

### Fun Facts About October

- Birthstone: Opal and Pink Tourmaline
- Birth Flower: Calendula
- Zodiac: Libra (Sept 23-Oct 22) & Scorpio (Oct 23-Nov 21)
- October is Pizza, Sausage, Chili and Popcorn Month
- October was originally the eighth month of the year, comes from the Latin word 'octo' meaning 'eight'; It became the tenth month when January and February were added to the calendar.

### Famous October Birthdays:

Julie Andrews (10/1); Kelly Ripa (10/2); Chevy Chase (10/8); Luciano Pavarotti (10/12); Rita Hayworth (10/17); Annette Funicello (10/22); Pat Sajak (10/26); Henry Winkler (10/30); Dale Evans (10/31)

### Resident October Birthdays:

Rita W. (10/29); Donna V. (10/31)



Crown Point

# HAPPENINGS



October 2015

October is National Fire Prevention and Safety Month. We like to think of our homes as a safe haven.

However, it is really important to take some proactive steps in order to maintain fire safety on a daily basis.

We are including some helpful hints and reminders to help keep your home and family fire safe from fires:

1. Install smoke alarms on every level of your home, and check the batteries monthly.
2. Unplug appliances when not in use.
3. Make sure there is ample space (3 feet minimum) away from portable space heaters.

4. Position appliances carefully (ie: away from curtains and water sources).

5. Don't overload circuits or extension cords, as this could cause overheating.

6. Install a sprinkler system; it may lower your insurance rates.

7. Create an escape route and practice it with your family from every room in the house (Here at Bickford, we practice regular fire drills so that we are prepared in the event of a real fire.)

8. Be careful around the holidays, dispose of any decorations with frayed cords.

9. Clean dryer vents after each use.

Stay safe and enjoy a beautiful fall season!

"I'm so glad I live in a world where there are Octobers"  
 ~ L.M. Montgomery - Anne of Green Gables ~

To our Residents' Families: Thank you for allowing us the opportunity to care for your loved ones. We recently sent out a satisfaction survey to ensure we are maintaining your satisfaction. Please return these surveys by October 9th.

We will have a Family Council meeting next month to review the results with you and to communicate to you what we are doing to increase satisfaction based on the results. Thanks for completing the surveys. Stay tuned for more details!

**Bickford of Crown Point would like to welcome our New Residents:**

Virginia G.  
 Joyce B.  
 Mickey D.  
 Doris W.

**Welcome to our New BFM's:**

Melita B.- CNA  
 Chatice H.- CNA  
 Brittany R.- CNA  
 Dawn M.- CNA  
 Chandra G.-CNA  
 Annalicia E.- CNA

October's theme days include Oktoberfest on Oct. 7th and, of course, Halloween on Oct. 31st. We will have special activities planned that go along with these themes. Residents' families and BFM's are encouraged to bring the little ones trick-or-treating on Halloween from 2-3 p.m. here at Bickford.





All activities subject to change.

Please sign up for bus outings in advance- sign up sheet in Activity Room.

Thursdays and Fridays are Salon Days- sign up to get your hair done!

# October

10:30a BFM's Lead a Game!  
12p-Bears Game on Big Screen- CBS  
2p Residents Lead Card Game  
Game Basket in Bistro 4

10:15a Devotion & Daily Chronicles  
10:30a Big Word-Small Word  
11a Senior Stretches  
2p Water Bottle Painting  
3p Afternoon Movie 5

10:15a Devotion & Daily Chronicles  
10:30a Hangman  
11a Silver Sneakers  
11:30a Lunch at Catch  
22-sign up prior  
3p Bunco 6

**Oktoberfest**  
10a Bible Study  
11a Senior Stretches  
11:30a Rosary  
**2p Beer and Pretzels Happy Hour w/Music By Jill!!**  
6p Movie Night 7

10a Communion  
10:15a Devotion & Daily Chronicles  
10:30a Wheel of Fortune  
11a Senior Stretches  
1:15p Pinochle Club  
2p Bingo  
3:15p Shopping Trip 8

