



## FAMILY HISTORY DAY

WEDNESDAY  
OCTOBER 11, 2016 10:00AM

PLEASE BRING ANYTHING THAT YOU WOULD LIKE TO SHARE THAT IS PART OF YOUR FAMILY HERITAGE, IT COULD BE PICTURES, FAMILY TREE, RECIPES, ETC. WE WILL BE STARTING A BICKFORD COOKBOOK, SO ANY FAMILY RECIPES YOU WOULD LIKE TO SHARE TO PUT INTO THE BICKFORD COOKBOOK, PLEASE BRING ALONG. IF ANY FAMILY MEMBERS WOULD LIKE TO SHARE THE PICTURES OR RECIPES PLEASE DROP THEM OFF TO TERESA OR EMAIL TO HER AT [bickfordactivities@hotmail.com](mailto:bickfordactivities@hotmail.com)

  
*Bickford*  
assisted living  
& memory care

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