

# Happy Birthday!

A wish for lots of birthday fun,  
To last until the day is done.  
Hoping that all your wishes come true,  
and your birthday cake is as sweet as you!  
This month we will celebrate the birthday of:

- Sylva A. & Margaret N. - December 1
- Shirley K. - December 4
- Frances S. - December 7
- Katie B. - December 17
- Winnie C. - December 27



# Iowa City HAPPENINGS DECEMBER

## From Our Director

Happy December everyone,

I would like to invite you to join us for our annual Bickford Family Christmas Party! Please join us on Thursday, December 16 at 6 pm to mingle and enjoy delicious drinks and desserts. Since last year's event had such a HUGE turnout, we are going to try

something a little different and have an open-house event. We will be emailing more details as the date approaches. Please save the date!

As it is the time of year to be family, please know that your family members are always welcome at Bickford and may join for any meal. If you plan to join (or will be taking your loved one out) for Christmas or New Year's Day, please let us know ahead of time to help our kitchen prepare.

Thank you for sharing a wonderful 2016!  
-Seth



## From Our Life Enrichment Coordinator Great Times!

## There's More Fun in Store!

Over the last month we have toured the town to see all of the houses decorated for Halloween and the beautiful fall scenery. We've honored our veterans on Veteran's Day (have you seen our veteran's cabinet lately?!), made peanut butter and chocolate acorns, and congratulated four residents (Jim L., Sally, Bernice and Hartley) for being some of the healthiest residents in our branch and so much more!

As always, with a new month comes new opportunities for fun times for our Bickford family. In December we will have our Winter Festival on Friday, December 9 featuring a painting class by Vino Vangogh. Hartig Drug will visit us again with their traveling store. It wouldn't be the holiday season without going out to see all of the Christmas lights! See the activity calendar for more!

Happy Holidays!  
-Harmony



Live 2 B Healthy!



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# December

Please note as new opportunities arise, these scheduled times may change to allow for additional activities!



**Happy Bday Shirley! National Cookie Day!**  
9a Coffee, Cards & Cookies!  
10a Paper Snowflakes  
2p Church Service  
2p Women's Hawkeye Basketball <sup>4</sup>

**Wear Black & Gold!**  
9:30a Stroll & Stretch  
10a Christmas Decorating!  
2p **Live Piano Music!**  
3p Hartig Drug Giftware Show  
6p Hawkeye Bball <sup>5</sup>

10a Live 2B Healthy Exercise Class  
11a Sweets & Stories with Sally  
2p surPRIZE BINGO!  
3p Bible Stories  
4p Trim the Tree & Decorating! <sup>6</sup>

**Happy Bday Frances! Salon Day!**  
9:30a Manicures & Hand Massages  
11a Mileage Club  
2p Church Service  
3p Craft Club: Christmas Ornaments <sup>7</sup>

**Happy Birthday Sylva & Margaret!**  
10a Catholic Comm.  
10a Live 2B Healthy Exercise Class  
2p surPRIZE BINGO!  
3p Patrick's Slides  
4p Puzzle Pals <sup>1</sup>

10a Live 2B Healthy Exercise Class  
11a Scentsy Party!  
2p surPRIZE BINGO!  
3p Patrick's Slides  
4p Puzzle Pals  
7p Men's Hawkeye Basketball <sup>8</sup>

9:30a Stroll & Stretch  
10a Let the Christmas Decorating Begin!  
2p Happy Hour  
3p **TGIF Karaoke with Delta Gamma Girls!**  
4p Balloon Ball  
6p Friday Night Movie <sup>2</sup>

**Winter Festival! Wear Red & Green**  
9a Catholic Comm.  
10a Craft Club: Peppermint Pretzels  
2p Winter Festival Painting Class  
4p Snowy Sing-alongs <sup>9</sup>

**Wear Black & Gold!**  
9a Walk & Talk  
10a DIY Bird Feeders  
1p Men's Hawkeye Basketball  
3p Wii Sports with Delta Gamma Girls  
7p Welk Fan Club <sup>3</sup>

9a Walk & Talk  
10a Word Searches  
11a Let's Play Uno  
2p Saturday Cinema & Popcorn  
4p Puzzle Pals  
7p Welk Fan Club <sup>10</sup>

**Live Music Day!**  
9a Coffee & Cards  
10:30a **High School Classical Music!**  
2p Chaplain Church Service  
3:30p **Live Music by Voxman 5!** <sup>11</sup>

