



We've been having fun in the kitchen lately decorating cookies, making salads, etc. Check out the recipe for this month's "Crockpot Creation".

White Bean & Sausage Stew

- | | | |
|---------------------|--------------------|-----------------------|
| 6oz Sausage | 15oz White Beans | 1 TSP Dried Thyme |
| 1 TBS Olive Oil | 1 LRG Onion, Diced | 1 Clove Garlic, Diced |
| 28oz Diced Tomatoes | | Salt & Pepper |

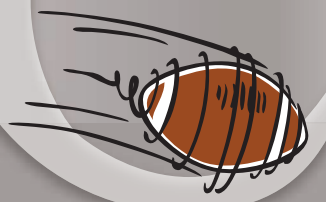
--Place all ingredients in a slow cooker. Cook on high for 4 hours. Add water as needed.

Working with food is a familiar & comforting activity. Reading recipes, measuring, opening cans, stirring are good skills to use. The smells, textures, and colors offer a sensory experience and stimulate appetite.



Peoria HAPPENINGS

SEPTEMBER



A Look Back At August!

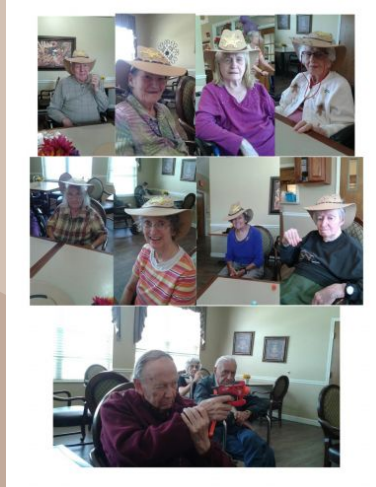
Jean & Gale chop peppers for vegetable stew.



Our therapy dog, Missy visits every Tuesday morning!



Many happy faces from Western Day & hat making! Jerry takes careful aim during the "shoot-out"!



Madonna gets ready for a hole in one!



Ahead In September!

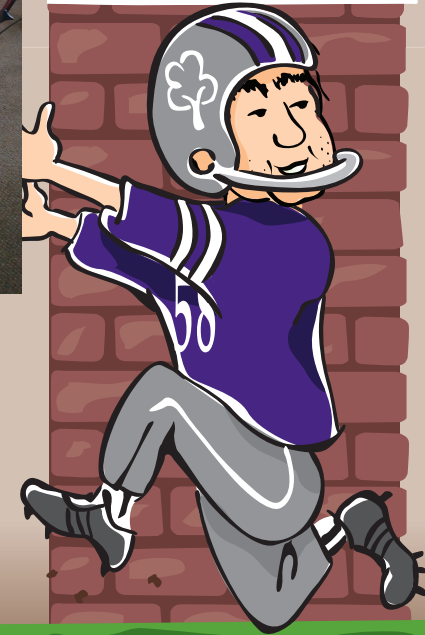
As the weather gets cooler, things continue to heat up here at The Cottage! Please mark Grandparents Day, the 11th, on your calendars and join us for music, nibbles, and fun as we honor the "grands" and "greats" that have had such an impact on our world.

A Word From Lisa
It's that time again! Let's get together for our Quarterly Family Meeting at Mary B's. I hope to see everyone Wednesday evening 9/21/16 @ 6:00pm for a light dinner, chance to connect and hear all about the happenings at Mary B's. Please RSVP to Lisa or Kathy @ 309-689-0418.

Towards the end of the month, we have a trip to Christ Orchard planned. Hopefully, this will be the first of many adventures to come!

Also be looking for the changes at our Salon! Judy will be coming back on board 2 days a month and Moira's schedule is now Monday and Thursday! Please contact Moira @ 696-1883 for scheduling and styling requests!

Please check the activity calendar for specific events and, please, share your ideas!



