



SEPTEMBER RESIDENT OF THE MONTH

Ruth Holtman comes to us as a life-long resident of Quincy. She was born October 17, 1922 and grew up with 3 brothers and 2 sisters. Ruth attended St. Mary's Catholic Grade School and Quincy Notre Dame. She married Ralph "Chip" Holtman and they have a son, Jay. Ruth worked at Electric Wheel Company for many years. She is very sports-oriented playing volleyball & softball in high school and later bowled in a league here in Quincy. She once held the highest average in town! She loves the game of golf and spending many years on the course at Cedar Cress. In addition to sports she and her family enjoyed boating on the Mississippi River with friends. Needless to say she has lived a very active life! Welcome to Bickford, Ruth!



Bickford Ranch Round-Up!

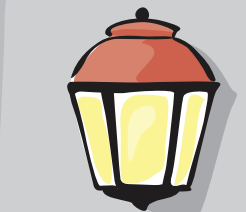
Fun with the Dedes



September 2016 Newsletter

This month's spotlight is on Bickford Family Member, Nurse Cindy Johnson. She grew up in a small town in Williamstown, Missouri. Cindy got her nursing degree from Hannibal Vocation Tech in 2005. After getting her degree Cindy went to work at Blessing Hospital and was employed there for 3 years. She moved on to Blessing Physician Services where she spent another 3 years, then to Lincare for a year before joining Bickford where she has spent the last 2 years providing great care to our residents!

Cindy has been married to her husband, Tim for 29 years and they have 3 grown sons; Sean, Brandon and Matthew. In addition they are enjoying 5 grandchildren who all live close by so they can see them whenever they want. Cindy recently went on a mission trip to the Kentucky Appalachian Mountain region and cooked for 40 fellow missionaries who were there helping fire victims. her spare time Cindy enjoys designing and creating greeting cards. Thanks for all you do here at Bickford, Cindy!



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****A \$1000 credit will be awarded to any resident that encourages someone to live at Bickford (a credit to his/her bill will be applied when a new resident resided for 90+ days!**

****If you would like to receive the newsletter by email, please contact Gerri at Bickford 228-0800 or email me at bickford_enrichlife@hotmail.com**

September

10:30am-Catholic TV Mass
2:00pm-Worship Service

4

Grandparent's Day

10:30am-Catholic TV Mass
3:00pm-Sundaes on Sunday Event

11

10:30am-Catholic TV Mass
2:00pm-Worship Service

18

10:30am-Catholic TV Mass
2:00pm-Worship Service

25



Labor Day

5

Bob Jording B-day

10:00am-Exercise
10:30am-Trivia Time
11:00am-Yatzee in the living room
1:30pm-Bingo
3:15pm-Catholic Communion Service

12

10:00am-Exercise
10:30am-Trivia Time
11:00am-Creative Crafting

19

9:30am-Exercise
10:00am-Trivia Time
10:30am-Sue Keller Performs

26

Lorna Roberson B-day

10:00am-Exercise
10:30am-Coffee Club Talk & Trivia
2:00pm-Roll & Stroll
3:00pm-Dedes Perform

6

10:00am-Exercise
10:30am-Coffee Club Talk & Trivia
2:00pm-Courtyard Stroll
2:30pm-Popcorn & A Movie

13

10:00am-Exercise
10:30am-Coffee Club Talk & Trivia
2:00pm-Roll & Stroll
3:00pm-Dedes Perform

20

10:00am-Exercise
10:30am-September Birthday Party
2:00pm-Courtyard Stroll
2:30pm-Popcorn & A Movie

27

9:30am-Exercise
10:00am-Hydration & Happynings
10:30am-Devotions
1:30pm-Manicures & Hand Massage

7

9:30am-Exercise
10:00am-Hydration & Happynings
10:30am-Devotions
1:30pm-Manicures & Hand Massage

14

9:30am-Exercise
10:00am-Hydration & Happynings
10:30am-Devotions
1:30pm-Manicures
2:00pm-Mass
6:15pm-Lifepoint Youth Group Fun & Games

21

9:30am-Exercise
10:00am-Hydration & Happynings
10:30am-Devotions
1:30pm-Manicures & Hand Massage

28

10:00am-Exercise
10:30am-Rosary
11:00am-Games in Living Room
1:30pm-Resident Council Meeting
3:15pm-Games with Gary

1

10:00am-Exercise
10:30am-Bunco in the Living Room
2:00pm-Games with Gary
2:00pm-Popcorn on the Porch

8

10:00am-Exercise
10:30am-Mindstretchers
11:00am-Taboo Game in the Living Room
1:00pm-MoreManicures
1:30pm-Humane Society Puppy visit

15

10:00am-Exercise
10:30am-Trivia Time
11:00am-Jenga in the Living Room
2:00pm-Games with Gary
2:00pm-Popcorn on the Porch

22

10:00am-Exercise
10:30am-Trivia Time
11:15am-Rosary
1:30pm-More Manicures
2:00pm-Games with Gary

29

10:00am-Exercise
10:30am-Mindstretchers
11:00am-Porch Stories
1:30pm-Bingo

2

10:00am-Exercise
10:30am-Mindstretchers
11:00am-Adult Coloring

9

Arllys Rabe Birthday
50's Day
9:30am-Exercise
10:00am-Joyful Sounds 50's Music
1:30pm-Bingo
2:30pm-50's FUN & GAMES

16

10:00am-Exercise
10:30am-Mindstretchers
11:00am-Porch Stories
1:30pm-Bingo

23

10:00am-Exercise
10:30am-Mindstretchers
11:00am-Porch Stories
1:30pm-Bingo

30

2:00pm-Jewel Rinne on Keyboard
7:00pm-Lawrence Welk in the Living Room

3

10:00am-Exercise with Ashley
6:15pm- Worship Service

10

7:00pm-Lawrence Welk in the Living Room

7:00pm-Lawrence Welk in the Living Room

17

2:00pm-George Knight on Piano
7:00pm-Lawrence Welk in the Living Room

24

