

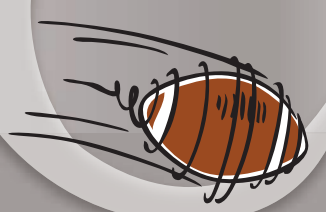


SPOTLIGHT OF THE MONTH FOR AUGUST

Resident and Bickford Family Members enjoyed an outing to the Husker Stadium. We were given a tour and the opportunity to go onto the field. Some of the residents and BFM's are Husker Fans and still are or used to be season ticket holders. This was very exciting and memorable to everyone!!! The first Husker game starts Saturday September 3rd and we will be celebrating with our traditional tailgate parties. If you would like to join you are welcome to come and have some snacks and enjoy the game.
GOOD LUCK TO THE HUSKERS!!! GO BIG RED!!



Lincoln HAPPENINGS SEPTEMBER



HAPPENINGS IN LINCOLN JULY & AUGUST

During the Month of July we went on an outing for lunch and at the end of the month we went for ice cream. We had to try out the new Colby Ridge/Goodrich Store. It was so nice and roomy in there and everyone got to choose what they wanted, to many flavors to choose from (but mint chip was a big hit). Of course Trix & my favorite was the Salted Caramel Mocha. Everyone has decided we should do this every week, well I am not sure if that is possible but we will for sure go back again!!

During July we also had visits from the Capital Humane Society and pictured on left is a kitty. Also pictured on left is of our outing to Colby Ridge. In the Month of August we went on an outing to the Husker Stadium, celebrated International Beer Day with some Beer and Pizza. We celebrated Western Day and went out to eat for lunch. We had our monthly Pajama Party celebrating summer and kool-aid day.



UPCOMING NEWS

Starting in September we will be having a Men's Luncheon every Friday in the Private Dining Room for the Men Only with Chaplain Ted Decker. They do say a prayer and also just like to visit about everyday things. Also coming up is The Grandparents Buffet on Sunday Sept 11th from NOON-2 with carnival games, music and food for all. Sunday Sept 18th is the Alzheimer's Walk at Holmes Lake Park starting with registration and booths at 11:00AM and walk starting promptly at 1:00PM. If interested see Renee or Teresa

NEWS FROM NURSING
The 1st Tuesday in November will be the Flu Shot Clinic. Forms will be available in October with more info in next newsletter. Any questions see Kari or Kaylee.

NEWS FROM THE KITCHEN
We now have a new kitchen manager, Autumn Schwandt who has been a Full Time Cook with Bickford since Dec 2012. So you will be seeing some new faces in the kitchen. Any questions regarding dietary please see Autumn.



SEPTEMBER BIRTHDAYS

RESIDENT BIRTHDAYS

MARTY GARDNER 9/7
 BETTY McCREARY 9/14
 GLADYS DAVIS 9/19
 DEORIS McKINNEY 9/19
 BUD GEISTLINGER 9/19
 SHIRLEY KRIZ 9/21
 CONNIE MULLINEAUX 9/23
 ARLINE ZAJICEK 9/24
 LILA RENNER 9/25

BICKFORD FAMILY MEMBER BIRTHDAYS

AUNDREA HULL 9/14
 TERESA SUTTON 9/28
 KATRINA LUONG 9/28
 KATY JAMBOR 9/28

****JUST A REMINDER TO PLEASE BE CAUTIOUS WHEN LEAVING THE BUILDING AND TO NOT LET ANYONE OUT THE DOOR WITH YOU. PLEASE SEE A BICKFORD FAMILY MEMBER BEFORE LETTING ANYONE OUT THE DOOR. THIS IS FOR THE SAFETY OF OUR RESIDENTS. THANK YOU**

September

S M T W T F S

10:00 Rise Up Country (ch 2)
 10:30 Devotions or Catholic Communion
 2:00 Manicures
 6:30 Apple Cider in the Courtyard

Labor Day
 9:45 Exercise Video
 10:30 That's My Job
 2:00 Patriotic Sundaes
 6:30 Bowling

