

**2015 BICKFORD FAMILY PARTY  
BLUE CHRISTMAS WITH ELVIS**

**DATE:** Friday, December 11th

**TIME:** 7:00pm

**WHERE:** Fireside Room-Hot  
appetizers & drinks provided!

RSVP: Call or use sign-up sheets provided in facility!

*Muscatine*  
**HAPPENINGS**

DECEMBER 2015

Meet our New  
Director of Bickford  
Senior Living  
Muscatine: Barbara  
Stalkfleet...

Hello Bickford Family  
Members! I am so  
excited about  
spending time with  
all of you this month  
preparing for and  
enjoying this Holiday  
Season. I want to  
encourage all of you  
to stop and say,  
hello, to me and help

me get acquainted  
with you and your  
loved ones. Let's all  
celebrate a very  
Merry Christmas and  
a Happy New Year,  
2016, together.  
Please don't forget to  
sign-up the number  
of people who will be  
attending our  
Christmas Party on  
December 11th and  
be entertained by  
our "ELVIS"  
impersonator! This  
will be a great social  
gathering where I  
will be able to meet  
each and every one  
of you! Enjoy the  
Holiday Season.  
Barbara R.  
Stalkfleet, Director,  
Bickford - Muscatine.



**FREE**

Christmas-Family  
Portraits  
TIME: 10am-2pm  
DATE: 12/11/15  
\*You must sign-up  
@ the front lobby  
or nurses station.  
Appointment  
sheets provided.

**CHRISTMAS DAY  
HOLIDAY MEAL**

Please RSVP if you  
will be joining your  
loved one on  
Christmas for  
lunch! Nothing  
pleases us more  
than to see you  
here!! See sign-up  
sheet or call!

Just a reminder to  
all Friends & Family  
of Bickford Senior  
Living. Christmas  
can be a difficult  
time for some of our  
loved ones. Please  
encourage them to  
participate in our on-  
going events over  
the Holidays. We  
will have numerous  
crafts, musical  
events, baking and  
special events taking  
place here during  
this special time of  
the year! We also  
have Chaplain's  
available if you  
believe your loved  
one could use extra  
emotional support!

**SAFETY REMINDERS**

Winter can be  
beautiful, however,  
it can be challenging  
because of our good  
ole midwest frigid  
temps. Breathing in  
cold air can make it  
difficult to breathe  
and also aggravate  
arthritis. Ice and  
snow are also risk  
factors for falls.  
Please be careful  
when visiting and  
when taking loved  
ones home, shopping  
or out to  
appointments! We  
want to see everyone  
healthy throughout  
the snow & ice  
season!