9:30a Stroll & Stretch  
10a First United Methodist Church  
11a Resident Food & Council Meeting  
2p **Live Piano Music!**  
3p Make Gingerbread Houses <sup>12</sup>

**Nat'l Cocoa Day!**  
10a Live 2B Healthy Exercise Class  
11a Sweets & Stories with Sally  
2p BINGO & Cocoa!  
3p Bible Stories  
4p Indoor Garden Club <sup>13</sup>

**Salon Day!**  
9:30a Manicures & Hand Massages  
11a Mileage Club  
2p Chaplain Church Service  
3p Craft Club: Christmas Ornaments <sup>14</sup>

10a Live 2B Healthy Exercise Class  
11a Let's Go Bowling  
2p surPRIZE BINGO!  
3p Patrick's Slides  
4p Puzzle Pals  
6p **Bickford Family Christmas Party!** <sup>15</sup>

**Nat'l Ugly Christmas Sweater Day!**  
9:30a Catholic Mass  
10a Stroll & Stretch  
11a Garden Club  
2p Book Club Buddies  
3p Happy Hour & Xmas Sweater Contest <sup>16</sup>

**Happy Birthday Katie!**  
9a Walk & Talk  
10a Scrabble Time  
2p **Live Harp Music by Katie!**  
3p Men's Hawkeye Basketball  
7p Welk Fan Club <sup>17</sup>

9a Coffee & Cards  
10a Let's Play Farkle!  
11a Walk & Talk  
2p Chaplain Church Service  
2p Women's Hawkeye Basketball  
4p Sunday Sing-Alongs <sup>18</sup>

**9a Morning Massages with Melissa!**  
2p Live Piano Music!  
3p Craft Club: Christmas Stockings  
6:30p **Movie Theater Monday - It's a Wonderful Life!** <sup>19</sup>

10a Live 2B Healthy Exercise Class  
11a Sweets & Stories with Sally  
2p surPRIZE BINGO!  
3p Bible Stories  
6p **Christmas Light Viewing!** <sup>20</sup>

**Salon Day!**  
9:30a Manicures & Hand Massages  
11a Mileage Club  
2p Church Service  
3p Craft Club: Make Your Own Christmas Ornaments <sup>21</sup>

9:15a Catholic Communion  
10a Live 2B Healthy Exercise Class  
2p surPRIZE BINGO!  
3p Patrick's Slides  
6p **Christmas Light Viewing!** <sup>22</sup>

9:30a Stroll & Stretch  
10a Christmas Sing-Alongs  
2p Christmas BINGO!  
3p **Craft Club: Make Festive Red & Green Christmas Candy** <sup>23</sup>  
6p Christmas Movie <sup>23</sup>

**Christmas Eve & Nat'l Eggnog Day!**  
9a Walk & Talk  
10a Christmas Carols  
2p Christmas Bingo & Egg Nog  
3p Christmas Movie <sup>24</sup>  
7p Welk Fan Club <sup>24</sup>



9:30a Stroll & Stretch  
10a Eyeglass Cleaning  
11a Monday Morning Music  
2p **Live Piano Music!**  
3p Craft Club: Make New Year's Eve Decorations <sup>26</sup>

**Happy Bday Winnie!**  
10a Live 2B Healthy Exercise Class  
11a Sweets & Stories with Sally  
2p **Monthly Birthday Party & BINGO!**  
3p Bible Stories <sup>27</sup>

**Salon Day & National Card Playing Day!**  
9:30a Manicures & Hand Massages  
11a Mileage Club  
2p Chaplain Church Service  
3p Let's Play Cards <sup>28</sup>

9:15a Catholic Communion  
10a Live 2B Healthy Exercise Class  
11a New Year's Eve Decorating  
2p surPRIZE BINGO!  
3p Patrick's Slides <sup>29</sup>

9:30a Stroll & Stretch  
10a Dominoes  
11a Indoor Garden Club  
2p Feel Good Friday Happy Hour & Games!  
3p TGIF Karaoke <sup>30</sup>  
6p Friday Night Movie <sup>30</sup>

**New Year's Eve!**  
9a Walk & Talk  
2p Women's Hawkeye Basketball  
7p Welk Fan Club  
8p **New Year's Eve Special & Watch the Ball Drop!** <sup>31</sup>