

Happy Birthday to You!! Louise Clyne - Oct. 8th Shirley Doggett - Oct. 9th Bertha Bjornson - Oct. 6th Dean Winchell - Oct. 17th Annalue Ceretti - Oct. 18th Sue Helmick - Oct. 29th Kersti Rutledge - Oct. 30th

Pictured left: Evelyn and Josephine making candies

Pictured below:

Urbandale

Events and Outings:

October 4th- The Jay and Tammy Variety Show

October 6th- Chaplain lunch outing to The Waterfront

October 12th-Family History Day

October 13th-Little Dog Fashion Show

October 28th-Trick or Treater's from Tradition's Day Care

Bickford of Urbandale Enriching Happiness

Pictured right: George and Jean making "Cheesecake in a jar"

Pictured below: The resident's love our monthly entertainer Pat Lydon











Pet Therapy

Pictured below:

Annella visiting with



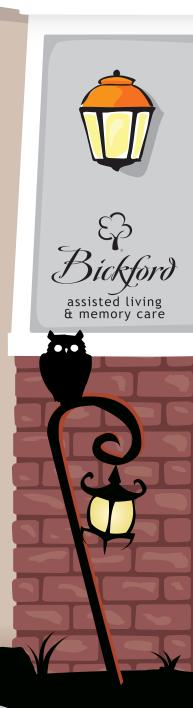
October Highlights

On October 5th we will be starting our new Bean Bag Baseball season! Every Wednesday through December 9th we will

- play against other local assisted living communities. The season will end on **December 9th with**
- the "World Series" at the Urbandale Senior Center.

One of the most fun events we have is our annual Little Dog Fashion Show on the

13th. The resident's love to see all the dogs dressed up and walking the runway! The winner's will recieve awards for 1st, 2nd, and 3rd place. Come join us!



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10a Coffee Talk 1p Card Games 4p Church Service 6p Movie	30	Halloween 9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1p Bean Bag Baseball 3p Card Bingo 6p Movie				cte
10a Coffee Talk 1p Card Games 4p Church Service 6p Movie	2	9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1p Bean Bag Baseball 3p Card Bingo 6p Movie	10:30a Balloon & Noodle 1:30p Jay and Tammy Variety Show 2:30p Refreshments 3p Kings Corner 4	9a Currrent Events 9:30a Group Exercise 10a Resident Council 1:30p Pat Lydon 2:30p Cookies/Coffee 3p Kings Corner 6p Movie	9a Getting to Know You 9:30a Chaplain Visit 9:30a Zumba Gold 10:30a Chaplain Lunch Outing-Waterfront 1p Pictionary 2p Manicures 3p Men's Club 6	9a Cathol 9a Currre 9:30a QiG 10:15a Bi 1p Bean E 3p Happy 6p Movie
10a Coffee Talk 1p Card Games 4p Church Service 6p Movie	9	9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1:30p Brant Williams 3p Card Bingo 6p Movie	10:30a Balloon & Noodle 1p Wii Bowling 2p Bickford Baker's 3p Kings Corner	Family History Day 9a Currrent Events 9a Old Family Memories 9:30a Group Exercise 10a Bickford Family Tree 1:30p Bean Bag Baseball @ Kennybrook 3p Kings Corner	6p Movie 9a Getting to Know You 9:30a Chaplain Visit 9:30a Zumba Gold 10a Catholic Mass 1p Pumpkin Crafts 3p Little Dog Fashion Show 6p Movie 13	9a Cathol 9a Currre 9:30a QiC 10:15a Bi 1p Bean I 3p Happy 6p Movie
10a Coffee Talk 1p Card Games 4p Church Service 6p Movie	16	9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1p Bean Bag Baseball 3p Card Bingo 6p Movie	10:30a Balloon and Noodle 1p Wii Bowling 2p Kings Corner 3p Pictionary	6p Movie 9a Currrent Events 9:30a Group Exercise 10a Giant Crosswords 1:30p Bean Bag Baseball @ Home 3p Kings Corner 6p Movie 19	9a Getting to Know You 9:30a Chaplain Visit 9:30a Zumba Gold 10a Spa Treatments 1:15p Vicki Harbert 2p Catholic Mass 3p Manicures 3p Men's Club 20	9a Catholi 9a Currrer 9:30a QiG 10:15a Bir 1p Bean B 3p Happy 6p Movie
10a Coffee Talk 1p Card Games 4p Church Service 6p Movie	23	9a Current Events 9:30a Group Exercise 10a Helene Viall 1p Bean Bag Baseball 3p Card Bingo 6p Movie	6p Movie9a Getting to Know You9:30a Zumba Gold10a Bible Study10:30a Balloon & Noodle1p Wii Bowling2p Bickford Baker's3p Kings Corner6p Movie	9a Currrent Events 9:30a Group Exercise 10a Giant Crosswords 1:30p Bean Bag Baseball @ Edencrest 3p Kings Corner 6p Movie 26	6p Movie 9a Getting to Know You 9:30a Chaplain Visit 9:30a Zumba Gold 10a Spa Treatments 1p Birthday Cake and Games 3p Manicures 6p Movie 27	9a Cathol 9a Currre 9:30a QiG 10a Trick 1p Bean B 3p Happy 6p Movie





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nolic Chaplain Visit rent Events QiGong ck or Treaters n Bag Baseball py Hour ie 28 9:30a Group Exercise 10a Walk N Roll 10:30a Noodle Ball 1:15p Wheel of Fortune

2p Halloween Craft 2:45p John Schumacher 7p Lawrence Welk

9:30a Group Exercise 10p Card Games 1p Movie Matinee 3p Snacks/Games 7p Lawrence Welk

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9:30a Group Exercise 10a Wake up with Willie (Nelson) 11a Trivia 1p Pictionary 2p Walking 2:15p Art 3p Wheel of Fortune 15 7p Lawrence Welk 9:30a Group Exercise 10a In the Kitchen 1p Make Fall Centerpieces 2:30p Snacks and Cards 7p Lawrence Welk

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9:30a Group Exercise 10a Coffee Talk 1p Card Games 7p Lawrence Welk