Coffee and Chat
 10:30 Bingo
 2:00 Exercise
 2:30 Resident Council
 4:00 Karaoke
 6:00 Fireside Chat

3

10:30 Exercise
 11:15 Trivia
 2:00 Cooking Club
 3:00 Sing A Long
 4:00 Bible Study
 6:00 Who Am I Challenge

4

9:45 Coffee and Chat
 10:30 Exercise
 11:00 Carmel Library
 1:30 Fireside Chat
 3:00 Something to Wine About
 6:00 Who Am I Challenge

5

9:45 Hangman
 10:30 Exercise
 1:30 Did You Know
 3:30 Happy Hour
 6:00 Movie Night

6

10:30 Bingo
 1:30 Nails
 2:30 Board Games
 4:00 Daily Chronicles
 6:00 Fireside Chat

7

10:30 Wacky Words
 1:30 What Am I
 3:00 Sunday Devotion
 6:00 Fireside Chat

8

9:30 Tai Chi
 11:00 Trivia
 1:30 Amazing Discoveries
 3:30 Art with Nancy
 6:00 Fireside Chat

9

9:45 Coffee and Chat
 10:30 Bingo
 2:00 Exercise with Kim
 2:30 Men's Club
 4:00 Karaoke
 6:00 Fireside Chat

10

10:30 Exercise
 11:15 Trivia
 2:00 Cooking Club
 3:00 Sing A Long
 4:00 Bible Study
 6:00 Who Am I Challenge

11

9:45 Coffee and Chat
 10:30 Exercise
 2:00 Decorate Hats
 3:00 Hat Social
 6:00 What Hat Am I?

12

9:45 Hangman
 10:30 Exercise
 1:00 Bridging the Gap
 3:30 Happy Hour
 6:00 Movie Night

13

10:30 Bingo
 1:30 Nails
 2:30 Board Games
 4:00 Daily Chronicles
 6:00 Fireside Chat

14

10:30 Wacky Words
 1:30 What Am I
 3:00 Sunday Devotion
 6:00 Fireside Chat

15

9:30 Tai Chi
 11:00 Trivia
 1:30 Amazing Discoveries
 3:30 Art with Nancy
 6:00 Fireside Chat

16

9:45 Coffee and Chat
 10:30 Bingo
 2:00 Exercise
 3:00 Birthday Party
 4:00 Karaoke
 6:00 Fireside Chat

17

10:30 Exercise
 11:15 Trivia
 1:30 Harold Fromer
 3:00 Sing A Long
 4:00 Bible Study
 6:00 Who Am I Challenge

18

9:45 Coffee and Chat
 10:30 Exercise
 11:00 Carmel Library
 1:30 Fireside Chat
 3:00 Wine and Canvas
 6:00 Who Am I Challenge

19

9:45 Hangman
 10:30 Exercise
 1:30 Did You Know
 3:30 Happy Hour
 6:00 Movie Night

20

10:30 Bingo
 1:30 Nails
 2:30 Board Games
 4:00 Daily Chronicles
 6:00 Fireside Chat

21

10:30 Wacky Words
 1:30 What Am I
 3:00 Sunday Devotion
 6:00 Fireside Chat

22

9:30 Tai Chi
 11:00 Trivia
 1:30 Travelogue: Machu Picchu
 3:30 Art with Nancy
 6:00 Fireside Chat

23

9:45 Coffee and Chat
 10:30 Bingo
 2:00 Exercise with Kim
 2:30 Men's Club
 4:00 Karaoke
 6:00 Fireside Chat

24

10:30 Exercise
 11:15 Trivia
 2:00 Cooking Club
 3:00 Sing A Long
 4:00 Bible Study
 6:00 Who Am I Challenge

25

9:45 Coffee and Chat
 10:30 Exercise
 11:00 Carmel Library
 1:30 Fireside Chat
 3:00
 6:00 Who Am I Challenge

26

9:45 Hangman
 10:30 Exercise
 1:30 Chocolate Cake Bake Off
 3:30 Happy Hour

27

10:30 Bingo
 1:30 Nails
 2:30 Board Games
 4:00 Daily Chronicles
 6:00 Fireside Chat

28

10:30 Wacky Words
 1:30 What Am I
 3:00 Sunday Devotion
 6:00 Fireside Chat

29

9:30 Tai Chi
 11:00 Trivia
 1:30 Amazing Discoveries
 3:30 Art with Nancy
 6:00 Fireside Chat

30

9:45 Coffee and Chat
 10:30 Bingo
 2:00 Exercise
 2:30 Men's Club
 4:00 Karaoke
 6:00 Fireside Chat

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January

This calendar is subject to change. Notice will be given at the time of change.

