

### Flu Prevention Tips

This year flu season is predicted to be a rough one. Here are some helpful tips to help you get through the season:

- \*Wash, wash, wash your hands!
- \*Get your flu shot!
- \*Stay home when you are sick!
- \*Cover your mouth & nose with a tissue when you sneeze or cough
- \*Cough or sneeze into your upper sleeve - NOT your hand!
- \*Put used tissue straight into the waste basket!
- \*Note to our family members - if you are not feeling well and are having flu-like symptoms, or if the little ones are feeling sick....please avoid visits to the branch for 2-3 days to help us keep your loves ones healthy and flu free. THANK YOU!

# Aurora HAPPENINGS

FEBRUARY

### Love is in the Air

With almost an entire month dedicated to sharing your love, it would be silly to miss an opportunity to say We Love You! It can be said in many languages...

Hugs all around! It could be a side hug, a hand hug, or a big ole bear hug. When you take the time to embrace that special someone not only are you strengthening that bond between you but you reduce stress, promote good heart health and you are enriching happiness! There's no downside to it! Next time you feel down or you notice someone is having an off day, remember to give a hug, it will be worth it!

Ich Liebe dich  
-German

Te queiro  
-Spanish

Naku penda  
-Swahili

Je t'aime  
-French

to just name a few. However, do you know what way we think is the best way to say it? With a hug.



## January News

### Theme Days

### New Year Festivities

We really went all out for Hat Day! With a tea party and a ton of hats for everyone!



Pajama Day was so fun! What's better than sitting in your pajamas all day? Wearing them all day at work!



Our entertainment for New Years was amazing! In between songs he played on his keyboard, he told some pretty cheesy jokes and was such a crowd pleaser! Our party in Mary B's did not fail to disappoint! We enjoyed refreshments and treats to celebrate!



**Monthly Resident Birthdays**

Joe Vitale 2/01  
 Erwin Davis 2/10  
 Joyce VanDuzen 2/10  
 Anna Kloc 2/17  
 Mary Wallace 2/24  
 Shirley Carpenter 2/24  
 Audrey Hodney 2/27

**Fun Days of the Month**

2/8 College Colors Attire  
 2/14 Pink or Red Attire  
 2/18 Red White & Blue Attire  
 2/21 Pajama Day

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# February

**Super Bowl Day**  
 11:30 Communion w/Deacon Tim  
 2:00 Tailgating Party



3

9:30 Rosary/Marlene  
 10:30 Exercise  
 11:00 Arrange Flowers  
 1:15 Five Below  
 2:00 Bible Study with Chaplain Ken  
 3:00 The Scoop  
 4:00 Board Games

4

10:00 Tai Chi w/Peter  
 11:00 Hymns w/Tia  
 1:00 Bible Class w/Kitty & Peggy  
 2:00 Reminisce  
 2:30 Afternoon Movie & Popcorn

5

10:00 Catholic Mass  
 11:00 Exercise  
 2:00 Nail Care  
 3:00 You be the Judge  
 4:00 Making Ice Cream

6

10:30 Chair Yoga  
 11:00 Trivia & Treats  
 2:00 Musical Soccer  
 3:00 Can You Picture This?  
 4:00 Take a Bubble Break

7

10:00 Exercise  
 11:00 Are you Smarter Than a 5th Grader?  
 2:00 Crossword  
 3:00 Bingo w/William  
 4:00 Puzzles

8

10:30 Word Searches  
 2:00 Card Games

2

11:30 Communion w/Deacon Tim  
 2:30 Afternoon Movie & Popcorn

10

9:30 Rosary/Marlene  
 10:30 Exercise  
 11:00 Who What When  
 1:15 Target  
 2:00 Bible Study with Chaplain Ken  
 3:00 The Scoop  
 4:00 Board Games

11


10:00 Tai Chi w/Peter  
 11:00 Hymns w/Tia  
 2:00 Balloon Volley  
 2:30 Afternoon Movie & Popcorn

12

10:45 Exercise  
 11:00 Never Have I Ever with Brett  
 1:30 Paramount Show: "The Producers"

13

**Valentine's Day**  
 10:30 Chair Yoga  
 11:00 Card Exchange  
 1:00 Valentines Day Entertainment  
 2:30 Valentines Social  
 4:00 Making Chocolate covered Pretzels



15

10:00 Exercise  
 11:00 Invention or Imagination?  
 2:00 Crossword  
 3:00 Dirty Bingo  
 4:00 Puzzles

15

10:30 "Fairytales, Folktales, or Fables" Fill in the Blank  
 2:00 Card Games

16

11:30 Communion w/Deacon Tim  
 2:00 Valley Baptist Church Service

17

**Presidents Day**  
 10:30 Exercise  
 11:00 Fun Facts  
 1:15 Meijer  
 2:00 Fudge Recipe  
 3:00 The Scoop  
 4:00 First Ladies: Who am I?



18

10:00 Tai Chi w/Peter  
 11:00 Hymns w/Tia  
 2:00 Reminisce  
 2:30 Afternoon Movie & Popcorn

19

10:00 Catholic Mass  
 11:00 Exercise  
 2:00 Nail Care  
 3:00 You be the Judge  
 4:00 Making Candy

20

10:30 Chair Yoga  
 11:00 Trivia & Treats  
 2:00 Coffee Clutch with Maggie  
 3:00 Musical Ball Toss  
 4:00 Mad Libs: A Mixed up Fairy Tale

21

10:00 Exercise  
 11:00 Famous Faces  
 2:00 Crossword  
 3:00 Candy Bingo  
 5:00 Dine In: Panera

22

10:30 Word Puzzles  
 2:00 Card Games

23

11:30 Communion w/Deacon Tim  
 2:30 Afternoon Movie & Popcorn

24

9:30 Rosary/Marlene  
 10:30 Exercise  
 11:00 Arrange Flowers  
 1:15 Walmart  
 2:00 Bible Study with Chaplain Ken  
 3:00 The Scoop  
 4:00 Board Games

25

10:00 Tai Chi w/Peter  
 11:00 Hymns w/Tia  
 1:00 Balloon Volley  
 2:30 Afternoon Movie & Popcorn

26

10:30 Pet Therapy with Dakota  
 11:00 Exercise  
 2:00 Nail Care  
 3:00 You be the Judge  
 4:00 Making Flavored Popcorn

27

10:30 Exercise  
 11:00 Trivia & Treats  
 2:00 Musical Soccer  
 2:30 Connecting with Katie  
 4:00 Puzzles

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Outings: Orange  
 Special Events: Purple  
 Theme Days: Blue