# DECEMBER BIRTHDAYS

- Donald G. 12/31
- Ed K. 12/18
- Norma H. 12/31

## "THIRSTY THURSDAY"

**TIME:** 2:00pm  
**WHERE:** Fireside Room  
**WHAT:** Music w "Dale"  
 Coffee & Christmas Goodies following the show!



# December

S	M	T	W	T	F	S
<p>Mike Bales-Lead Chaplain 607-0020 Al Halpain 554-7477</p>	<p>9:00am YMCA 11:00am-3:00pm <b>HOLIDAY DECORATING ALL DAY!</b> 1</p>	<p>10:00 EXERCISE 11:00am-3:00pm <b>HOLIDAY DECORATING ALL DAY!</b> 2</p>	<p>9:00am EXERCISE 10:00am "BIBLE STUDY" 11:00am "FINISH" <b>HOLIDAY DECORATING</b> 3</p>	<p>9:00am YMCA 10:00 STARBUCKS &amp; XMAS GOODIES 11:00 XMAS CRAFTS 1:30pm Christmas Music with "TOM" 3:00pm BINGO 4</p>	<p>10am Current Events CNN/HGTV 1:30pm MOVIE MATINEE 7pm Lawrence Welk PBS 5</p>	<p>10am Current Events CNN/HGTV 1:30pm MOVIE MATINEE 7pm Lawrence Welk PBS 5</p>
<p>10:00am COFFEE CHAT Chapel: Chaplain AL@1:00pm 7pm TMC MOVIES 6</p>	<p>10:00am EXERCISE 11:00am "LIBRARY CHAT" w JENNY 2:00pm "Christmas" BEACON-BINGO 6:00pm "SWEET ADELINE'S" 7</p>	<p>10:00am Bible Study 11:00am EXERCISE 2:00pm HOLIDAY BAKING 3:00 CRAFTING CHRISTMAS CARDS &amp; ADDRESSING! 8</p>	<p><u>Winter Festival</u> 10:00 "BLIZZARD" EXERCISE 11:00 STORM TRIVIA 2:00 "WINTER WONDERLAND" ACTIVITIES! 9</p>	<p>10:00am EXERCISE 11:00 "STARBUCKS" Christmas Corner 2:00pm Thirsty Thursday w "DALE" 2:30pm BIBLE STUDY W "AL" 10</p>	<p>10:00am EXERCISE 10:00am Jewelry Booth and Free Photo's all day! 7pm "BLUE" FAMILY CHRISTMAS PARTY &amp; ELVIS!! 11</p>	<p>10am Current Events CNN/HGTV 1:30pm MOVIE MATINEE 7pm Lawrence Welk PBS 12</p>
<p>10:00am COFFEE CHAT Chapel: Chaplain Mike@1:00pm 7pm TMC MOVIES 13</p>	<p>10:00am EXERCISE 11:00am "CRAFTS" 2:00pm MANICURES, MAKE-UP &amp; MOVIE 3:00pm "BINGO" 14</p>	<p>9:00am YMCA 10:00 "CURRENT EVENTS" &amp; XMAS COFFEE CAKE 2:00pm BOOK NOOK &amp; HOT CHOCOLATE 3:00 "BAKING" 15</p>	<p>10:00pm EXERCISE 11:00pm JEWELRY MAKING 1:00pm CRAFTING &amp; BAKING FOR GIFTS 3:00pm "BINGO" 16</p>	<p>10:00am "BIBLE STUDY" 10:00am EXERCISE 11:00am BAKING 1:00am Christmas CRAFTING all day! 17</p>	<p>10:00am EXERCISE 11:00am Catholic S 1:00pm BAKING 2:00pm "THAT DRUMMER GUY" STEVE MORRIS 3:00pm "BINGO" 18</p>	<p>10am Current Events CNN/HGTV 1:30pm MOVIE MATINEE 7pm Lawrence Welk PBS 19</p>
<p>10:00am COFFEE CHAT Chapel: Chaplain AL@1:00pm 5pm Howdies 4-H Christmas! 20</p>	<p>10:00am EXERCISE 11:00am Christmas Crafting 1:00 BAKING 2:00 MUSIC WITH "TERRY STONE" 3:00 "BINGO" 21</p>	<p>10:00am Bible Study 11:00am EXERCISE 1:30pm Music with the RETZEL'S 2:30pm "BINGO" with HOMEBOUND 3:30 CRAFTS 22</p>	<p>10:00am EXERCISE 11:00am "Wrapping" 1:00pm HOLIDAY MUSIC W "KAREN" 2:30 -MATINEE- "HOME ALONE" &amp; EGG NOG 23</p>	<p><u>CHRISTMAS EVE</u> 10:00am EXERCISE 11:00am Christmas Coffee &amp; Reminisce 2:00pm MATINEE "ELF" &amp; FUDGE 24</p>	<p><u>MERRY CHRISTMAS</u> 10:00am EXERCISE 2:00pm MATINEE: "A CHRISTMAS STORY" 3:00pm HOT CHOCOLATE &amp; GOODIES 25</p>	<p>10am Current Events CNN/HGTV 1:30pm MOVIE MATINEE 7pm Lawrence Welk PBS 26</p>
<p>10:00am COFFEE CHAT Chapel: Chaplain Mike@1:00pm 7pm TMC MOVIES 27</p>	<p>10:00am EXERCISE 11:00am MANICURES 3:00pm "BINGO" AND EGG NOG 4:00 "NATHAN" AND HYMNS/KEYBOARDS 28</p>	<p>10:00am EXERCISE 11:00am CURRENT EVENTS 3:00pm MATINEE, POPCORN &amp; SODA 5:30pm Dementia Support Group 29</p>	<p>10:00am EXERCISE 11:00am "TABLE GAMES" 3:00pm "BINGO" 4:00 STARBUCKS &amp; COOKIES 30</p>	<p><u>"NEW YEARS EVE"</u> 10:00am EXERCISE 11:00am DONUTS 1:00pm "MUSICAL" 4:00 "APPETIZERS" &amp; TOAST THE NEW YEAR 2016 31</p>	<p>2016 <u>"NEW YEARS DAY"</u> 10:00am EXERCISE 11:00am MUFFINS 3:00pm "BINGO" 6:00pm MOVIE, POPCORN &amp; SODA</p>	