

Our Spotlight for October is Don Hilgenkamp.....Don is our new driver for Bickford taking residents to Dr. Appts, Hair Appts., Dentist, and also with helping drive when we go shopping or on outings. Don is recently retired from the US Postal Service after 30 years. He and his wife enjoy traveling and celebrated their 35th wedding anniversary with a trip to Ireland. He has 3 children and 6 grandchildren, all but 1 live in Lincoln, so their various activities keep him busy. Don has already been doing a great job taking residents to appointments and we are glad to have him as part of the Bickford Family.

Let's all welcome Don to the Bickford Family !!!

HAPPENINGS IN SEPTEMBER NATIONAL ASSISTED LIVING SEPTEMBER/ OCTOBER





During the month of September we went on a day with a Elvis look couple of outings one of them to the Husker Stadium and the other to Burger King for lunch. We celebrated National Assisted Living Week Sept 7-13th the theme being "The Magic of Music" having some music daily. We started off on Sunday the 7th with the Grandparents Tailgate Party and music by "The Kramer Sisters". During the week we had a Violin Solo by "Anna Dick-Burkey" a Rock & **Roll Elvis Presentation** and other various music performers.

We celebrated a 50's alike. And of course apple appreciation month.

In October we have a few music performers returning and then our weekly Movies will be haunted movies some old classics. The Capital Humane Society will continue to have their volunteer bring in a pet and we have a couple of outings planned one of them to stauffer's to try ou their tastees and the 7 other is our fall drive. And of course our Halloween Party!!



Lincoln

We will be having a guest speaker Dr.Brian Bossard a hospitalist. A hospitalist is an internist who wovides care for **Solution** adult patients referred by other physicians and for hospitalized patients who do not have a local or personal physician.



FAMILY COUNCIL MEETING

Dr. Bossard will be talking about what a hospitalist does, how they work with other

- physcians, what do you do when your admitted for observation, admitting and discharging and
- questions you may have on how to navigate the hospital system.

This is for all residents

and their families if vou are interested please RSVP to Renee. She will be sending out reminder emails. So make sure to mark your calendar for TUESDAY SEPTEMBER 14th at 6:30.



OCTOBER BIRTHDAYS

RESIDENT BIRTHDAYS

MARY PEO	10/8
JACK BOCK	10/10
DEANNA EVERSOLL	10/31

STAFF BIRTHDAYS

CANDICE TOOMBS

FRONT DOOR REMINDER

PLEASE BE AWARE OF YOUR SURROUNDINGS AND DO NOT LET ANYONE OUT THE FRONT DOOR WITHOUT FIRST CHECK WITH BICKFORD STAFF. THANK YOU!!

FLU SHOTS & PNEUMONIA SHOTS MAXIUM HEALTH CARE WILL BE HERE TUESDAY NOVEMBER 4,2014, SO PLEASE BE WATCHING FOR POSTERS REGARDING THIS.

IF YOU WOULD LIKE YOUR FAMILY MEMBER TO GET A FLU OR PNEUMONIA SHOT PLEASE SEE KARI TO FILL OUT PAPERWORK.





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9:45 Pop Pop P

10:00 Worship 2:00 Fun w/Fo Wine & Cheese 6:30 Bingo



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Pop Day Service ood e Party 9	9:45 Exercise Video 10:30 How do we live without? 2:00 Movie & Popcorn 6:30 Wii Games I <i>O</i>	9:45 Weightlifting 10:30 Silly Saturday 2:00 Monthly Birthday Party w/Dick Patterson 6:30 Murder She Wrote NO GAME TODAY II
ood Day o Service ood	9:45 Exercise Video 10:30 Do Fish Drink Water? 1:30 Resident Shopping 2:00 Movie & Popcorn 6:30 Wii Games	9:45 Weightlifting 10:30 Jokes 2:00 Scarecrow Saturday 6:30 Tailgate Party NE vs. Northwestern Wildcats BTN
: Johnny p Service or Fall <i>23</i>	9:45 Exercise Video 10:30 Oh Bologna Day 2:00 Movie & Popcorn 6:30 Wii Games 24	9:45 Weightlifting 10:30 Jokes 2:00 Good News Band 6:30 Murder She Wrote NE vs. Rutgers (TBA) 25
orn Day p Service /Tom Roth 3 <i>0</i>	9:45 Exercise Video 10:30 Halloween Trivia Movies 2:00 HALLOWEEN PARTY 6:30 Wii Games 31	