



## October Birthdays

### **Celebrity Birthdays**

Jimmy Carter, Sting, Kelly Ripa, Rutherford B. Hayes, Chester A. Arthur, Ray Kroc, Elisabeth Shue, John Mellencamp, Brett Farve, Mike Ditka, Evel Knievel, Hillary Clinton, Juliette Gordon Low

### **Bickford Family Friends Birthdays**

Susan R. 10/26

### **Bickford Family Member Birthdays**

Meagan H. 10/6



## *Welcome Fall of 2016!*

### **Mark your calendars!**

#### **Resident Council and Food Committee:**

Tuesday, October 6 @ 10:30 am

#### **Monthly Birthday Party (Sponsored by Premier HHC):**

Monday, October 31

#### **October Entertainers:**

10/3- Carl Sparks @ 6pm  
10/20- John Bahler @ 1pm  
10/21- Brian and Mary Ross @ 6pm  
10/26- David Gray @ 6pm  
10/31-Community Trick or Treat

#### **October Outings:**

10/6-Shopping Trip  
10/20-Lunch Outing

### **Branch Buddy Visits!**

Friday, 10/14 & 10/28.  
Courtesy of the Wabash Animal Shelter.

### **A quick happiness update...**

I can't thank those of you that participate in our "happiness texts" enough. The feedback that you have provided, up to this point, has proved invaluable. With the feedback that has been gathered, we were able to achieve 100% happiness from those that responded this last month. What an accomplishment! But we will not stop there..! If there is ever anything else we can do, please do not hesitate to ask! Thank you again for your support and feedback!



### *Falling Leaves*

*Little leaves fall softly down  
Red and yellow, orange and brown  
Whirling, twirling round and round  
Falling softly to the ground*

*Little leaves fall softly down  
To make a carpet on the ground.  
Then, swish, the wind comes whistling by  
And sends them dancing to the sky.*

HomeLivingFlair.com

## *Breast Cancer Awareness Month*

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same. We have made a lot of progress but still have a long way to go. Help spread the word! Visit the National Breast Cancer Foundation at [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org) for more information about their cause.

### **Myth**

Most breast cancers run in families.

### **Fact**

Only 5-10% are thought to be hereditary.

### **Myth**

There's no way to reduce the risk of breast cancer.

### **Fact**

90% of breast cancers are caused by lifestyle and environmental factors.

### **Myth**

Men do not get breast cancer; it affects only women

### **Fact**

Each year roughly 2,200 men will be diagnosed with breast cancer.





10a Coffee Talk  
10:30a Euchre  
11:30a Exercise  
3p Soft Music  
3:30p Church Service  
5:45p Drinks On The  
Patio

30

**Halloween**  
9a Clip & Style  
10a Coffee & Chat  
10:30a Manicures  
11:30a Exercise  
1p Bingo  
4p Finish The Phrase  
6p Community Trick or  
Treat

9a Clip & Style  
10a Coffee & Chat  
10:30a Manicures  
11:30a Exercise  
1p Bingo  
4p Finish The Phrase  
6p Carl Sparks  
Entertainment

3

10a Resident Council and  
Food Committee  
10:30a Balloon Bop  
1p Family Talk  
2p Euchre  
4p Painting  
6:30p Wii Wheel Of  
Fortune

4

10a Coffee & Cookies  
10:30a Bible Study  
11:30a Exercise  
1p Cookie Baking  
2p Spelling Bee  
4p The Wii Bowling

5

10a Coffee Talk  
10:30a Dominoes  
11a Resident Shopping  
Trip  
11:30a Exercise  
1p Table Ping Pong  
2p Euchre  
4p Balloon Bop

6

10a Tea Talk  
10:30a Sing A Long  
11a Trivia  
11:30a Exercise  
1p Bingo w/Wabash HS  
2p Hangman

7

11:30a Exercise  
1p Party On The Porch  
4p Social Hour

8

10a Coffee Talk  
10:30a Euchre  
11:30a Exercise  
3p Soft Music  
3:30p Church Service  
5:45p Drinks On The  
Patio

9

9a Clip & Style  
10a Coffee & Chat  
10:30a Manicures  
11:30a Exercise  
1p Bingo  
4p Finish The Phrase

10

10a Coffee Klatch  
10:30a Balloon Bop  
11:15a Chicken Soup for  
the Soul  
1p Family Talk  
2p Euchre  
6:30p Wii Wheel Of  
Fortune

11

Family History Day  
10a Coffee & Cookies  
10:30a Bible Study  
11:30a Exercise  
1p Spelling Bee  
2p Phase 10 Card Game  
4p The Wii Bowling

12

10a Coffee Talk  
10:30a Dominoes  
11:30a Exercise  
1p Table Ping Pong  
2p Euchre  
4p Balloon Bop

13

9a Pet Therapy  
(Animal Shelter Visit)  
10a Tea Talk  
10:30a Happy Feet  
11:30a Exercise  
1p Corn Hole  
2p Hangman

14

10:30a Bingo  
11:30a Exercise  
1p Chair Volleyball  
4p Social Hour

15

10a Coffee Talk  
10:30a Euchre  
11:30a Exercise  
3p Soft Music  
3:30p Church Service  
5:45p Drinks On The  
Patio

16

9a Clip & Style  
10a Coffee & Chat  
10:30a Manicures  
11:30a Exercise  
1p Bingo  
4p Finish The Phrase

17

10a Coffee Klatch  
10:30a Balloon Bop  
1p Euchre  
4p Painting  
6:30p Wii Wheel Of  
Fortune

18

10a Coffee & Cookies  
10:30a Bible Study  
11:30a Exercise  
1p Cookie Baking  
2p Spelling Bee  
4p The Wii Bowling

19

10a Coffee Talk  
10:30a Dominoes  
11:15a Resident Lunch  
Outing  
11:30a Exercise  
1p John Bahler  
Entertainment  
4p Balloon Bop

20

10a Tea Talk  
10:30a Sing A Long  
11a Trivia  
11:30a Exercise  
1p Bingo w/ Wabash HS  
2p Hangman  
6p Brian and Mary Ross  
Entertainment

21

11:30a Exercise  
1p Party On The Porch  
4p Social Hour

22

10a Coffee Talk  
10:30a Euchre  
11:30a Exercise  
3p Soft Music  
3:30p Church Service  
5:45p Drinks On The  
Patio

23

9a Clip & Style  
10a Coffee & Chat  
10:30a Manicures  
11:30a Exercise  
1p Bingo  
4p Finish The Phrase

24

10a Coffee Klatch  
10:30a Balloon Bop  
1p Euchre  
4p Painting  
6:30p Wii Wheel Of  
Fortune

25

10a Coffee & Cookies  
10:30a Bible Study  
11:30a Exercise  
1p Spelling Bee  
2p Phase 10 Card Game  
4p The Wii Bowling  
6p David Gray  
Entertainment

26

10a Coffee Talk  
10:30a Dominoes  
11:30a Exercise  
1p Corn Hole  
1:30p Target Shooting  
4p Balloon Bop

27

9a Pet Therapy  
(Animal Shelter Visit)  
10a Tea Talk  
10:30a Happy Feet  
11:30a Exercise  
1p Corn Hole  
2p Hangman

28

10:30a Bingo  
11:30a Exercise  
1p Chair Volleyball  
4p Social Hour

29

# October