10:15a Devotion & Daily Chronicles  
10:30a Fall Craft w/Linda  
2p Resident Council  
2:30p Dominoes  
6p Friday Night Movie and Popcorn 9

9:30a Worship Service in Bistro  
10:30a Silver Sneakers  
2p Domino Club  
Game Basket in Bistro 10

10:30a BFM's Lead a Game!  
12p-Bears Game on Big Screen- FOX  
2p Residents Lead Group Crossword Puzzle  
Game Basket in Bistro 11

10:15a Devotion & Daily Chronicles  
10:30a Trivia Time  
11a Senior Stretches  
2p Wild West Shootout Game  
3p Afternoon Movie 12

10:15a Devotion & Daily Chronicles  
10:30a Mind Stretch w/Linda  
11a Silver Sneakers  
11:30a Lunch at The Outback-sign up prior  
3p Bunco 13

10a Bible Study  
10a Dementia Support Group  
11a Senior Stretches  
11:30a Rosary  
2p Game Time w/Megan  
6p Movie Night-Big Screen 14

10a Communion  
10:15a Craft Time with Donna  
11a Senior Stretches  
1:15p Pinochle Club  
2p Bingo 15

10:15a Devotion & Daily Chronicles  
10:30a Chat w/Linda  
1:15p Food Committee  
2p Happy Hour!  
6p Friday Night Movie and Popcorn 16

9:30a Worship Service in Bistro  
10:30a Silver Sneakers  
2p Domino Club  
Game Basket in Bistro 17

10:30a BFM's Lead a Game!  
12p- Bears Game on Big Screen- FOX  
2p Residents Lead Art/Coloring  
Game Basket in Bistro 18

10:15a Devotion & Daily Chronicles  
10:30a Mind Stretch  
11a Senior Stretches  
2p Play The Price Is Right! (on Big Screen)  
3p Afternoon Movie 19

10:15a Daily Chronicles  
10:30a Trivia w/Linda  
11a Silver Sneakers  
11:30a Lunch at Pappas-sign up prior  
**2:30p Resident Birthday Party w/Music by J.Jay Brook** 20

10a Bible Study  
11a Senior Stretches  
11:30a Rosary  
2p Red Hats w/Megan  
6p Movie Night-Big Screen 21

10a Communion  
10:15a Devotion & Daily Chronicles  
10:30a Word Puzzles  
11a Senior Stretches  
1:15p Pinochle Club  
2p Bingo  
3:15p Shopping Trip 22

10:15a Devotion & Daily Chronicles  
10:30a Halloween Craft  
2p Resident Choice Game  
6p Friday Night Movie and Popcorn 23

9:30a Worship Service in Bistro  
10:30a Silver Sneakers  
2p Domino Club  
Game Basket in Bistro 24

10:30a BFM's Lead a Game!  
2p Sing Along Video on Big Screen  
3p Word Search Puzzles (complete for a prize!)  
Game Basket in Bistro 25

10:15a Devotion & Daily Chronicles  
10:30a Trivia Time  
11a Senior Stretches  
2p Decorate Halloween Cookies  
3p Afternoon Movie 26

10:15a Devotion & Daily Chronicles  
10:30a Q&A w/Linda  
11a Silver Sneakers  
11:30a Lunch at Red Robin-sign up prior  
3p Bunco 27

10a Bible Study  
11a Senior Stretches  
11:30a Rosary  
2p Game w/Megan  
6p Movie Night-Big Screen 28

10a Communion  
10:15a Daily Chronicles  
10:30a Hangman  
11a Senior Stretches  
1:15p Pinochle Club  
2p Halloween Costume Party w/Music by JT Trimmel 29

10:15a Devotion & Daily Chronicles  
10:30a Linda's Choice  
2p Happy Hour!  
6p Friday Night Movie and Popcorn 30

**Happy Halloween!!**  
9:30a Worship Service in Bistro  
10:30a Silver Sneakers  
2p Your Little Ones Are Invited to Trick or Treat here!  
Game Basket-Bistro 31