

Remember to check the Daily Bread Board located in the lobby for a list activities and the menu at the start of each day.

Sometimes we have changes. The best variations are when volunteers contact us spur of the moment and offer to share their talents. We've had some great musical entertainment that way!

Of course, the unfortunate variations usually come as a result of mother nature. In July, we had to cancel an outing due to flooding and one of our therapy dogs has taken sometime off because of heat related issues. Let's hope August holds few surprises!



4th of July Memories!



The Cottage! The House!

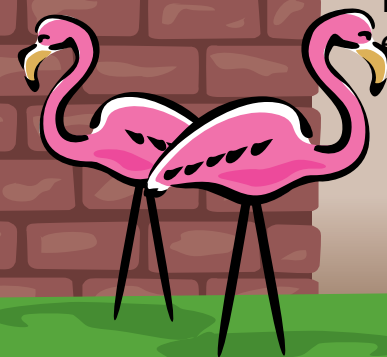
Thoughts from Mary B's:

Life Skills Activities are one of the best ways to get our residents involved in a daily routine that provides meaning and a sense of self-worth. Tasks such as folding laundry, doing dishes, gardening provide a physical connection to the past and to the purpose many felt when caring for their families, etc. The end result is not the object; but the act and the feelings/memories it evokes.

August at The House:

Story Seekers is a program I hope everyone hears about and takes advantage of! This month, The Peoria Library will help us assemble our individual family legacies, memories and stories into cohesive units. It's free and fun. Don't miss it!

There's also a unique outing planned for Doty's, a "gaming restaurant". We'll enjoy a dinner and a bit of gambling.



August



Activity Highlights at Mary B's

- Exercise
 - Chair Exercises
 - Walking
- Music
 - Sing Alongs
 - Performers
- Food/Kitchen
 - Decorating Cookies
- Life Skills
 - Too many to list!
- Bingo
- Reminiscing
 - A Day at the Beach
 - A Ride in the Country
- Sensory Games
 - The Smells of Summer

These are just a few of the great activities this month at The Bickford Cottage!

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie
30

8a Appointments
10a Movie & Popcorn
1:30p Exercise
2p Current Events
3p Strollers Club
6p Cards
31

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie
2

8a Appointments
10a **Bingo -ASTA Care**
1:30p Exercise
2p Current Events
3p Strollers Club
6p Cards
3

9a Current Events
10a Bingo
11:15 Crosswords
1:30 Exercise
2p **Craft-Kim Saint Francis Woods**
6:15 Bible Study
4

9a Communion
9:30a Coffee Clutch
10a Gin Rummy
11a Strollers Club
1:30 Exercise
2p **Paper Hopscotch**
6p Yahtzee
5

9a Shopping
10a **Western Music**
1:30 Exercise
2p Dime Bingo
3p **John Wayne**
6p Card Game
6

9a Current Events
10:30 **Scenic Drive**
1:30 Exercise
2pm **BINGO -Doty's**
6:15 Board Games
7

9a News & Weather
11a Exercise Video
1:30p Bingo - Free Prizes
7p The Lawrence Welk Show
8

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie
9

8a Appointments
10a Movie & Popcorn
1:30 Exercise
2p Current Events
3p Strollers Club
6p Cards
10

9a Current Events
10a Bingo
11:15 Crosswords
1:30 Exercise
2p **Name That Tune**
3p Strollers Club
6:15 Bible Study
11

9a Communion
9:30a Coffee Clutch
10a **Logan**
11a Strollers Club
1:30 Exercise
2p **Chaplain Movie**
6p Yahtzee
12

9a Shopping
10a Movie
1:30 Exercise
2p **Special Bingo**
3p Strollers Club
6p Card Game
13

9a Current Events
10a **Brunch Club @ Childers**
1:30 Exercise
2p Mystery Game
6p Cards
14

9a News & Weather
11a Exercise Video
1:30p Bingo - Free Prizes
7p The Lawrence Welk Show
15

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie
16

8a Appointments
10a Movie & Popcorn
1:30p Exercise
2p Current Events
3p Strollers Club
6p Cards
17

9a Current Events
10a Bingo
11:15 Crossword
1:30 Exercise
2p Password
3p Strollers Club
6:15 Bible Study
18

9a **Mass**
9:30a Coffee Clutch
10a **Transitions**
11a Strollers Club
1:30 Exercise
2p **HomeBound Presentation**
19

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p **Resident Council**
6p **Story Seekers**
20

9a Current Events
10:30 **Luthy Botanical Gardens**
1:30 Exercise
2p **Kathy Reynolds**
6p Cards
21

9a News & Weather
11a Exercise Video
1:30p Bingo - Free Prizes
3p **Kaizers**
7p The Lawrence Welk Show
22

10a News & Weather
11a Exercise Video
1:15p Chaplain Services
2:30p Movie
23

8a Appointments
10a Movie & Popcorn
1:30p Exercise
2p Current Events
3p Strollers Club
6p Cards
24

9a Current Events
10a Bingo
11:15 Crosswords
1:30 Exercise
2p Joke & Stories
3p Strollers Club
6:15 Bible Study
25

9a Communion
9:30a Coffee Clutch
10a **Logan**
11a Strollers Club
1:30 Exercise
2p **Let's Make A Deal**
26

9a Shopping
10a Movie
1:30 Exercise
2p Dime Bingo
3p Strollers Club
4p **Dinner @ Doty's**
27

9a Current Events
10:30 **Laura Bradley Park**
1:30 Exercise
2p **Birthday Party**
6p Cards
28

9a News & Weather
11a Exercise Video
1:30p Bingo - Free Prizes
7p The Lawrence Welk Show
29