9:45 Coffee Club
 10:30 Tell Me About
 2:00 Bingo w/Nan & Diane
 7:00 Lincolnaire Chorus

9:45 Balloon Toss
 10:15 Current Events
 10:30 Potato Peeling
 2:00 Outing Village Inn for Pie
 6:30 Movie (9 to 5)

9:45 Did You Know?
 10:00 Chapel Services
 2:00 Fun w/Food (Apple Month)
 6:30 Bingo w/Pam

9:45 Morning Stretches
 10:30 5 Second Rule
 NOON Men's Luncheon
 2:00 Movie & Popcorn
 6:30 Bowling

9:45 Weightlifting
 10:30 Love Boat Trivia
 11:00 NE vs Wyoming (ESPN2 ch35)
 NOON Tailgate Party
 2:00 Monthly Birthday Party w/Dick Patterson
 6:30 Love Boat

Grandparent's Day
 10:00 Rise Up Country (ch 2)
 10:30 Devotions or Catholic Communion
 NOON Grandparents Buffet
 6:30 Apple Cider in the Courtyard

9:45 Exercise Video
 10:30 Capital Humane Society Pet Therapy
 1:30 Manicures
 3:00 Keeping Connected
 6:30 Bowling

9:45 Coffee Club
 10:30 Tell Me About
 2:00 Bingo w/Pam
 6:30 Just Us

9:45 Balloon Toss
 10:15 Current Events
 10:30 Potato Peeling
 2:00 Old Time Music
 3:00 Resident Shopping
 6:30 Movie (Apple Dumpling Gang)

9:45 Did You Know?
 10:00 Chapel Services
 2:00 Outing to Lincoln Children's Zoo
 6:30 Bingo w/Pam

50's Day
 9:45 Harvest Moon
 10:30 Yoga w/ Anita
 NOON Men's Luncheon
 2:00 Elvis Presentation
 6:30 Bowling

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Tailgate Party
 2:30 NE vs. Oregon (ABC)
 6:30 Love Boat

10:00 Rise Up Country (ch 2)
 10:30 Devotions or Catholic Communion
 1:00 Alzheimer's Walk
 2:00 Crafts
 6:30 Apple Cider in the Courtyard

9:45 Exercise Video
 10:30 Share a Day
 1:30 Manicures
 6:30 Bowling

9:45 Coffee Club
 10:30 Tell Me About
 NOON Resident Choice Meal
 2:00 Bingo w/Nan & Diane
 6:30 Just Us

9:45 Balloon Toss
 10:15 Current Events
 10:30 Potato Peeling
 2:00 The Rockenbachs
 6:30 Movie (Norma Rae)

9:45 Autumn Begins
 10:00 Chapel Services
 2:00 Fun w/Food (Taste of Honey)
 6:30 Bingo w/Pam

9:45 5 Second Rule
 10:30 Yoga w/Anita
 NOON Men's Luncheon
 2:00 Movie & Popcorn
 6:30 Bowling

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Crafts
 6:30 NE vs. Northwestern (Big 10 ch 24)

10:00 Rise Up Country (ch 2)
 10:30 Devotions or Catholic Communion
 2:00 Ice Cream Social
 6:30 Apple Cider in the Courtyard

9:45 Exercise Video
 10:30 Capital Humane Society Pet Therapy
 1:30 Manicures
 3:00 Resident Council Meeting
 6:30 Bowling

9:45 Coffee Club
 10:30 Tell Me About
 2:00 Bingo w/Pam
 6:30 Just Us

9:45 Balloon Toss
 10:15 Confuscious Day/Current Events
 10:30 Potato Peeling
 2:00 The Clefs
 6:30 Movie (Resident Choice)

9:45 Welcome to September
 10:00 Chapel Services
 2:00 Fun w/Food (Have a Rice Day)
 6:30 Bingo w/Pam

9:45 5 Second Rule
 10:30 Yoga w/Anita
 NOON Men's Luncheon
 1:30 Resident Shopping
 2:00 Movie & Popcorn
 6:30 Bowling

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Crafts
 6:30 NE vs. Northwestern (Big 10 ch 24)

