

My to-do list for today:

1. **Count my blessings**
2. **Practice kindness**
3. **Let go of what I can't control**
4. **Listen to my heart**
5. **Be productive yet calm**
6. **Just breathe**



Bickfords Festivities

50's Theme Day

Family Day-Circus Theme



November News

Can you believe it...the holidays are officially here. We have a lot of wonderful people and activities set up for our family members this month.

As usual...we will be going to different stores on Wednesdays and taking family members out every Friday as well.

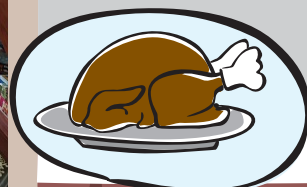
We have the American Legion coming out on the 10th to present to our Veterans along with a bugler. We have Willy Vogel visiting us again. The residents loved her playing the accordion so she will return on Veterans Day. We have the Tri-Valley Madrigals singing and the Beggar Banquet Band coming out to play again. See calendar for dates/times.

This really is a great time of the year. The time for family, friends and being thankful. Let's remember all the wonderful blessings that are in our lives and help those who are less fortunate.

The things we take for granted, someone else is praying for.

Have a wonderful holiday season and stay safe.

God Bless.





Pictured Left: Our family members enjoying Callie on the guitar.

November

S M T W T F S

9:00 am-Exercise (L)
10:30 am-Worship Service (GR)
1:30 pm-Current Events (L)
3:00 pm-Cards (L)
7:00 pm-Movie & Popcorn (L) ⁶

9:00 am-Exercise (L)
11:00 am-Catholic Service (LB)
1:30 pm-Yahtzee (L)
3:00 pm-Crafts (L)
7:00 pm-Dime Bingo (D) ⁷

9:00 am-Exercise (L)
10:30 am-Hangman (L)
1:15 pm-Crossword
2:00 pm-Developing Melodies (L)
7:00 pm-Sing Along ⁸ (L)

9:00 am-Exercise (L)
10:30 am-Mani's or Massage (LB)
2:00 pm-Bible Study with Lyn (L)
3:30 pm-Walmart (SU) ⁹
7:00 pm-Bingo (D)

9:00 am-Exercise (L)
10:00 am-Bible Study with Shirley (LB)
1:30 pm-American Legion & buglar (L)
3:00 pm-Trivia (L)
6:30 pm-Dominoes ¹⁰ (D)

Veteran's Day
9:00 am-Exercise (L)
10:30 am-(L)
1:30 pm-Willy Vogel-Accordianist (L)
3:00 pm-Trivia (L)
7:00 pm-Movie & Popcorn (L) ¹¹

8:00 am-Coffee with Heroes! (SU)
9:00 am-Exercise (L)
10:30 a-Reminiscing
2:00 pm-Cards (L)
7:00 pm-Lawrence Welk (L) ¹²

9:00 am-Exercise (L)
10:30 am-Worship Service (GR)
1:30 pm-Current Events (L)
3:00 pm-Cards (L)
7:00 pm-Movie & Popcorn (L) ¹³

9:00 am-Exercise (L)
11:00 am-Catholic Service (LB)
1:30 pm-Yahtzee (L)
3:00 pm-Crafts (L)
7:00 pm-Dime Bingo (D) ¹⁴

9:00 am-Exercise (L)
10:30 am-Hangman (L)
1:15 pm-Crossword
2:00 pm-Developing Melodies (L)
7:00 pm-Sing Along ¹⁵ (L)

9:00 am-Exercise (L)
10:00 am-Heartland Bingo (LB)
2:00 pm-Bible Study with Lyn (L)
3:30 pm-Kroger (SU) ¹⁶
7:00 pm-Bingo (D)

9:00 am-Exercise (L)
10:00 am-Bible Study with Shirley (LB)
2:00 pm-Tiffany M. (L)
3:00 pm-Trivia (L)
6:30 pm-Dominoes ¹⁷ (L)

9:00 am-Exercise (L)
10:30 am-Pat M. (L)
1:30 pm-Festival of Trees (SU)
3:00 pm-Trivia (L)
7:00 pm-Movie & Popcorn (L) ¹⁸

Family Day
9:00 am-Exercise (L)
12:00 pm-Thanksgiving lunch with families (D)
3:00 pm-True or Not
7:00 pm-Lawrence Welk (L) ¹⁹

9:00 am-Exercise (L)
10:30 am-Worship Service (GR)
1:30 pm-Current Events (L)
3:00 pm-Cards (L)
7:00 pm-Movie & Popcorn (L) ²⁰

9:00 am-Exercise (L)
11:00 am-Catholic Service (LB)
1:30 pm-Yahtzee (L)
3:00 pm-Crafts (L)
7:00 pm-Dime Bingo (D) ²¹

9:00 am-Exercise (L)
10:30 am-Hangman (L)
1:15 pm-Crossword
2:00 pm-Developing Melodies (L)
7:00 pm-Sing Along ²² (L)

9:00 am-Exercise (L)
10:30 am-Mani's or Massage (LB)
2:00 pm-Bible Study with Lyn (L)
3:30 pm-Jewel (SU) ²³
7:00 pm-Bingo (D)

Thanksgiving
9:00 am-Exercise (L)
12:00 pm-Thanksgiving Lunch
3:30 pm-Redskins vs Cowboys (L)
7:30 pm-Steelers vs Colts (L) ²⁴

9:00 am-Exercise (L)
11:00 am-Tony's (SU)
1:30 pm-True or Not
3:00 pm-Trivia (L)
7:00 pm-Movie & Popcorn (L) ²⁵

9:00 am-Exercise (L)
10:30 am-Reminiscing (L)
1:30 pm-Bowling (L)
3:00 pm-Cards (L)
7:00 pm-Lawrence Welk (L) ²⁶

9:00 am-Exercise (L)
10:30 am-Worship Service (GR)
1:30 pm-Current Events (L)
3:00 pm-Cards (L)
7:00 pm-Movie & Popcorn (L) ²⁷

9:00 am-Exercise (L)
11:00 am-Catholic Service (LB)
1:30 pm-Yahtzee (L)
3:00 pm-Crafts (L)
7:00 pm-Dime Bingo (D) ²⁸

9:00 am-Exercise (L)
10:30 am-Hangman (L)
2:00 pm-Tri-Valley Madrigals (L)
3:00 pm-Trivia (L)
6:30 pm-Beggar Banquest Band (L) ²⁹

9:00 am-Exercise (L)
10:30 am-Mani's or Massage (LB)
2:00 pm-Bible Study with Lyn (L)
3:30 pm-Dollar Store (SU) ³⁰
7:00 pm-Bingo (D)

L=Living Room
D=Dining Room
LB=Library
GR=Game Room
SU=Sign up
\$=Costs money

