

Happy New Year!!!

Looking back on the months gone by,
As a new year starts and an old one ends,
We contemplate what brought us joy,
And we think of our loved ones and our friends,
recalling all the happy times,
Remembering how they enriched our lives,
We reflect upon who really counts,
As the fresh and bright new year arrives.
And when we ponder those who do,
We immediately think of you.
Thanks for being one of the reasons
We'll have a Happy New Year 2015!

Bickford Happynings

Happy Birthday to our Resident~
Billy Miller 1/5
Musical Entertainment Schedule:
1/9/15

Jerry and Beverly Vernon
in the Bistro at 2 p.m.
1/26/15:
Harley Hehr in the Bistro
at 2 p.m.

Our next Alzheimer's
& Dementia Support
Group meets
January 14th at 10 a.m.
(always the 2nd
Wednesday of the
month)

We are happy to continue
our Silver Sneakers Program,
which is an exercise class
we host 5 days per
week. Instructor Art
Kimber is very knowledgeable
in senior fitness programs.

Art takes the time to get to
know our residents and
encourages them to do their
best to maintain
independence, build
strength and improve
flexibility!

This month, we are
beginning a Red Hat Society
for our ladies, and a Men's
Club for our men. Other
activities to highlight are
Hat Day on January 15th
(wear a hat and get a
treat!), Chocolate Cake Day
on January 27, where we
will have a Chocolate
Cupcake decorating contest,
and a Tea Tasting on
January 30th. Join us for
our Rosary&Communion
every Monday at 11a.m.

We would like to thank all
of our residents, families,
and friends who joined us
for our Christmas Social last
month. We enjoyed
spending the afternoon
with you!



Crown Point HAPPYNNINGS

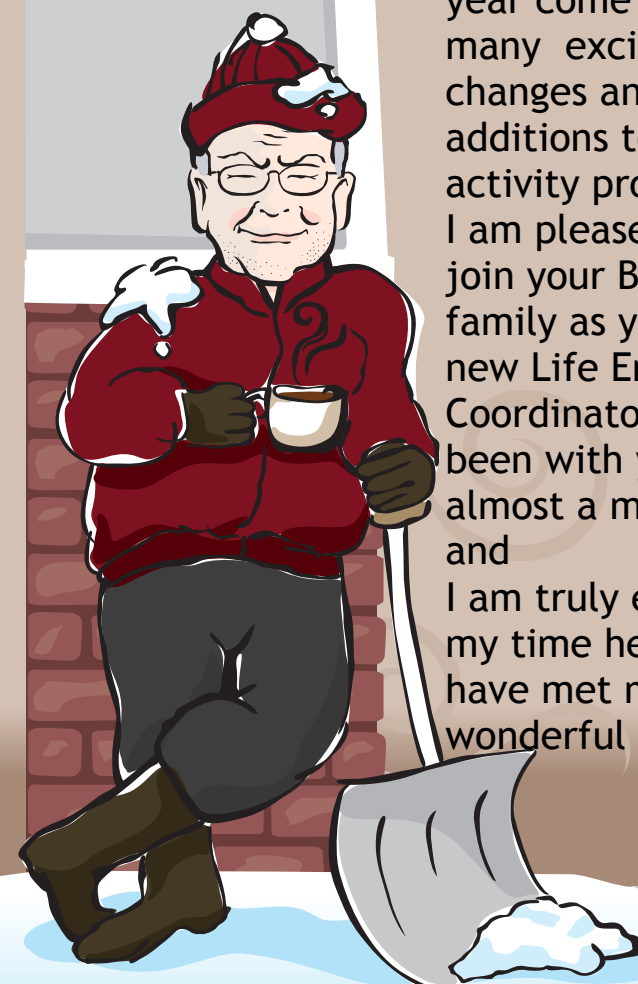
New Year's "2015" Greetings

We are very
excited and
blessed to
welcome the
beginning of another
year. With the new
year come
many exciting
changes and
additions to the
activity program.
I am pleased to
join your Bickford
family as your
new Life Enrichment
Coordinator. I have
been with you for
almost a month now,
and
I am truly enjoying
my time here! I
have met many
wonderful residents,

families/friends, and
BFM's, and I look
forward to getting to
know you all more.
One of our
main goals here is to
ensure residents'
lives are being
enriched through the
activity program.
We welcome new
suggestions from
residents and
families. When we
work as a team and
exchange ideas, the
activity program will
benefit, as will our
residents!

**Happy New
Year 2015!!**

Best wishes,
Slavica



Bickford
assisted living
& memory care

S

Activities subject to change; check daily schedule for any posted changes! Additional outings will be added... to be announced!

