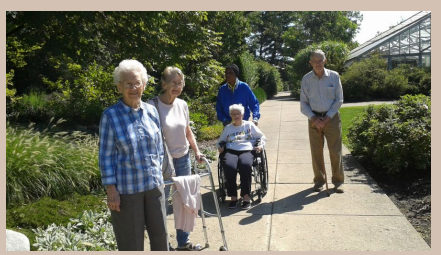
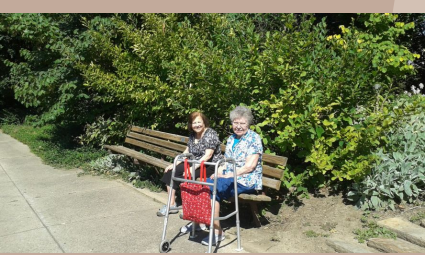




A Relaxing Afternoon at Mary B's, The Bickford Cottage!



Sharing a game and a moment with friends is one of the best things in life. It can leave a person feeling relaxed, connected, cared for, and productive. The positive, emotional memory may last much longer than the cognitive one. Here's to creating wonderful moments!



September @ The Cottage & The House

How does Art Therapy Benefit Someone with Alzheimers?

Ways to Communicate-connection with others in non-verbal ways, express thoughts & feelings, let go of negative emotions.

Improved Concentration-emphasizes abilities & develops untapped potential.

Better Behavior-calming effect, improves mood, relaxation.

Closer Relationships-when other methods of communication become difficult, art reminds caregivers of the person still there.

www.everydayhealth.com

Two very exciting events are on the calendar for this month.

First, there's the **magic show on Grandparent's Day!** *Be sure to invite all the grandkids and great-grands!* This should be a lot of fun! Then, there's our first ever **Bickford Art Show!** The talents of our residents & their families is astounding! There will be a variety of watercolors, oils, and acrylics on display as well as quilts, embroidery and other textiles. Please check the activity calendar for dates & times!



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9a Current Events
10a Bingo
11:15a Crosswords
1:30 Exercise
2p Colored Dice Game
3p Strollers Cub
6:15p Bible Study

9a Communion
10a Onxy the Dog
11a Splatty Ball
12n Appointments
1:30 Exercise
2p Yahtzee
3p Pet Stories

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p Refreshments & Music
6p Cards

9a Current Events
10:30 Dollar Store
1:30 Exercise
2p Cookie Decorating
3p Jokes & Stories
6p Board Games

9a News & Weather
11a Exercise Video
1:30p Bingo
7p The Lawrence Welk Show

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie

Labor Day
8a Appointments
1:30 Exercise
2p Current Evnts
3p Gin Rummy
6p Board Games

9a Current Events
10a Bingo
11:15a Crosswords
1:30 Exercise
2:00 Flower Craft SFW
3p Strollers Cub
6:15p Bible Study

9a Communion
10a Name That Tune
11a Ladder Ball
12n Appointmnets
1:30 Exercise
2:30p Ice Cream Sundaes

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p Strollers Club
6p Cards

9a Current Events
10:30 Brunch Club-Bob Evans
1:30 Exercise
2p Strollers Club
3p Chaplain Steve & Son

9a News & Weather
11a Exercise Video
1:30p Movie
7p The Lawrence Welk Show

Grandparent's Day
10a News & Weather
11a Exercise Video
1:15p Chaplain Services
3p Magician Michael Braswell

8a Appointments
10a Bingo-ASTA
1:30 Exercise
2p Current Evnts
3p Pass Word
6p Board Games

9a Current Events
10a Bingo
11:15a Crosswords
1:30 Exercise
2p Flu Clinic-H.B.
2:15p Wheel of Fortune
6:15p Bible Study

9a Mass
10a Riverfront Museum (Free!)
12n Appointments
1:30 Exercise
2p Chaplain Movie
6p Yahtzee

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p Resident Council
6p Cards

9a Current Events
10:30 Riverfront Stroll
1:30 Exercise
2p Music/Rich Gilmore
6p Board Games

9a News & Weather
11a Exercise Video
1:30p Movie
7p The Lawrence Welk Show

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie

8a Appointments
10a Carol Burnett
1:30 Exercise
2p Hoerr's Nursery
6p Board Games

9a Current Events
10a Bingo
11:15a Crosswords
1:30 Exercise
2p Apple Craft C.H.
3p Strollers Cub
6:15p Bible Study

9a Communion
10a Logan the Dog
11a Clue
12n Appointments
1:30 Exercise
2p Music Kathy Proffit

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p Dounuts & Java
6p Cards

9a Current Events
10:30 Scenic Drive
1:30 Exercise
2p Sept Bday Party
6p Board Games

9a News & Weather
11a Exercise Video
2:00p Art Show Reception
7p The Lawrence Welk Show

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie

8a Appointments
10a I Love Lucy
1:30 Exercise
2p Current Events
3p Man Bites Dog
6p Board Games

9a Current Events
10a Bingo
11:15a Crosswords
1:30 Exercise
2p Buzz Words
3p Strollers Cub
6:15p Bible Study

9a Communion
10a Putting Practice
11a Jokes & Stories
12n Appointments
1:30 Exercise
2p Trivia Game
3p Bag Stories

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
4p Dinner @ Bernardi's
6p Cards

September



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