

March Fun Facts...

-Birth Stone: Aguamarine and Bloodstone

-Birth Flower: Daffodil (Narcissus) It was believed that bad luck would occur if a single daffodil was taken into a home and the best way to avoid such misfortune was to give a full bouquet as a present and the household would be filled with good luck.

- -Zodiac: Feb 19-March 20 =Pisces; March 21-April =Aries
- -March was the first month of the year until the Gregorian calendar began to be used in 1752.
- -Famous March Birthdays: 1/1 Glenn Miller; 3/11 Lawrence Welk; 3/14 Albert Einstein; 3/23 Joan Crawford; 3/29 Cy Young; 3/30 Vincent Van Gough

-Resident March Birthdays: Barb M. (3/4); Laura W. (3/18); Phyllis N. (3/28)



It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade. ~Charles Dickens, Great Expectations

New Faces:
Welcome new
residents:
Lois H.
Ken T.
Maria C.
We are very happy to

have you here with

us!

Welcome new BFM's:
Dorothy S.- CNA
Jessica B.- CNA
Charlene M.- CNA
Our new volunteer,
Glenn R. leads a
weekly 'Sync 4 Life'
group. It is a mix of
meditation,
aromatherapy, and
syncronized

movement.





March Special Theme Days and Musical **Entertainments** Highlights: March 2- Music by Jill Hayman Aponte @ 2pm March 9- Casino Fun Theme Day March 17- St. Pat's Party with music by Ken and Mark March 22-Resident Birthday Party with music by J.T. Trimmel March 27: Easter

Sunday



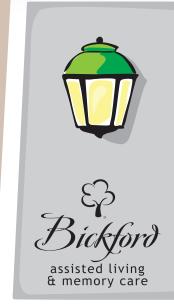
Attention Residents and Families: The Indiana Primary Election is May 3. If you are interested in voting in this year's election, see Slavica in the Activity Room to get registered. Previous address is needed, so please have that available in order to update your registration. We plan to have the Travel Voting Board visit Bickford for residents interested in voting.



We are getting closer and closer to kissing this cold weather goodbye!! March means spring is on it's way, and we can soon enjoy warmer and longer days! March is a good time to begin the spring decluttering process in your home. Here are some tips to help you get started.



- 1. Sort all your 'miscellaneous' items into three boxes: 'To keep', 'To get rid of', and 'Undecided'.
- 2. Find appropriate spaces for the items you want to keep.
- 3. Donate unwanted items to charity, sell online, or recycle them. It may help to know that they will get a new lease on life somewhere else.
- 4. For items you are unsure about, store it away in a box for six months. If you need to break into the box to reclaim an item, it means that you need it -if after six months, you haven't touched any of the items, give them away!















10:15a Devotion &

10:45a Communion

1:15p Pinochle Club

Daily Chronicles

10:30a Wheel of

11a Hot Potato

Fortune

2p Bingo



10:30a Game w/Linda

6p Friday Night Movie

10:15a Devotion &

Daily Chronicles

11a Sync 4 Life

and Popcorn

Social

3p Rootbeer Float



Sign up for outings ahead of time! Sign up sheet is in activity room.

Activities are subject to change!

March

10:30a Colored Pencil 2p Dominoes 3p Play Rummy Game Basket in Bistro

10:15a Devotion & **Daily Chronicles** 10:30a Category Game 11a Exercise 2p Women's History Game w/Megan 3p Shopping Outing

10:15a Devotion & **Daily Chronicles** 10:30a Finish the Phrase w/Linda 11a Balloon Volleyball 11:30a Lunch at Pappas Island 3p Bunco

10:15a Devotion & **Daily Chronicles** 10:20a Bingo w/Linda 11a Balloon Volleyball 3p Residents Lead **Dominoes**

