

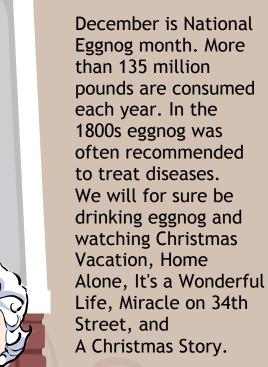
We will be having a Pet Show on Thursday, December 8th at 6:00. If you or someone you know would like to show off their pet, please give Sarah a note card with a description of your pet for her to read as you walk the pet up and down the aisle.

We will have a tree in the lobby where we can put donations of hats, gloves, and scarves to donate to those in need in our community. Donations welcome until December 16th. "Aging is not lost youth, but a new stage of opportunity and strength." Betty Friedan

We have many opportunities this month for all to enjoy this stage of life and find, build, and celebrate our strength.

We have physical, mental, and spiritual strength, and we have strength in community.

A strong person is one who asks for help when she or he needs it and one who offers help when another needs it.





White Christmas, A
Christmas Carol, and
Frosty will also be
showing. December is
also National
Fruitcake month. The
town of Manitou
Springs, Colorado has
hosted the great
Fruitcake Toss since
1996. We may have to
give this sport a try.

December will bring a lot of great music including carolers from New Hope, 5th graders from Lenihan, singers from Sonshine Pre-school, and bells from Laurel Methodist church and REM Day Program.



assisted living

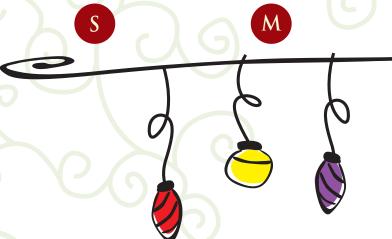


Happy Birthday to our December birthdays!

Myra Walterdorf Dec 5 Autumn Ray Dec 14 Beth Keese Dec 30 Anna Bjorkman Dec 31

December is BINGO's birthday month too! The game of BINGO, originally called Beano, is 87 years old.

Merry Christmas and happy New Year and happy holidays to you and your family!



December

9:00 Music- Melissa

9:30 Walking Club

1:00 St Nick craft

3:15 Social hour in

9:00 Button craft

9:30 Walking club

10:30 You Be the

2:30 Bible Study

the sun room

10:15 Polar Express

9:00 Letter Writing 9:30 Book reading 10:15 Sonshine Preschool program 2:00 BINGO 6:00 Carolers 6:30 Chapel

9:00 Gingerbread

9:30 Book reading

10:30 Music-Denny

1:00 May calendar

3:30 Music-Keith L

9:30 Book reading

1:00 Oct calendar

10:30 Mayflower

2:00 BINGO

6:30 Chapel

9:00 Caroling

2:00 BINGO

6:30 Chapel

9:00 Beatles trivia 9:30 Walking club 10:30 Make Jan page 11:00 Library 1:00 pinecone craft 2:00 brownies 6:00 Pet Show

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9:00 candycanes 9:30 Walking club 10:30 exercise video 1:00 June calendar 2:00 Wheel of Fortune game 3:00 icecream

9:00 Rosa Parks

10:30 Miriam-history

1:00 Advent Wreath

2:00 Pumpkin Pie

3:00 You Be The

Judge

9:30 Walking

9:00 Nativity scene 9:30 Walking club 10:30 tree skirt 1:00 Nov calendar 2:00 Spa 3:00 Eggnog 411 22

cookies 29

9:00 Henry Matisse 9:30 Book reading 10:30 Trivia 1:00 BINGO 2:00 Music-Muffy 3:00 Yule log 6 Movie 30 10a Exercise 2p Nail Glamour 7p Lawrence Welk

10a Exercise 2p Nail Glamour 7p Lawrence Welk

10a Exercise 2p Nail Glamour 7p Lawrence Welk

10

10a Exercise 2p Nail Glamour 7p Lawrence Welk

9a Worship Hour 1:30p Video Documentary Merry Christmas 9a Worship Hour :30p Video Documentary

9a Worship Hour 1:30p Video Documentary

9a Worship Hour

1:30p Video

Documentary

9:00 Poinsettia craft 9:30 Book reading 10:45 Bible Study 1:00 March calendar 2:00 BINGO 3:15 Winter Movie quote trivia

10:45 Bible Study

1:00 Aug calendar

3:00 Fruitcake 411

Boxing Day-Fill the

box with can goods

9:30 Book Reading

10:45 Bible Study

1:00 Kwanzaa 411

3:00 Jan Brett book

2:00 Bingo

and fruitcake toss 19

2:00 Bingo

9:00 Book Reading

9:30 Music-Paul D

10:45 Bible Study

1:00 Walt Disney

2:00 Bingo

Judge 1:00 April calendar 2:30 Bible Study 3:30 Dominoes 9:00 Snowman sock 9:30 Book Reading

9:00Dishtowel angel 9:30 Walking Club 10:30 Music-Pat L 1:00 Sept calendar 2:30 Bible Study 3:30 "Festivus"

9:00 Snowflake craft 9:30 Walking Club 10:30 True Country 1:00 Charles Dickens 2:30 Bible Study 3:30 Brain games

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9:00 Apollo 8 9:30 Book reading 10:30 Music-Dave G 1:00 Shoebox landscape 2:00 BINGO is 87 6:30 Chapel 28 9:00 Snow globes 9:30 Walking club 10:30 Winter collage 1:00 Spa 2:00 Bowling 3:00 decorate

1:30 White elephant 2:00 Music-Dick F 3:00 BINGO 23

9:00 John Brown

Abolitionist leader

9:30 Book reading

1:00 Music- John S

WINTER FESTIVAL

9:00 Christmas craft

9:30 Twas the Night

10:30 Music- Mike L

1:00 February page

11:00 Hot coco

9:00 I Spy bottle

10:30 Beethoven

1:00 BINGO

6:00 Movie

9:30 Book reading

2:00 Music-Clarice

3:00 July calendar

9:00 Twas the night

9:30 Book reading

10:30 dreidel craft

11:00 Dec calendar

2:00 BINGO

8

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2:00 Birthday Party₂

art

10:30 Georges Seurat

10a Exercise 2p Nail Glamour 7p Lawrence Welk

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