



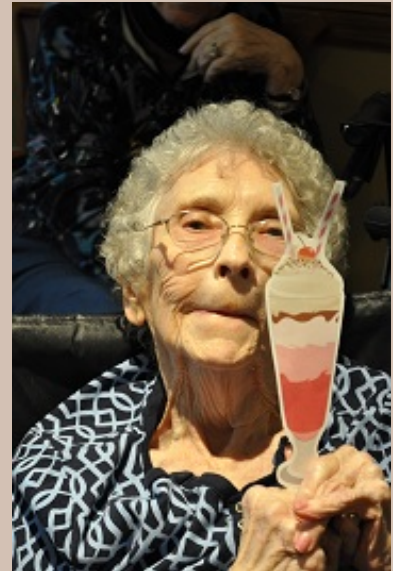
"Rocking around Bickford"

Karen & Dan Brownlee from Joyful Sounds

We brought the diner to Bickford with fountain drinks and onion rings.



50's Day was a BIG success. We had a Sock Hop after lunch hosted by Joyful Sounds. They really know how to throw a party. There was a lot of dancing, and everyone had a big smiles on their faces.



BFM Spotlight

Nitotsy "Tee" Nelson is our BFM Spotlight for October. We spoiled Tee with some of her favorite things; string cheese, soft caramels, and juice.

When she is not working you can find her "hanging out" with her boys. Mano is 18, and Darian is 16 years old. She has travelled all over the US with her family.

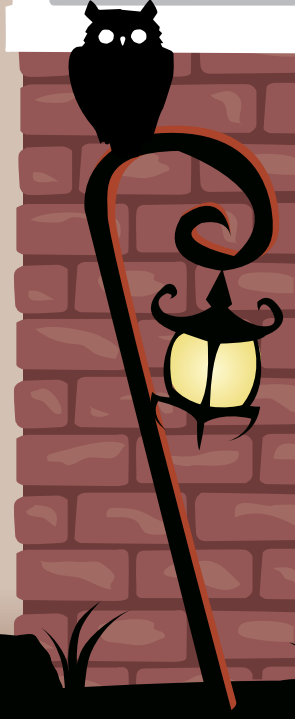
Tee started in the medical field over twelve years ago, she loves to joke with the residents and BFM's alike. Tee feels that helping people is her gift and she is very passionate about that here at Bickford.

When she needs alone time, you can find her reading a good book. Tee also loves music and singing. She has been known to take the lead a time or two in the church choir.

Tee and her sons moved from Chicago to Burlington in April 2013 so she could give them a "better life." Tee began Bickford on day shift, but now enjoys night shift.



Thanks Tee for all your hard work.





October



9a Sit & Get Fit
10a Movie
2p Chapel AL
3p Chapel Mary B's
6p Rummikub
4

9a Sit & Get Fit
10a Euchre Club
10a Manicures
10:30a Ruth Piano
12:30p Lunch Bunch
1:15 BINGO
5

Crazy Hair Day
9a Sit & Get Fit
10a Resident Council
11a Bowling
1-3p Flu Shots
1:30p BINGO
3p Mind Strength
3:30p Trivia
6

October Fest
9a Sit & Get Fit
10a Ladies Coffee
10a Men's Club
1:30p Bowling/BINGO
2p BFM Meeting
7

9a Sit & Get Fit
10a Story Time
1:30p Ron piano
2:30p Rosary
3:30p Bible Study
6:30p Tripoley Club
1

Casual for the Cause
Wear Football attire
9a Sit & Get Fit
10a Courtyard Chat
10:30a Mary Keyboard
10:30a Manicures
1:30p BINGO
2p Movie & Popcorn
2

9a Sit & Get Fit
1p Sports on TV
2p Rummikub
2:30 Movie
5:30p Gathers
7p Lawrence Welk
3

9a Sit & Get Fit
10a Movie
2p Chapel AL
3p Chapel Mary B's
6p Rummikub
11

9a Sit & Get Fit
9:30a Sweating to the Oldies
10a Euchre Club
10a Manicures
10:30a Ruth Piano
1:30p Formal tea
Mary M B-Day
12

Sit & Get Fit
11a Bowling
1:30p BINGO
3p Mind Strength
3:30p Trivia
13

9a Sit & Get Fit
10a Ladies Coffee
10a Men's Club
11a Mass
1:30p Bowling/BINGO
1:30p Walk
3p Crochet Group
14

9a Sit & Get Fit
10a Story Time
1:30p Ron piano
2:30p Rosary
3:30p Bible Study
6:30p Tripoley Clum
FIRE DRILL
15

Casual for the Cause
Wear Football attire
9a Sit & Get Fit
10a Courtyard Chat
10:30a Mary Keyboard
10:30a Manicures
1:30p BINGO
2p Movie & Popcorn
16

9a Sit & Get Fit
1p Sports on TV
2p Rummikub
2:30 Movie
5:30p Gathers
7p Lawrence Welk
17

9a Sit & Get Fit
10a Movie
2p Chapel AL
3p Chapel Mary B's
6p Rummikub
18

9a Sit & Get Fit
9:30a Sweating to the Oldies
10a Euchre Club
10a Manicures
10:30a Ruth Piano
1:30p Formal tea
19

9a Sit & Get Fit
11a Bowling
1:30p BINGO
3p Mind Strength
3:30p Trivia
20

Crazy Sock Day
9a Sit & Get Fit
10a Ladies Coffee
10a Men's Club
1:30p Bowling/BINGO
1:30p Walk
3p Crochet Group
21

9a Sit & Get Fit
10a Story Time
1:30p Ron piano
2:30p Rosary
3:30p Bible Study
6:30p Tripoley Club
22

Casual for the Cause
Wear Football attire
9a Sit & Get Fit
10a Courtyard Chat
10:30a Mary Keyboard
10:30a Manicures
1:30p BINGO
2p Movie & Popcorn
23

9a Sit & Get Fit
1p Sports on TV
2p Rummikub
2:30 Movie
5:30p Gathers
7p Lawrence Welk
24

9a Sit & Get Fit
10a Movie
2p Chapel AL
3p Chapel Mary B's
6p Rummikub
25

9a Sit & Get Fit
9:30a Sweating to the Oldies
10a Euchre Club
10a Manicures
10:30a Ruth Piano
1:30p Formal tea
26

9a Sit & Get fit
11a Bowling
1:30p BINGO
3p Mind Strength
3:30p Trivia
Darlene A B-Day
FIRE DRILL
27

9a Sit & Get Fit
10a Ladies Coffee
10a Men's Club
1:30p Bowling/BINGO
1:30p Walk
3p Crochet Group
Mary D B-Day
28

9a Sit & Get Fit
10a Story Time
1:30p Ron piano
2:30p Rosary
3:30p Bible Study
6:30p Tripoley Club
29

70's Day Dress up
Casual for the Cause
Wear Football attire
9a Sit & Get Fit
10:30a Manicures
1:30p BINGO
2p Movie & Popcorn
5:45- 7:45p Trick-or-Treat
30

Halloween
9a Sit & Get Fit
1p Sports on TV
2p Rummikub
2:30 Movie
5:30p Gathers
7p Lawrence Welk
31