10:15a Devotion &

Daily Chronicles

11:30a Lunch at

w/Linda

Applebee's

3p Bunco

10:30a Guess Who

11a Balloon Volleyball

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10a Bible Study 11a Exercise 2p Musical **Entertainment by Jill** Hayman Aponte 6p Movie Night

Casino Fun 10a Bible Study 11a Exercise 11:30a Rosary 2p Casino Games w/Megan 6p Movie Night

10a Bible Study

11a Exercise

w/Megan

11:30a Rosarv

6p Movie Night

10a Bible Study

11a Exercise

11:30a Rosarv

2p Easter Placemats

2p St.Pats Trivia Game

and Making Bookmarks

3p Stories for Seniors

10:15a Devotion & **Daily Chronicles** 10:30a Hangman 10:45a Communion 11a Hot Potato 1:15p Pinochle Club 2p Bingo

St. Patrick's Day

10:15a Devotion & Daily Chronicles 10:30a Hangman w/Linda 11a Sync 4 Life 2:30p Resident Council 3:00p Happy Hour 6p Friday Night Movie 11 and Popcorn

10:15a Devotion & **Daily Chronicles** 10:30a Bingo w/Linda 11a Sync 4 Life 1:15p Food Committee 2p Ice Cream Social 6p Friday Night Movie and Popcorn

Good Friday 10:15a Devotion & **Daily Chronicles** 10:30a Linda's Pick 11a Sync 4 Life 2p Happy Hour 6p Friday Night Movie and Popcorn

9:30a Worship Service - Bistro 10:30a BFM's Choice 2p Armchair Travels-Video on Big Screen Game Basket in Bistro

Daylight Savings Time Begins-Spring Forward! 10:30a Group Crossword 2p Dominoes 3p Play Pinochle Game Basket in Bistro

Palm Sunday

Spring Begins!

2p Dominoes

3p Play Rummy

10:30a Word Search

Game Basket in Bistro

10:15a Devotion & Daily Chronicles 10:30a Hangman 11a Exercise 2p Apples to Apples Game and Caramel **Dipped Apples** w/Megan

10:15a Devotion & **Daily Chronicles** 10:30a Word Search 11a Exercise 2p Flower Cookie Decorating w/Megan 3p Shopping Outing

10:15a Devotion & **Daily Chronicles** 10:30a True or False w/Linda 11a Balloon Volleyball **2p Resident Birthday** Party w/music by JT **Trimmel**

and Egg Decorating w/Megan 6p Movie Night

10a Bible Study 11a Exercise 11:30a Rosary 2p Lucky Duck Game w/Megan 6p Movie Night

10:15a Chronicles 10:30a Wheel of **Fortune** 10:45a Communion 11a Hot Potato 2p St. Pat's Party w/Music by Ken & 17 Mark 10:15a Devotion & Daily Chronicles 10:30a Hangman

10:45a Communion 11a Hot Potato 2p Bingo

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10:15a Devotion & **Daily Chronicles** 10:30a Wheel of Fortune 10:45a Communion 11a Hot Potato 2p Bingo

9:30a Worship Service - Bistro 10:30a BFM's lead **Balloon Toss** 2p Armchair Travels-Video on Big Screen Game Basket in Bistro

9:30a Worship Service - Bistro 10:30a BFM's Choice 2p Armchair Travels-Video on Big Screen Game Basket in Bistro

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9:30a Worship Service - Bistro 10:30a BFM's lead **Balloon Toss** 2p Armchair Travels-Video on Big Screen Game Basket in Bistro 26

Salon is open on Thursdays and Fridays Sign up to get your hair done!

Easter 10:30a Easter Crossword 2p Dominoes 3p Play Rummy Game Basket in Bistro

10:15a Devotion & **Daily Chronicles** 10:30a Trivia Time 11a Exercise 2p Candy Ball with Megan

10:15a Devotion & **Daily Chronicles** 10:30a Chat w/Linda 11a Balloon Volleyball 11:30a Lunch at Outback 3p Bunco

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