



**SAVE THE DATE!!**

Join us on Monday, November 7th for a painting party where we will paint this cute snowman. Cost is \$35. Please RSVP to Dana to save a spot.



*Halloween is coming!*

These lovely ladies enjoyed lunch at Buffalo Wild Wings!



We appreciate Buffalo Wild Wings here in Saginaw hosting a fundraiser for us. We were able to add more money to our donation to the Alzheimer's Association. Thank you to everyone that participated!

**Join us for a Halloween party on Saturday, October 29th at 2:00pm. Please spread the word to all family and friends. Our residents love seeing the little kids dressed up in their costumes.**

For the safety of our residents, we don't open the building to the community on Halloween night for Trick or Treating. However, your family is always welcome to stop by that night if you have a cute costume to show off!

**Volunteers needed!** Do you have a couple hours to spare? Have a hobby you are willing to share? Know of any church groups, social clubs or entertainers? Please let Dana know if you have any suggestions or ideas!

**Donations of candy are very much appreciated. You can drop it off anytime to Dana or leave it with someone in the office. Thank You!**



*October 2016 Happynings*

**We have a new Bickford theme day happyning on Wednesday, October 12th. It is called Family History Day. We would love to know more about the family history of each resident. If you have some old photos or treasures from the past that you would be willing to share please contact Dana.**

Our annual Flu Shot Clinic is being held on Tuesday, October 18th from 10:00-11:30am. Our RN Deanna will be mailing consent forms to each family. Please check the box appropriate to your wishes and return the form. Contact Deanna if you have any questions.

The best way to stay healthy and prevent illnesses from spreading is **HAND WASHING!!** Please make sure you wash your hands several times a day and stay home if you are not feeling well. With your help, we can all stay healthy this winter.





10:00 Catholic Mass on TV  
1:00 Detroit Lions Football Game  
4:00 Chapel  
6:00 Resident Choice Movie

30



Halloween  
10:00 Brain Boosters  
10:30 Chair Yoga w/Heartland  
1:00 Bingo  
4:00 Skeleton Game  
6:00 Halloween Movie & Treats

31



10:00 Giant Crossword Puzzle  
11:00 Exercise w/Jill  
1:00 Sweet & Salty Spiders  
4:00 Dice Game  
6:00 Wii Games

4



10:00 Chapel  
11:00 Balloon Ball  
1:00 Giant Crossword Puzzles  
4:00 Parachute Exercise  
6:00 Bingo

5



Birthdays:  
6th-Jay Kotcher  
13th-Jackie Dowis  
22nd- Nora Reis "100"



# October



10:00 Exercise DVD  
11:00 Balloon Ball  
1:00 Greektober Fest at St. Demetrios Church  
3:00 Card Games  
6:00 Lawrence Welk

1

10:00 Catholic Mass on TV  
1:00 Detroit Lion Football Game  
4:00 Chapel  
6:00 Resident Choice Movie

2

10:00 Brain Boosters  
10:30 Chair Yoga w/Heartland  
1:00 Bingo  
4:00 Volleyball  
6:00 Card Club

3

10:00 Giant Crossword Puzzle  
11:00 Exercise w/Jill  
1:00 Sweet & Salty Spiders  
4:00 Dice Game  
6:00 Wii Games

4

10:00 Chapel  
11:00 Balloon Ball  
1:00 Giant Crossword Puzzles  
4:00 Parachute Exercise  
6:00 Bingo

5

10:00 Morning Stretch  
10:30 Music w/Dan Hays  
1:00 Through the Window Card Game  
4:00 Who or What am I Game  
6:00 Aromatherapy

6

10:00 Uno Game  
10:30 Sing Along w/Genie  
1:00 Bingo  
4:00 Bean Bag Toss  
6:00 Movie & Snack-Chocolate Cookie Popcorn

7

10:00 Exercise DVD  
11:00 Balloon Ball  
1:00 Project for Family Hlstory Day  
3:00 Dominoes  
6:00 Lawrence Welk

8

10:00 Catholic Mass on TV  
1:00 Detroit Lions Football Game  
4:00 Chapel  
6:00 Resident Choice Movie

9

10:00 Brain Boosters  
10:30 Chair Yoga w/Heartland  
1:00 Bingo  
4:00 Volleyball  
6:00 Card Club

10

10:30 Resident Council Meeting  
11:00 Exercise w/Jill  
1:00 Music w/Gary Pretzer  
4:00 Snack-Loaded Mediterranean Dip  
6:00 Family Tree Painting

11

Family History Day  
10:00 Chapel  
11:00 Balloon Ball  
1:00 Planting our family "tree"  
4:00 Headbanz game  
6:00 Bingo

12

10:00 Morning Stretch  
10:30 Music w/SUGAR Band  
1:00 Giant Crossword Puzzle  
4:00 Who or What am I Game  
6:00 Boo-tiful Halloween Craft

13

10:00 Uno Game  
10:30 Sing Along w/Genie  
1:00 Bingo  
4:00 Tic Tac Toe  
6:00 Pumpkin Patch Painting

14

10:00 Exercise DVD  
11:00 Balloon Ball  
1:00 Apartment Door Decorating for Halloween!  
3:00 Putting Green  
6:00 Lawrence Welk

15

10:00 Catholic Mass on TV  
1:00 Detroit Lions Football Game  
4:00 Chapel  
6:00 Resident Choice Movie

16

10:00 Brain Boosters  
10:30 Chair Yoga w/Heartland  
1:00 Bingo  
4:00 Volleyball  
6:00 Card Club

17

10:00-11:30 Flu Shot Clinic  
11:00 Exercise w/Jill  
1:00 Pumpkin Decorating  
4:00 Hangman  
6:00 Wii Games

18

10:00 Chapel  
11:00 Balloon Ball  
1:00 Music w/Two for the Road  
4:00 Memory Tray Game  
6:00 Bingo

19

10:00 Morning Stretch  
11:00 Lunch Outing to Olive Garden  
1:00 Music w/Gary Lakey  
4:00 Who or What am I Game  
6:00 Aromatherapy

20

10:00 Uno Game  
10:30 Sing Along w/Genie  
1:00 Bingo  
4:00 Horseshoes  
6:00 Pumpkin Krispie Treats

21

10:00 Exercise DVD  
11:00 Balloon Ball  
1:00 Pumpkin Carving/Decorating  
3:00 What's in the Bag Game  
6:00 Lawrence Welk

22

10:00 Catholic Mass on TV  
1:00 Detroit Lions Football Game  
4:00 Chapel  
6:00 Resident Choice Movie

23

10:00 Brain Boosters  
10:30 Chair Yoga w/Heartland  
1:00 Bingo  
4:00 Volleyball  
6:00 Card Club

24

10:00 Giant Crossword Puzzle  
11:00 Exercise w/Jill  
1:00 Bickford Buck Auction  
4:00 Ladderball  
6:00 Wii Games

25

10:00 Chapel  
11:00 Balloon Ball  
1:00 Ghost Pops/Spider Pops  
4:00 Parachute Exercise  
6:00 Bingo

26

10:00 Morning Stretch  
10:45 Music w/Daniel Bryson  
1:00 Through the Window Card Game  
4:00 Who or What am I game  
6:00 Ladderball

27

10:00 Uno Game  
10:30 Sing Along w/Genie  
1:00 Bingo  
4:00 Tic Tac Toe  
6:00 Dominoes

28

10:00 Exercise DVD  
11:00 Balloon Ball  
2:00 Halloween Party  
6:00 Halloween Movie & Snacks

29