

Happy Birthday!

A wish for lots of birthday fun, To last until the day is done. Hoping that all your wishes come true, and your birthday cake is as sweet as you!

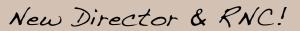
This month we will celebrate the birthday of: Jolene P. - August 2 Virginia Y. - August 10 John A. - August 12

Joan W. - August 31



From Our Life Enrichment Coordinator

Red, White & Blue Fun! New Director & RNC!











We are very excited to announce that Seth Ickowitz is our new Director! Seth has been our Assistant Director for the last year and a half. Marcia Baldridge has been our back-up Resident Nurse for the last year and now will be moving into a full-time position as our Resident Nurse Coordinator. Please help me welcome them into their new roles!

Thank you to all those who responded to our Happiness Survey via text message! These will be sent out on the first business day of each month. If you have not given your email address and cell phone number to me, please do so ASAP so you can stay up to date with all the latest Bickford news and see photos of our fun activities. Please email me at bi ckfordactivities.iowac ity@gmail.com with your info.

Thanks!

~Harmony



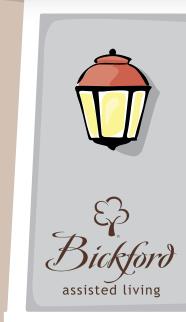
Goodbye from Ali & Tami

It is with mixed feelings that I write this note to let you know I will be leaving of the month to become the RNC in our Marion branch. It saddens me to be leaving however, after welcome many making a two hour years, I am pretty excited about a 50 minute commute and new challenges. There residents and learn are not enough words to explain what all of you have meant to me, so all I will say is thank you for the memories and letting me be a part of your lives!

As I leave Bickford to pursue an exciting new career path, outside of health my position at the end care, know that I will sincerely miss my Bickford family. I have truly appreciated the opportunity to wonderful residents commute for over five and their families in to Bickford over the vears. It has been an honor to care for our from their Life Song stories. I wish you all the very best.

> Thank you for sharing yourselves with me these past six years.















Rio Olympics!

9a Garden Club

10a Morning Stroll

11a Coloring Club

3p Cubs Baseball

4p Porch Pals

1p Saturday Cinema

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Happy Bday Jolene! Nat'l Ice Cream Sandwich Day! 9:30a Live 2B Healthy **Exercise Class** 10:30a Sweets & Stories with Sally 2p surPRIZE BINGO! 2

9:30a Live 2B Healthy

Rio Olympics!

Exercise Class

10:30a Sweets &

Stories with Sally

2p surPRIZE BINGO!

Salon Day! 9:30a Manicures & Hand Massages 11a Mileage Club 1:20p Cubs Baseball 2p Church Service with Les & Grace 4p Fun with Autumn 3

Happy Bday Virginia!

10a Cowboy Crafts

2p Wild West BINGO!

3p Live Country Music

5:30p Make S'mores 10

11a Horseshoes

by Dave Allen!

Western Day!

9:30a Live 2B Healthy Exercise Class 10a Catholic Communion 11a Garden Club 2p surPRIZE BINGO! 3p Patrick's Slides 4p Walk & Talk

9:30a Live 2B Healthy

Rio Olympics!

Exercise Class

10:30a Porch Pals

11a Garden Club

1p Midweek Movie

3p Patrick's Slides

4p Walk & Talk

Rio Olympics Begin! 9:30a Porch Pals 10a Garden Club 11a Let's Play Uno! 2p "Feel Good Friday!" Happy Hour & Games 4p Courtyard Chat 6p Friday Night Flick 5 Happy Bday John!

Silver Games Day!

9:45a Marching Band

10a Opening Parade

Games Begin!

Games!

