

Hello Spring! With spring comes decent weather, and opportunities to go outside. If you have outings you wish to go out on, please let the staff know! We always want to try new things, and get you outside for fresh air.

Casino Day is March 4th, grab your change and head out to the River City Rythmn Casino for a good time!

St. Patricks Day is Tuesday March 17th! Choice Home Health will be joining our festivities at 1:30pm for our party.

Check out all our fun actitivies for this month, and lets have some fun!

Muscatine

# HAPPENINGS



## Nurses Nook!

Welcome our New friendship Company!

Choice Home Health Care!



Call or stop by our offices to inquire about our services, we would love to be your CHOICE for Home Health Care.

2882 AAA Court  
Bettendorf, IA 52722  
phone 563.345.6530  
fax 563.345.6533

Our Goal: "It is the mission of Choice Home Health Care to enhance the quality of life for each of our patients through the delivery of compassionate care at home by a professionally trained and dedicated team who continuously strives for excellence."

and the right amount, of care needed to help you get back to a normal routine. Our services give you the reassurance of having someone at your side, available to assist you as needed, and provide your family with the peace of mind knowing their loved one has a caregiver at their side. We can also escort you to doctor's visits, go with you on shopping excursions, attend special events, out to lunch, or just spend time talking, reminiscing and working on your favorite craft or hobby.

Who are we? Choice Home Health Care opened our doors on May 1, 2014; we are locally owned and operated. We offer comprehensive care for the entire family, from babies to seniors. How can we help you at Bickford? Our role is to supplement the care you are receiving from them. For example, during the critical hours after coming home from a procedure, surgery, treatment, or hospital or nursing home stay, we can provide an extra set of eyes to the Bickford nursing staff,

## March 2015

Spring is budding green joy, fresh breeze and sunshine, birds singing, water running, children sloshing through puddles on the sidewalk. Spring breathes anticipation, green shoots sprouting from the earth, unfluring into flowers, the sweet scents of hyacinths, a baby bird learning to fly

Sweet sweeps of dust out of our corners, as we wake up, as we look and listen, to the promises of morning sunrise, to joy unfolding, to a glowing new life.

-Carole Mullen

The first day of Spring is Friday March 20th!





9am Exercise & Current Events  
10am Word Searches  
2pm Chapel  
3pm Dominos  
6pm Movie & popcorn

1



9am Exercise & Current Events  
10am Trivia w/ Jenny  
1:30pm Birthday Bingo w. BOH  
3pm Game of Choice  
6pm Movie & popcorn

2



9am Exercise w/YMCA & Current Events  
10am Arts & Crafts  
1:30pm Manicures  
3pm Bickford Movie Matinee  
6pm Movie & popcorn

3



Casino Fun/Fire Drill  
9am Exercise & Current Events  
10am River Boat Casino Trip & Games in Livingroom  
1:30 Quarter Bingo  
3pm Golf  
6pm Movie & popcorn

4



CRAZY HAIR DAY  
9am Exercise & Current Events  
10am Bible Study  
1:30pm Thrifty Thursday Craft  
2:30pm Resident Council  
6pm Movie & popcorn

5



9am Exercise & Current Events  
10am Games of Choice  
1:30pm Household Bingo  
3pm Farkle  
6pm Movie & popcorn

6



9am Exercise & Current Events  
10am Weekender Basket  
1:30pm Bingo  
3pm Bickford Movie Matinee  
6pm Movie & popcorn

7

9am Exercise & Current Events  
10am Coffee & Chat  
2pm Chapel  
3pm Cards of Choice  
6pm Movie & popcorn

8

9am Exercise & Current Events  
10am Bunco  
12:00pm Lunch Bunch  
1:30pm Snack Bingo  
3pm Canvas Painting  
6pm Movie & popcorn

9

9am Exercise & Current Events  
10am Dominos  
11am Lunch Outting  
1:30pm Manicures  
3pm Word Searches  
6pm Movie & popcorn

10

Johnny AppleSeed Day  
9am Exercise & Current Events  
10am Game of Choice  
1:30 Quarter Bingo  
3pm Music w/ Harry E  
3pm Apples & Toppings  
6pm Movie & popcorn

11

9am Exercise & Current Events  
10am Bible Study  
1:30pm Thrifty Thursday Craft  
3pm Dominos  
6pm Alfred Hitchcock Movie night & popcorn

12

9am Exercise & Current Events  
10am Games of Choice  
1:30pm Bingo w/ HBH  
3pm Cards  
6pm Movie & popcorn

13

National Pi Day  
9am Exercise & Current Events  
10am Dominos  
1:30pm Pie & Icecream  
2:30pm Weekender Basket  
6pm Movie & popcorn

14

9am Exercise & Current Events  
10am Coffee & Chat  
2pm Chapel  
3pm Bickford Movie Matinee  
6pm Movie & popcorn

15

9am Exercise & Current Events  
10am Spring Wreath Craft  
1:30pm Snack Bingo  
3pm Uno  
6pm Movie & popcorn

16

St. Patrick's Day  
9am Exercise w/YMCA & current events  
10am Shamrock Manicures  
1:30pm St. Patty's Party with sponser Choice Health  
6pm Movie & popcorn

17

9am Exercise & Current Events  
10am Dominos  
1:30 Quarter Bingo  
3pm Game of Choice  
6pm Movie & popcorn

18

9am Exercise & Current Events  
10am Bible Study  
1:30pm Thrifty Thursday Craft  
3:30pm Thirsty Thursday w/ Muisic  
6pm Movie & popcorn

19

Fred Rogers SweaterDay  
9am Exercise & Current Events  
10am Games of Choice  
1:30pm Household Bingo  
3pm Bickford Birthday Party!  
6pm Movie & popcorn

20

9am Exercise & Current Events  
10am Weekender Basket  
1:30pm Bingo  
3pm Games of Choice  
6pm Movie & popcorn

21

9am Exercise & Current Events  
10am Scrabble  
2pm Chapel  
3pm Games of choice  
6pm Movie & popcorn

22

9am Exercise & Current Events  
10am Farkle  
1:30pm Snack Bingo  
3pm National Potato Chip Day  
6pm Movie & popcorn

23

9am Exercise & Current Events  
10am Manicures  
1:30pm Sheets with Music  
3pm Kinect Games  
6pm Movie & popcorn

24

9am Exercise & Current Events  
10am Games of Choice  
1:30 Quarter Bingo  
3pm Bunco  
6pm Movie & popcorn

25

9am Exercise & Current Events  
10am Bible Study  
1:30pm Thrifty Thursday Craft  
3pm Farkle  
6pm Movie & popcorn

26

9am Exercise & Current Events  
10am Steve & Marlena Presentation  
1:30pm Household Bingo  
3pm Something on a Stick Day  
6pm Movie & popcorn

27

9am Exercise & Current Events  
10am Dominos  
1:30pm Bickford Movie Matinee  
3pm Weekender Basket  
6pm Movie & popcorn

28

9am Exercise & Current Events  
10am Coffee & Chat  
2pm Chapel  
3pm Bickford Movie Matinee  
6pm Movie & popcorn

29

9am Exercise & Current Events  
10am Dominos  
1:30pm Snack Bingo  
3pm Cards of Choice  
6pm Movie & popcorn

30

9am Exercise & Current Events  
10am Left, Right, Center  
1:30pm Manicures  
3pm Game of Choice  
6pm Movie & popcorn

31

# March

Birthdays:  
Dolores 3/16  
Ernie 3/21  
Betty 3/22  
Howard "Dick" 3/22

Staff  
Melissa 3/27