M

What Is Your New Year's Resolution???

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January is National Glaucoma Awareness Month, National Hot Tea Month and National Soup Month!



W

January

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New Year's Day
10a Rose Bowl Parade on the Big Screen
HAPPY NEW YEAR!!

F

10:15a Devotion & Daily Chronicles
10:30a Dominos
2p Guess the Chip - Taste Test and Chat
6p Friday Night Movie

S

9:30a Worship Service in Bistro Area
10:30a Silver Sneakers
1:30p Play a Table Game with Volunteers

10:30a Residents Lead Activity of Choice

Word Game Basket in Bistro-Complete on your own & turn into Slavica for a treat!

10:15a Daily Chronicles
10:30a Trivia
11a Rosary&Communion
11a Senior Stretches
2p Guess the Spice & Spice Trivia

10:15a Devotion & Daily Chronicles
10:30a Get Artistic!
1:30p Silver Sneakers
2p Dice Bingo

10a Bible Study w/Rick
11a Senior Stretches
2p Residents lead a Dominos Game!
3p Residents Lead Discussion: Daily Chronicles

10:15a Devotion & Daily Chronicles
10:30a Small Talk
1:30p Senior Stretches
2p Category Game
2:30p- Blackjack

10:15a Daily Chronicles
10:30a Dominos
2p Music by Jerry & Beverly Vernon- Bistro
3p Rootbeer Floats
6p Friday Night Movie

9:30a Worship Service in Bistro Area
10:30a Silver Sneakers
1:30p Play a Table Game with Volunteers

10:30a Residents Lead Activity of Choice

Word Game Basket in Bistro-Complete on your own & turn in to Slavica for a treat!

10:15a Daily Chronicles
10:30a Trivia
11a Rosary&Communion
11a Senior Stretches
2p Bunco

10:15a Devotion & Daily Chronicles
10:30a Creative Writing
1:30p Silver Sneakers
2p Bingo

10a Bible Study w/Rick
11a Senior Stretches
2p Tristen Hosts Happy Hour in the Bistro!
3p Resident Choice Game

Hat Day
10:15a Daily Chronicles
10:30a Hat Trivia
1:30p Senior Stretches
2p Hats and Hot Cocoa
Residents & BFM's: Wear a Hat & Get a Treat

10:15a Devotion & Daily Chronicles
10:30a Dominos
2p Hangman
6p Friday Night Movie

9:30a Worship Service in Bistro Area
10:30a Silver Sneakers
1:30p Play a Table Game with Volunteers

10:30a Residents Lead Activity of Choice

Word Game Basket in Bistro-Complete on your own & turn in to Slavica for a treat!

MLK Jr. Day
10:15a Daily Chronicles
10:30a Health News: Learn about Glaucoma
11a Rosary&Communion
11a Senior Stretches
2p Pokeno

10:15a Devotion & Daily Chronicles
10:30a Guess the Song
1:30p Silver Sneakers
2p Bingo

10a Bible Study w/Rick
11a Senior Stretches
2p Stories for Seniors in Mary B's - all residents welcome!
3p Cookie Time -Mary B's

10:15a Daily Chronicles
10:30a Men's Club Meeting - all men welcome!
1:30p Senior Stretches
2p Resident Council

10:15a Daily Chronicles
10:30a Dominos
2p Red Hats- for ladies!
2:30p- Share Your Favorite Soup Recipe
6p Friday Night Movie

9:30a Worship Service in Bistro Area
10:30a Silver Sneakers
1:30p Play a Table Game with Volunteers

10:30a Residents Lead Activity of Choice

Word Game Basket in Bistro- Complete on your own & turn in to Slavica for a treat!

10a Tristen Brings an Activity!
11a Rosary&Communion
11a Senior Stretches
2p Music by Harley Hehr - Bistro
3p Popcorn Social

Chocolate Cake Day
10:15a Daily Chronicles
10:30a Bake Chocolate Cupcakes!
1:30p Silver Sneakers
2p Cupcake Decorating Contest!

10a Bible Study w/Rick
11a Senior Stretches
1:30p Outing: An Afternoon Ride
3p Resident Choice Game

10:15a Daily Chronicles
10:30a Choice of Game
1:30p Senior Stretches
2p Jingo

10:15a Daily Chronicles
10:30a Dominos
2p Tea Tasting
2:30p Winter Spelling Bee
6p Friday Night Movie

9:30a Worship Service in Bistro Area
10:30a Silver Sneakers
1:30p Play a Table Game with Volunteers