7p Welk Fan Club **Rio Olympics!** 9a Garden Club 10a Morning Stroll 11a Coloring Club 1:20p Cubs Baseball 3p Saturday Cinema 4p Porch Pals

9a Leave for the Silver 10:30a Let the Silver 7p Welk Fan Club

Nat'l Friendship Day! 9a Coffee & Cards 10a Walk & Talk 11a Let's Go Bowling! 2p Church Service 3p Cubs Baseball 4p Courtyard Chat 6p Sentimental Songs

10a Communion w/ First United Methodist 11a Craft Corner 2p Live Piano Music! 3p Council Meeting 4p Monday Milkshakes Rio Olympics! 9a Morning Massages

3p Monday Milkshakes

4p Bistro Buds

7p Cubs Baseball

9:30a Porch Pals

Rio Olympics!

3p Bible Stories 4p Garden Club National Joke Day! 9:30a Live 2B Healthy **Exercise Class** with Melissa! 10:30a Sweets & 10a Porch Pals Stories with Sally 11a Garden Club 2p surPRIZE BINGO! 2p Live Piano Music!

Salon Day! 9:30a Manicures & Hand Massages 11a Mileage Club 1:20p Cubs Baseball 2p Church Service 5:30p Family Council Meeting

Rio Olympics! 9:30a Live 2B Healthy **Exercise Class** 10:30a Porch Pals 11a Garden Club 2p surPRIZE BINGO! 3p Patrick's Slides 4p Walk & Talk

9a Cath. Communion 9:30a Porch Pals 10a Garden Club 11a Dominoes 2p "Feel Good Friday!" Happy Hour & Games 4p Furry Friend Friday **Rio Olympics!** 9a Garden Club 10a Morning Stroll 11a Coloring Club 1p Saturday Cinema 3p Scrabble Time 4p Porch Pals 7p Welk Fan Club

2p Church Service 3p Cubs Baseball 4p Courtyard Chat 6p Sentimental Songs4

11a Let's Go Bowling!

Rio Olympics!

9a Coffee & Cards

10a Walk & Talk

Senior Citizen Day! Rio Olympics! 9a Coffee & Cards 9:30a Porch Pals 10a Walk & Talk 10a Garden Club 11a Let's Go Bowling! 11a Craft Corner 2p Church Service 2p Live Piano Music! 3p Cubs Baseball 3p Monday Milkshakes 4p Courtyard Chat & Music! 6p Sentimental Songs²¹

Rio Olympics! 9:30a Live 2B Healthy **Exercise Class** 10:30a Sweets & Stories with Sally 2p surPRIZE BINGO! 3p Bible Stories 4p Garden Club

3p Bible Stories

4p Garden Club

Salon Day! 9:30a Manicures & Hand Massages 11a Mileage Club 2p Church Service with Les & Grace 4p Fun with Autumn 6p Card Club

Rio Olympics! 9a Cath. Communion 9:30a Live 2B Healthy **Exercise Class** 10:30a Porch Pals 11a Garden Club 2p surPRIZE BINGO! Nat'l Popsicle Day! 9:30a Porch Pals 10a Garden Club 11a Let's Play Uno! 2p "Feel Good Friday!" Happy Hour & Games 3p Cubs Baseball 4p Courtyard Chat 6p Friday Night Flick 6 7p Welk Fan Club 27

Rio Olympics! 9a Garden Club 10a Morning Stroll 11a Coloring Club 1p Saturday Cinema 4p Porch Pals

Rio Olympics!

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Rio Olympics! 9:30a Porch Pals 10a Garden Club 11a Craft Corner

4p Bistro Buds

2p Live Piano Music! 3p Monday Milkshakes 4p Bistro Buds 7p Cubs Baseball

Rio Olympics! 9:30a Live 2B Healthy Exercise Class 10:30a Sweets & Stories with Sally 2p surPRIZE BINGO! 3p Bible Stories 4p Garden Club

Happy Birthday Jo! Salon Day! 9:30a Manicures & Hand Massages 11a Mileage Club 2p Church Service with Les & Grace 4p Fun with Autumn 3

August