Please give a warm welcome to some friendly new faces around the branch. Share a smile and a Bickford family welcome with Betty Cutler, Mildred Heckert, and Sarah Story, our new Life Enrichment Coordinator.

"I'm so excited to join the Bickford family. Who doesn't love to enrich and be enriched, to bless and be blessed, to validate and be validated?" Sarah Story

We have some small trips this month. Please sign up on Sarah's door if you would like to go

1. The Appleberry Farm Oct 6th at 1:00

2. Hinegardner Apple Orchard Oct 9th at 1:00

3. The Drive Through Difference (we pay for the person's meal behind us in a drive-thru for a random act of kindness) October 15th at 1:00

4. The Senior Citizen Center Oct 28th at 1:00

5. The Animal Rescue League Oct 21 at 3:15.

Please call Sarah at 753-5700 or 485-2060 if you would like to participate in our Chilli cook off October 16th, Scarecrow contest October 30th, or if you or someone you know would like to come in and share a talent or interest with us. We are certain that Bickford's Got Talent!



Wow! Fall is upon us! There is a season for everything.

Marshalltown

Bring on those bright colored leaves, the warm apple cider,

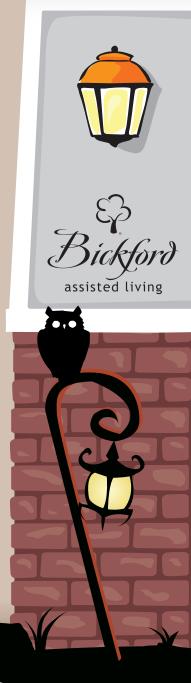
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What do we eat at Bickford in October?

Spooketti!



- We are excited to start a couple of new programs this month. On Mondays, we will "Mix it up" and be choosing from a hat where we will sit for meals that day so that we can get to know our family members
- Also, each week, we will have a passport where our goal is to get 4 stamps for mind, 4 stamps for body, and 4 stamps for spirit enrichment. When we accomplish this through participating in the week's activities, we can choose a souvenir from the "trusty travel trunk".



It's another Booootiful day at Bickford!

Happy Birthday to our October birthdays! Britney Thompson Oct 14 Mary Ferneau Oct 17 Adriana Madrigal Oct 29

Come celebrate Family History Day with us October 12th at 6:30. We'll be decorating cupcakes and bobbing for apples.

Join us for our Halloween party October 31st at 6:30. We'll be trick-or-treating and having a mummy wrapping contest.



9:00 Worship Hour 1:00 Scarecrow contest and ghost cake 3:30 Video Documentary	9:00 Finish that line 9:30 book reading 10:00 mystery box 10:45 Bible Study 2:00 Bingo 3:00 face painting 6:30 Family party	Q: Why do mummes have trouble keeping friends? A: They're too wrapped up in themselves!	Where do mammies go for a swim? A: To the dead sea!	oct.	ober	10:00 Exercise 1:00 Sand Art 2:00 Nail Glamour 7:00 Lawrence Welk
9:00 Worship Hour 1:30 Video Documentary 2	Mix it up Monday 9:00 Signature Bingo 9:30 Book reading 10:45 Bible Study 1:00 Badmitten and baked apples 2:00 Bingo 3	9:00 Sunnyside pie 9:30 Croquet 10:30 crossword 1p Messy Missy 2:30p Bible Study 3:15 bean bags and ladder ball 4	9:00 Melissa music 9:30 book reading 10:30 Mike music 1:00 Treasure Hunt 2:30 Walk 3:30 Keith L music 6:30 Bingo 5	9:00 Wreath craft 9:30 Milk jug fitness 10:30 Guess that 1:00 Appleberry farm visit 2:30 Pumpkin painting 6	9:00 Get to know 9:30 book reading 10:30 walk 1:00 parachute pie 2:00 Bingo 3:15 devotion 6:00 Movie 7	10:00 Exercise 2:00 Nail Glamour 7:00 Lawrence Welk 8
9:00 Worship Hour 1:00 Hinegardner Apple Orchard visit 3:30p Video Documentary 9	Mix it up Monday 9:00 Guess who 9:30 book reading 10:45 Bible Study 1:00 hat parade 2:00 Bingo 3:30 make dips 10	9:00 Simon Says 9:30 Walk 10:30 Spa 1:00 pinata 2:30p Bible Study 3:15 make salsa and guacamole	9:00 Musical mingle 9:30 book reading 10:30 Dennis-music 1:00 stone soup 2:00 Bingo 3:30 Keith L music 6:30 Family Party ^{1,2}	9:00 fruit kabobs 9:30 walk 10:00 barn quilts 1:00 Name that tune 2:00 pillow cases 3:00 checkers and dominoes 13	9:00 Imgaination 9:30 book reading 10:30 tie blanket 1:00 picture frames 2:00 Bingo 3:15 Yoga 6:00 Movie	10:00 Exercise 1:00 Drive Through Difference 2:00 Nail Glamour 7:00 Lawrence Welk
9:00 Worship Hour 1:00 Chilli cook-off 3:30 Video Documentary I&	Mix it up Monday 9:00 Cards 9:30 book reading 10:45 Bible Study 1:00 Golf 1:30 pudding pie 2:00 Bingo 17	9:00 walk 9:30 Recycling 10:30 Pat L music 1:00 Who stole the 1:30 Library visit 2:30 Bible Study 3:15 baseball	9:00 Coloring (prize) 9:30 book reading 10:30 trail mix 1:00 rock painting 2:30 balloon sports 3:30 Keith L music 6:30 Bingo 19	9:00 walk 9:30 Wii bowling 10:30 food stamps 1:00 leaf rubbings 2:00 Nourishment 3:00 rewrite nursery rhymes 20	9:00 board games 9:30 book reading 10:30 indoor garden 1:00 magnets, masks 2:00 Bingo 3:15 Animal RL 6:00 Movie 21	10:00 Exercise 2:00 Nail Glamour 7:00 Lawrence Welk 22
9:00 Worship Hour 1:30 Video Documentary <i>2</i> 3	Mix it up Monday 9:30 book reading 10:45 Bible Study 1:00 Spa 2:00 Bingo 3:15 Basketball 6:30 Dave music <i>24</i>	9:00 sport pennants 9:30 play dough 10:30 walk 1:00 make puzzles 2:30 Bible Study 3:15 Smoothies 25	9:00 hat tree 9:30 book reading 10:30 placemats 1:00 pool noodles 1:30 lemonade 2:00 Bingo 3:30 Keith L music ²⁶	9:00 sidewalk chalk 9:30 painting 10:30 walk 1:00 tie dye 2:00 art tour and awards 3:00 decoupage 27	9:00 Bickford talent 9:30 book reading 10:30 Dick F music 12:30 Senior Citizen Center visit 2:00 Bingo 6:00 Movie 28	10:00 Exercise 1:00 Paper mache 2:00 Nail Glamour 7:00 Lawrence Welk <i>29</i>
						20