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September

930 Chaplain Services
 10a Music&Movement
 130 Mind Joggers
 2p Coffee Clatch
 3p Croquet
 4p Purposeful Stroll
 6p Movie & Popcorn

4

Labor Day
 9a History Of Labor Day
 10a Hey, I worked There!
 11a Where's Jimmy Hoffa?
 2p Party, Music by Rich Gilmore

5

930 Current Events
 10a Scenic Drive
 1030 Missy & Margaret
 130 Exercise
 2p Veggies & Dip
 330 Strollers Club
 4p Balloon Ball
 6p I Love Lucy

6

9a Communion
 930 Current Events
 10a Touch & Textiles
 11a PotHolder
 2p Cottage Cheese & Peaches
 3p Color Dice
 6p Relaxing Music

7

930a Current Events
 10a Logo Game
 11a Bread Making
 130 Exercise
 2p Flower Craft partII
 3p Bread Eating!
 6p Bible Study

8

9a Current Events
 930 Parachute
 10a Kickball
 11a Devotionals
 130 Exercise
 2p Chocolate Malts
 3p Lifeskills
 6p Evening Social

9

930a Current Events
 10a Scattegories
 11a Strollers
 130 Exercise
 2p Finish A Phrase
 3p Cheese & Crackers
 7p Lawrence Welk

10

Grandparent's Day
 930 Chaplain Services
 1030 Stories
 11a Exercise
 2p Grandparent's Day Reception
 6p Movie & Popcorn

11

9a Current Events
 930 Parachute
 1030 Fruit Salad
 1130 In The Garden
 130 Kickball
 2p Finish The Phrase
 3p Sensory Fun
 6p Evening Social

12

930 Current Events
 10a Scenic Drive
 1030 Missy & Margaret
 130 Chair Dance
 2p Decorating Cookies
 330 Door to Door Delivery
 6p Johnny Carson

13

9a Communion
 930 Current Events
 10a In The Garden
 11a Dominoes
 1:30 Exercise
 2p Fruit Smoothies
 3p Target Practice
 6p Relaxing Music

14

930a Current Events
 10a Name That Tune
 11a Music&Movement
 130 Exercise
 2p Chips & Dip
 3p Big Band Memories
 6p Bible Study

15

50's Day
 10a Remembering the 50s
 11a Devotionals
 1p Car Quiz
 2p Party w/ETC Band
 4p Sunroom Group

16

930a Current Events
 10a Drive Downtown
 130 Exercise
 2p Painting
 3p Surprise Snack
 7p Lawrence Welk

17

930 Chaplain Services
 10a Music&Movement
 130 Kickball
 2p Coffee Clatch
 3p Painting w/ H2O
 330 Putting Practice
 6p Movie & Popcorn

18

930 Crockpot Creations
 1030 Mind Joggers
 11a Sing along
 130 Exercise
 2p White Bean Stew
 6p Folding & Tidying

19

930 Current Events
 10a Scenic Drive
 1030 Missy & Margaret
 130 Parachute
 2p V8 & Celery
 330 Reminiscing
 6p I Love Lucy

20

9a Mass @ The House
 10a Baking Bread
 11a Leading Ladies
 1p Excerise
 2p Leading Men
 3p Eating Bread
 6p Family Council

21

930a Current Events
 10a 20 Questions
 11a Model Cars
 1p Exercise
 2p What's In The Box
 3p Juice
 6p Relaxing Music

22

9:30a Current Events
 10a Balloon Ball
 11a Devotionals
 130 Exercise
 2p Birthday Party
 3p Manicures
 6p Soda pop

23

930a Current Events
 10a Scattegories
 11a Strollers
 130 Exercise
 2p Painting
 3p Cheese & Crackers
 7p Lawrence Welk

24

930 Chaplain Services
 10a Music&Movement
 130 Scattegories
 2p Coffee Clatch
 3p Dominoes
 330 Bags Game
 6p Movie & Popcorn

25

9a Current Events
 930 Parachute
 1030 Flower Quiz
 11a Sing along
 130 Exercise
 2p Faux Cocktails
 3p Fashion Trends
 6p Reading Aloud

26

930 Current Events
 10a Christ Orchard
 1030 Missy & Margaret
 130 Exercise
 2p Apple Slices
 330 Autumn Leaves
 6p Johnny Carson

27

9a Communion
 930 Current Events
 10a Touch & Textiles
 11a Imagine
 1p Exercise
 2p Cheese & Crackers
 6p Relaxing Music

28

9a Current Events
 930 Mind Joggers
 11a Bags Game
 130 Exercise
 2p Fruit Salad
 3p Tidying Up
 6p Bible Study

29

9:30a Current Events
 10a Balloon Ball
 11a Devotionals
 130 Exercise
 2p Snacks
 3p Hand Massages
 6p Soda pop

30

