



[enrichinghappiness.com/burlington](http://enrichinghappiness.com/burlington)

How many of you have gone to our Bickford of Burlington website? This is where we post what's going on at "our" Bickford. We insert pictures of certain activities and also post upcoming events.

October 31st is the Halloween trick or treat time at Bickford.

Other activities and events will get posted on our website.

If you would like to volunteer on Tuesday or Wednesday afternoon to call Bingo, we are looking for volunteers for those dates.

If you are handy with nails and would like to volunteer to shape and also polish resident fingernails, please let me know.

If you would like to volunteer just one hour a month, we can arrange that also.

Lynsey Carlson, LEC  
319-750-2021

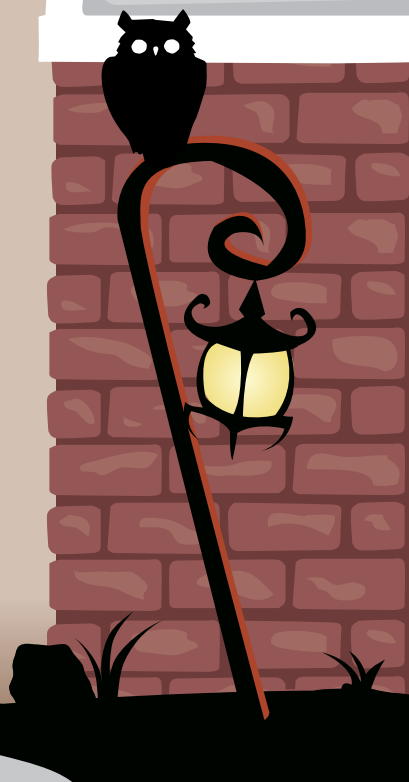
We will be having the Brownlee's duo this month on October 8th at 2:00 pm. If you are interested in attending and sitting with your family member, you are always welcome to do so.

October 9th is the day that resident hearing aids will get checked to make sure they are working correctly.

October 17 at 2:00 pm is the monthly birthday party.



Buck Jones, 99 years old.





# October



Sunday, August 7, 2014 was the beginning of a new era at Bickford of Burlington. This was the first year of our Annual Alzheimer fundraiser. We had picture perfect weather, and excited volunteers to help out. Flyers were sent out to the pre-schools, grade schools, and newspaper advertising was done.

This is such a worthy cause and was headed up with the brainstorm idea by our own Jamie Grabowski, a CNA, whose mom has been living with Alzheimers. This idea was on her heart and she talked with our Director, Lynne Mynatt. Lynne was excited and said "let's do it!". The Alzheimer walk is October 11th and Alzheimer awareness month is November. If you have a family member or friend who has Alzheimers, it's "always" on your mind.



## OCTOBER Birthdays

- 10th Mary Mower\*
- 10th Keith L
- 19th Ashley M
- 20th Haley W
- \* resident

As we grow up, we realize it is less important to have more friends and more important to have "real" ones.

- 9a Sit & Get Fit
- 10a Ladies Tea Time
- 10a Men's Club
- 1pm BFM staff mtg 1

- 9a Sit & Get Fit
- 10:15a Story Time
- 11:15a Mind Strengthening
- 1:30p Ronn - piano
- 2:30p Rosary
- 3:30p Bible Study 2
- 6:30p Tripoly Club

- 9a Sit & Get Fit
- 10a Massage time
- 10:30a Mary-keybrd
- 1:30p Bingo
- 3p MOVIE

- 9a Sit & Get Fit
- 1:30p Travelogue or Bird Time
- 2:30p Open Bowl
- 5:30p Gaithers
- 7p Lawrence Welk

- 9a Sit & Get Fit
- 10a Travelogue
- 2p Chapel AL
- 3p Chapel Mary B's
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10:30a Ruth - piano
- 12:15p Lunch Bunch
- 1p Lunch Bunch Bingo

