



**SPOTLIGHT OF THE MONTH FOR JULY....
 NATIONAL CNA WEEK (JUNE 12TH-17TH)**
 Thanks to all of our CNA's at Bickford for their hard work and dedication daily. We all appreciate them and everything they do, from daily cares to hugs and special Moments of Happiness and Joy they give everyone. Bickford is about Enriching Happiness in the lives of our residents and thanks to all of the (BFM's) Bickford Family Members for making this possible.



HAPPENINGS AT LINCOLN BICKFORD
Father's Day BBQ June & July



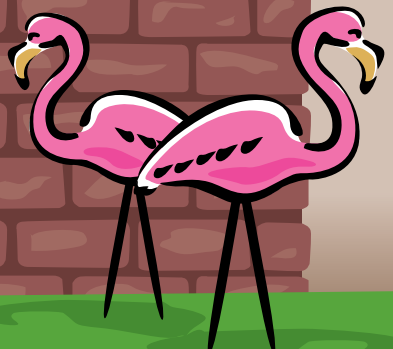
Pictures on left are from the Father's Day BBQ in June. Got some great smiles and everyone seemed to have a great time. We also celebrated National CNA Week in June with a some prizes for the Bickford Family Members. Some prizes included a pie in the face to our Director, Renee and Asst. Director, Aundrea. Of course it was all in fun and the CNA's all enjoyed it and thanks to Aundrea and Renee for being such good sports!!

In the month of July we had an outing for lunch to the Lincoln Race Track and an outing for ice cream. We celebrated National Ice Cream Day, Italian Day with a wine and cheese party. Also we have continued with our monthly Pajama Party with Candy and Nicole and it has been a very big hit, so we will continue to have it and our weekly coffee club that is also a big hit. In July we celebrated Fun in the Sun with Royal Hawaii Hula and kids from Montessori School.

ALZHEIMER'S

On August 18th from 2-3 we will be having a Alzheimer's fundraiser. We will be having a Ice Cream Bar Social & Fold Music by Bill Behmer & Gwen Meister for \$5.00 per person and we will also be selling T-Shirts with proceeds going towards Alzheimer's Org. Alzheimer's Walk will be on Sunday September 18th @1pm at Holmes Lake. If you would like more info on any of this please see Renee , Aundrea or Teresa.

Alzheimer's Disease is the 6th Leading Cause of Death in the United States. More than 5 Million Americans are living with Alzheimer's. In 2016, Alzheimer's and other Dementia's will cost the nation \$236 Billion. The number of Americans living with Alzheimer's disease is growing- and growing fast. By 2050, the number of people age 65 and older may nearly triple, barring the development of medical breakthroughs to prevent or cure the disease. Join the Cause and Walk to End Alzheimer's.





RESIDENTS AUGUST BIRTHDAYS

- PAM TURNER** 8/9
- ART BOSSARD** 8/18
- VIOLA WOHLEB** 8/24
- ELLA SCHAMP** 8/27

9:45 Morning Stretches
 10:30 August Trivia/
 History of Dolls
 1:30 Manicures
 6:30 Dominoes

1

9:45 Coffee Club
 10:30 Lucille Ball &
 Clowning Around Trivia
 2:00 Bingo w/Nan &
 Diane
 6:30 Sylvia Griffith

2

9:45 Exercise Video
 10:30 **Outing to UNL Stadium**
 2:00 **Music "Old Time Music"**
 6:00 Movie "Elvis-Viva Las Vegas"

3

9:45 Did You Know?
 10:00 Chapel Services
 2:00 Fun w/Food
 "International Beer Day"
 6:30 Bingo w/Pam

4

9:45 Food Council Meeting
 10:00 Catholic Comm
 10:30 Yoga w/Anita
 1:30 **Resident Shopping**
 2:00 Movie & Popcorn
 6:30 Bowling

5

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Scrapbooking
 6:30 Cutting the Mustard

6

10:00 Joel Olsteen
 Lakewood Church(ch 9)
 10:30 Devotions
 10:30 Catholic Comm
 2:00 **Kent Evans**
 6:30 Classic TV "The Doris Day Show" (H)

7

9:45 Morning Stretches
 10:30 Capital Humane Society Pet Therapy w/Toni
 1:30 Manicures
 6:30 Dominoes