- Oktoberfest
- 9a Sit & Get Fit
- 10a Resident Council
- 1:15p Bingo
- 1:15p Bowling
- 3:30p Trivia
- 6:15p Dominoes

- 9a Sit & Get Fit
- 10a Ladies Tea Time
- 10a Men's Club
- 11a MASS
- 1p The Brownlee's

- 9a Sit & Get Fit
- 10a Hearing Aids checked
- 1:30p Margie - piano
- 2:30p Rosary
- 3:30p Bible Study
- 5:30p Hymn Fest

- 9a Sit & Get Fit
- 10:30a Mary-keybrd
- 1:30p Bingo
- 3p MOVIE

- 9a Sit & Get Fit
- 1:30p Travelogue or Bird Time
- 2:30p Open Bowl
- 5:30p Gaithers
- 7p Lawrence Welk

- 9a Sit & Get Fit
- 10a Travelogue
- 2p Chapel AL
- 3p Chapel Mary B's
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10:30a Ruth - piano
- 10:30a Shopping
- 1:30p Uno game
- 3p Tea Time
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10a Bowling
- 1:15p Bingo
- 1:15p Bowling
- 3:30p Trivia
- 6:15p Yahtzee

- 9a Sit & Get Fit
- 9:30a FIRE DRILL
- 10a Ladies Tea Time
- 10a Men's Club
- 1:30p Bill Luckenbill

- 9a Sit & Get Fit
- 10:15a Story Time
- 11:15a Mind Strengthening
- 1:30p Ron - Piano
- 2:30p Rosary
- 3:30p Bible Study 16
- 6:30p Tripoly Club

- 9a Sit & Get Fit
- 10a Massage time
- 10:30a Mary-keybrd
- 2p Birthday Party
- 3:15p Bingo

- 9a Sit & Get Fit
- 1:30p Travelogue or Bird Time
- 2:30p Open Bowl
- 5:30p Gaithers
- 7p Lawrence Welk

- 9a Sit & Get Fit
- 10a Travelogue
- 2p Birthday Party
- 2p Chapel AL
- 3p Chapel Mary B's
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10:30a Ruth - piano
- 10:30a Shopping
- 1:30p Uno game
- 3p Tea Time
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10a Bowling
- 1:15p Bingo
- 1:15p Bowling
- 3:30p Trivia
- 6:15p Checkers

- 9a Sit & Get Fit
- 10a Ladies Tea Time
- 10a Men's Club
- 1:30p Bingo

- 9a Sit & Get Fit
- 10:15a Story Time
- 11:15a Mind Strengthening
- 1:30p Ron - piano
- 2:30p Rosary
- 3:30p Bible Study 23
- 6:30p Tripoly Club

- 9a Sit & Get Fit
- 10:30a Mary-keybrd
- 1:30p Bingo
- 3p MOVIE

- 9a Sit & Get Fit
- 1:30p Travelogue or Bird Time
- 2:30p Open Bowl
- 5:30p Gaithers
- 7p Lawrence Welk

- 6a Sit & Get Fit
- 10a Travelogue
- 2p Chapel AL
- 3p Chapel Mary B's
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10:30a Ruth - piano
- 10:30a Shopping
- 1:30p Uno game
- 3p Tea Time
- 6:15p Rummy Kube

- 9a Sit & Get Fit
- 10a Bowling
- 1:15p Bingo
- 1:15p Bowling
- 3:30p Trivia
- 6:15p Card game

- 10a Bowling
- 10a Ladies Tea Time
- 10a Men's Club
- 1:30p Bingo

- 9a Sit & Get Fit
- 10:15a Story Time
- 11:15a Mind Strengthening
- 1:30p Ron - piano
- 2:30p Rosary
- 3:30p Bible Study 30
- 6:30p Tripoly Club

- Halloween
- 9a Sit & Get Fit
- 10:30a Mary-keybrd
- 1:30p Bingo
- 6p TRICK or TREAT at Bickford

Nobody can be in good health if he doesn't have fresh air, sunshine, and good water.