8

9:45 Coffee Club
 10:30 Rio & Olympics Trivia
 2:00 Bingo w/Pam
 6:30 **Just Us**

9

Western Day
 9:45 Balloon Toss
 10:15 Elvis Week
 10:30 Potato Peeling
 2:00 **Music "Spotted Horse"**
 6:00 Movie "Elvis-Flaming Star"

10

9:45 Did You Know?
 10:00 Chapel Services
 2:00 Fun w/Food
 "Crisco Day"
 6:30 Bingo w/Pam

11

9:45 Name That Tune
 10:30 Yoga w/Anita
 2:00 Movie & Popcorn
 6:30 Kool Aid Day & Pajama Party

12

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Monthly Birthday Party w/Dick Patterson
 6:30 Trail Mix Month

13

10:00 Joel Olsteen
 Lakewood Church(ch 9)
 10:30 Devotions
 10:30 Catholic Comm
 2:00 Crafts
 6:30 Classic TV "The Doris Day Show" (H)

14

9:45 Morning Stretches
 10:30 Trivia
 11:30 **Outing for Lunch**
 1:30 Manicures
 6:30 Dominoes

15

9:45 Coffee Club
 10:30 Reminiscing
 2:00 Bingo w/Nan & Diane
 6:30 **Just Us**

16

9:45 Balloon Toss
 10:15 Trivia
 2:00 **Music "The Rockenbachs"**
 6:00 Movie "Elvis-Clambake"

17

9:45 Did You Know?
 10:00 Chapel Services
 2:00 **Alzheimers Fund Raiser "Ice Cream Bar Social w/Music by Bill Behmer & Gwen Meister"**
 6:30 Bingo w/Pam

18

9:45 Name That Tune
 10:30 Yoga w/Anita
 2:00 Movie & Popcorn
 6:30 Bowling

19

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Card Making
 6:30 Happy B-Day Lemonade (Lemonade & Trivia in the Courtyard)

20

10:00 Joel Olsteen
 Lakewood Church(ch 9)
 10:30 Devotions
 10:30 Catholic Comm
 2:00 Ice Cream Social
 6:30 Classic TV "The Doris Day Show" (H)

21

9:45 Morning Stretches
 10:30 Capital Humane Society Pet Therapy w/Toni
 1:30 Manicures
 3:15 **Resident Council Meeting**
 6:30 Dominoes

22

9:45 Coffee Club
 10:30 Gene Kelly Trivia
NOON Resident Choice Meal
 2:00 Bingo w/Pam
 6:30 **Just Us**

23

9:45 Balloon Toss
 10:15 Happy B-day Potato Chip
 10:30 Potato Peeling
 2:00 **Music "The Clefs"**
 6:00 Movie "Elvis-Paradise Hawaiiin Style"

24

9:45 Did You Know?
 10:00 Chapel Services
 2:00 Fun w/Food
 6:30 Bingo w/Pam

25

9:45 Name That Tune
 10:30 Exercise Video
 2:00 Movie & Popcorn
 6:30 Bowling

26

9:45 Weightlifting
 10:30 Spelling Bee
 2:00 Crafts
 6:30 Banana Lovers Day

27

10:00 Joel Olsteen
 Lakewood Church(ch 9)
 10:30 Devotions
 10:30 Catholic Comm
 2:00 Ice Cream Social
 6:30 Classic TV "The Doris Day Show" (H)

28

9:45 Morning Stretches
 10:30 Lemon Juice Day
 1:30 Manicures
 6:30 Dominoes

29

9:45 Coffee Club
 10:30 Reminiscing
 2:00 Bingo w/Nan & Diane
 6:30 **Lois Rood**

30

9:45 Balloon Toss
 10:15 National Dog Day
 10:30 Potato Peeling
 2:00 **Music "Bill Chrastil"**
 6:00 Movie "Elvis-GI Blues"

31

August

BFM's Birthdays

- HEATHER GETTNER 8/10
- CARLA GAUCHAT 8/19
- LAURIE HENN 8/22
- SONDRA BOHMONT 8/24
- AUTUMN SCHWANDT 8/26
- CHRISTINA LEGGETT 8/1
- KAYLEE VCULEK 8/8